



RUGBY
WORLD CUP™
SEVENS
SAN FRANCISCO 2018

Men's team stats and biographies

ALL-TIME MEN'S RWC SEVENS SCORING STATISTICS

1993-2013

POINTS: 15,618

TRIES: 2,477

CONVERSIONS: 1,613

PENALTIES: 6

DROP GOALS: 1

TOP POINT SCORER: WAISALE SEREVI (FIJI) – 297

TOP TRY SCORER: MARIKA VUNIBAKA (FIJI) – 23

ARGENTINA

Head coach: Santiago Gómez Cora

Captain: Gastón Revol

Nickname: Los Pumas Sevens

RWC Sevens record: 1993 – Plate winners / 1997 – Plate quarter-finalists / 2001 – Semi-finalists / 2005 – Quarter-finalists / 2009 – Runners-up / 2013 – Plate semi-finalists

2018 seeding: 7

Did you know...?

- Argentina qualified as one of the highest ranked four non-qualified teams in the HSBC World Rugby Sevens Series 2016-17
- Argentina hosted RWC Sevens 2001 in Mar del Plata
- Argentina's top point scorer in RWC Sevens history is Felipe Contepomi (58)
- Argentina's top try-scorers in RWC Sevens history are Felipe Contepomi, Pedro Baraldi and Ignacio Corleto (6)

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Santiago Gómez Cora		25/07/78 (39)			Head coach	- Played at RWC Sevens 2005 and 2009, scoring five tries in total - Appointed Argentina men's coach in 2013 after previously coaching women's team - Former Argentina Sevens player, featuring on world series from 2000-10 - Former all-time leading try-scorer in world series history (third now with 230)
1	Maximo Provenzano		04/05/90 (28)	175	80	Alumni	- First RWC Sevens - Made Argentina debut on series in Sydney in 2018
2	German Schulz		05/02/94 (24)	188	95	Tala	- First RWC Sevens - Played at Rio 2016 Olympic Games - Made Argentina debut on series in Las Vegas in 2014
3	Conrado Roura		28/02/96 (22)	190	99	Palermo Bajo / Cordoba	- First RWC Sevens - Made Argentina debut on series in Paris in 2017
4	Marcos Maroni		10/07/95 (23)	190	88	CUBA / Buenos Aires	- First RWC Sevens - Made Argentina debut on series in Dubai in 2018

							- Younger brother of Matias Moroni who played at RWC Sevens 2013 and Rio 2016 Olympic Games and has played 31 tests for Argentina (15s)
5	Santiago Mare		21/10/96 (21)	184	92	Regatas / Buenos Aires	- First RWC Sevens - Made Argentina debut on series in Paris in 2017
6	Santiago Alvarez		17/02/94 (24)	188	93	CASI	- First RWC Sevens - Played at Rio 2016 Olympic Games
7	Lautaro Bazan Velez		24/02/96 (22)	174	80	Cordoba Athletic / Cordoba	- First RWC Sevens - Made Argentina debut on series in Dubai in 2016 - Silver medallist at Youth Olympic Games 2014 in Nanjing
8	Gastón Revol (captain)		26/11/86 (31)	170	76	La Tablada / Cordoba	- Played at RWC Sevens 2013 - Played at Rio 2016 Olympic Games - Made Argentina debut on series in London in 2009
9	Matias Osadczuk		22/04/97 (21)	191	96	CITAS	- First RWC Sevens - Made Argentina debut on series in Dubai in 2015 - Named 2016-17 series Rookie of the Year
10	Mateo Carreras		17/12/99 (19)	175	80	Los Tarcos	- First RWC Sevens
11	Luciano Gonzalez		10/04/97 (21)	185	85	La Tablada / Cordoba	- First RWC Sevens - Made Argentina debut on series in Wellington in 2017
12	Franco Sabato		13/01/90 (28)	186	81	Alumni / Buenos Aires	- Played at Rio 2016 Olympic Games - Made Argentina debut on series in Glasgow in 2012

Information correct at time of publication.

AUSTRALIA

Head coach: Tim Walsh

Captain: Lewis Holland

RWC Sevens record: 1993 – Runners-up / 1997 – Quarter-finalists / 2001 – Runners-up / 2005 – Semi-finalists / 2009 – Plate finalists / 2013 – Quarter-finalists

2018 seeding: 6

Did you know...?

- Australia qualified for RWC Sevens as one of the eight quarter- finalists at Moscow 2013
- Michael Lynagh and David Campese played for Australia in the inaugural RWC Sevens in 1993
- Australia’s top point and try-scorer in RWC Sevens history is Brendan Williams (65 points, 13 tries)

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Tim Walsh		10/04/79 (39)			Head coach	<ul style="list-style-type: none"> - Took charge in April, moving across to men’s programme after guiding women’s team to silver at Commonwealth Games - Coached Australia women from 2013-18 - Won Olympic gold as women’s coach at Rio 2016 - HSBC World Rugby Women’s Sevens Series 2015-16 winner - Former Australia Sevens player
1	Henry Hutchison		12/02/97 (21)	180	85	Randwick	<ul style="list-style-type: none"> - First RWC Sevens - Re-joined Australia Sevens programme earlier this month from contract with Super Rugby side Melbourne Rebels (15s) - Made Australia debut on series in Cape Town in 2015 - 2015-16 Series Rookie of the Year - Played at World Rugby U20 Championship 2017 (15s)
2	Liam McNamara		09/02/97 (21)	184	83	QLD	<ul style="list-style-type: none"> - First RWC Sevens - Made Australia debut on series in Sydney in 2017 - Played at World Rugby U20 Championship 2017 (15s)
3	Samuel Myers	Sam	25/05/90 (28)	190	100	NSW	<ul style="list-style-type: none"> - First RWC Sevens - Made Australia debut on series in Port Elizabeth in 2013
4	Lewis Holland (captain)		14/01/93 (25)	183	89	QLD	<ul style="list-style-type: none"> - Played at RWC Sevens 2013 - Played at Rio 2016 Olympic Games

							- Made Australia debut on series in Wellington in 2011
5	Benjamin O'Donnell	Ben	14/08/95 (22)	187	88	NSW	- First RWC Sevens - Made Australia debut on series in Dubai in 2018
6	John Porch		04/03/94 (24)	185	82	NSW	- First RWC Sevens - Played at Rio 2016 Olympic Games - Made Australia debut on series in Wellington in 2016
7	Brandon Quinn		28/01/94 (24)	181	75	NSW	- First RWC Sevens - Made Australia debut on series in Sydney in 2017
8	Jesse Parahi		29/07/89 (28)	189	104	NSW	- Played at Rio 2016 Olympic Games - Played at RWC Sevens 2013 - Made Australia debut on series in London in 2010
9	Boyd Killingworth		06/04/92 (26)	183	97	NSW	- First RWC Sevens - Made Australia debut on series in Cape Town in 2015
10	Thomas Lucas	Tom	23/11/93 (24)	181	84	QLD	- First RWC Sevens - Made Australia debut on series in Gold Coast in 2013 - Brothers Ben and Matt have also played for Australia Sevens, while younger brother Isaac played for Australia at World Rugby U20 Championship (15s) in 2018
11	Maurice Longbottom		30/01/95 (23)	168	85	NSW	- First RWC Sevens - Made Australia debut on series in Dubai in 2018
12	Lachlan Anderson	Lachie	27/08/97 (20)	187	92	NSW	- First RWC Sevens - Made Australia debut on series in Sydney in 2016 - Played at World Rugby U20 Championship 2017 (15s)

Information correct at time of publication.

CANADA

Head coach: Damian McGrath

Captain: Harry Jones

RWC Sevens record: 1993 – Bowl semi-finalists / 1997 – Bowl quarter-finalists / 2001 – Quarter-finalists / 2005 – Bowl finalists / 2009 – Plate quarter-finalists / 2013 – Plate winners

2018 seeding: 10

Did you know...?

- Canada qualified as one of the highest ranked four non-qualified teams in the HSBC World Rugby Sevens Series 2016-17
- Canada's top point scorer in RWC Sevens history is Nathan Hirayama (49)
- Canada's top try-scorers in RWC Sevens history are Fred Asselin and Marco di Girolamo (six)

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Damian McGrath		02/08/58 (59)			Head coach	<ul style="list-style-type: none"> - Appointed in October 2016 - Second season as Canada Sevens coach - Former Samoa Sevens head coach (2015-16 series) - Born in Bradford, England - Has coached in rugby league and rugby union - Previously involved with England Sevens coaching set-up - Coached Great Britain to gold at World Student Games in 2014
1	Matthew Mullins	Matt	28/07/94 (23)	193	109	Queens University, ON	<ul style="list-style-type: none"> - First RWC Sevens - Made Canada debut on series in Cape Town in 2015 - Gold medal winner at the 2015 Pan American Games
2	Admir Cejvanovic		26/06/90 (28)	188	109	Burnaby, BC	<ul style="list-style-type: none"> - First RWC Sevens - Made Canada debut on series in Dubai in 2014 - Gold Medal winner at the 2015 Pan American Games
3	Luke Bradley		10/05/96 (22)	189	103	Port Alberni, BC	<ul style="list-style-type: none"> - First RWC Sevens - Made Canada debut on series in Singapore in 2016
4	Andrew Coe		08/04/96 (24)	189	94	Markham Irish, ON	<ul style="list-style-type: none"> - First RWC Sevens - Made Canada debut on series in Las Vegas in 2018

5	Luke McCloskey		18/07/92 (26)	181	86	Castaway Wanderers, BC	- First RWC Sevens - Made Canada debut on series in Wellington in 2016
6	Connor Braid		31/05/91 (27)	187	96	James Bay Athletic Association, BC	- First RWC Sevens - Made Canada debut on series in Dubai in 2011 - Played at RWC 2015 (15s)
7	Lucas Hammond		14/11/93 (24)	182	89	Toronto Nomads	- Played at RWC Sevens 2013 - Made Canada debut on series in Dubai in 2011 - Gold medal winner at the 2015 Pan American Games
8	Justin Douglas		05/04/94 (24)	189	92	Abbotsford, BC	- Played at RWC Sevens 2013 - Made Canada debut on series in Gold Coast in 2013 - DHL Impact Player for 2018 series - Gold Medal winner at the 2015 Pan American Games
9	Nathan Hirayama		23/03/88 (30)	183	89	Unattached, BC	- Played at RWC Sevens 2013 - Canada's top point scorer in RWC Sevens history with 49 - Made Canada debut on series in Dubai in 2006 - Top point scorer on 2018 series with 334 - Played at RWC 2015, 2011 & 2007 (15s) - Gold medal winner at the 2015 Pan American Games
10	Patrick Kay	Pat	19/09/93 (24)	182	93	Cowichan, BC	- First RWC Sevens - Made Canada debut on series in Gold Coast in 2013
11	Harry Jones (captain)		26/08/89 (28)	185	92	Capilano, BC	- Played at RWC Sevens 2013 - Made Canada debut on series in Wellington in 2008 - Played at RWC 2015 (15s) - Gold medal winner at the 2015 Pan American Games
12	Isaac Kaay		30/08/93 (24)	187	104	University of Victoria, BC	- First RWC Sevens - Made Canada debut on series in Wellington in 2017

Information correct at time of publication.

CHILE

Head coach: Edmundo Olfos

Captain: Felipe Brangier

Nickname: Los Condores Sevens

RWC Sevens record: 1993 – DNP / 1997 – DNP / 2001 – Bowl winners / 2005 – DNP / 2009 – DNP / 2013 – DNP

2018 seeding: 17

Did you know...?

- Chile qualified for RWC Sevens through the Sudamérica Rugby Sevens Series 2018
- Chile coach Edmundo Olfos was a player when Chile last played at a RWC Sevens in 2001
- Chile's top point and try scorer in RWC Sevens history is Roberto Infante (54 points, six tries). Infante is the team's physiotherapist in San Francisco

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Edmundo Olfos		03/01/76 (42)			Head coach	- Was a player when Chile last played at RWC Sevens in 2001
1	Felipe Brangier (captain)		05/11/88 (29)	190	95	Prince of Wales Country Club (Santiago)	- First RWC Sevens - Made Chile debut on series in Las Vegas in 2010 - Gold medallist at Juegos Sudamericanos, Cochabamba 2018
2	Pedro Verschae		25/10/90 (27)	183	95	Vina RC (Vina del Mar)	- First RWC Sevens - Brother of Martin - Gold medallist at Juegos Sudamericanos, Cochabamba 2018
3	Martin Verschae		20/05/92 (26)	180	98	Vina RC (Vina del Mar)	- First RWC Sevens - Brother of Pedro - Gold medallist at Juegos Sudamericanos, Cochabamba 2018
4	Marcelo Torrealba		06/05/96 (22)	165	75	Old Boys (Santiago)	- First RWC Sevens - Made Chile debut on series in Las Vegas in 2017 - Gold medallist at Juegos Sudamericanos, Cochabamba 2018
5	Rodrigo Fernandez		08/02/96 (22)	182	85	COBS (Santiago)	- First RWC Sevens - Gold medallist at Juegos Sudamericanos, Cochabamba 2018
6	Lucas Westcott		16/10/95 (22)	181	75	Old Boys (Santiago)	- First RWC Sevens - Made Chile debut on series in Las Vegas in 2017

							- Gold medallist at Juegos Sudamericanos, Cochabamba 2018
7	Ignacio Silva		16/02/89 (29)	182	98	Prince of Wales Country Club (Santiago)	- First RWC Sevens - Made Chile debut on series in Las Vegas in 2017 - Gold medallist at Juegos Sudamericanos, Cochabamba 2018
8	Martin Vallejos		04/10/94 (23)	180	83	Old Reds (Santiago)	- First RWC Sevens
9	Francisco Metuaze		19/12/88 (29)	168	80	Prince of Wales Country Club (Santiago)	- First RWC Sevens - Made Chile debut on series in Las Vegas in 2017 - Gold medallist at Juegos Sudamericanos, Cochabamba 2018
10	Francisco Urroz		07/09/93 (24)	190	95	Old Reds (Santiago)	- First RWC Sevens - Made Chile debut on series in Las Vegas in 2017 - Gold medallist at Juegos Sudamericanos, Cochabamba 2018
11	Juan Pablo Larenas		01/06/92 (26)	165	70	Universidad Catolica (Santiago)	- First RWC Sevens - Brother Jose Ignacio Larenas has captained Chile's 15s team - Gold medallist at Juegos Sudamericanos, Cochabamba 2018
12	Benjamin De Vidts		11/04/95 (23)	167	73	Old Boys (Santiago)	- First RWC Sevens - Made Chile debut on series in Las Vegas in 2017 - Gold medallist at Juegos Sudamericanos, Cochabamba 2018

Information correct at time of publication.

ENGLAND

Head coach: Simon Amor

Captain: Tom Mitchell

RWC Sevens record: 1993 – Champions / 1997 – Quarter-finalists / 2001 – Quarter-finalists / 2005 – Cup semi-finalists / 2009 – Quarter-finalists / 2013 – Runners-up

2018 seeding: 4

Did you know...?

- England qualified for RWC Sevens as one of the eight quarter- finalists at Moscow 2013
- England won the inaugural RWC Sevens in 1993, beating Australia in the final at Murrayfield
- The 1993 side featured Lawrence Dallaglio and Matt Dawson, two of seven players (men’s and women’s) to win Rugby World Cups in 15s and sevens (RWC 2003)
- England’s top point scorer in RWC Sevens history is Ben Gollings (98)
- England’s top try-scorer in RWC Sevens history is Andrew Harriman (12)

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Simon Amor		25/04/79 (39)			Head coach	- Played at RWC Sevens 2005 - Played for England Seven 2001-07, captain for the last five years - Appointed coach in September 2013 - Coached Great Britain to silver medal at Rio 2016 Olympic Games - Coached England women’s sevens 2007-10
1	Richard de Carpentier		30/04/90 (28)	195	104	England Sevens	- First RWC Sevens - Made England debut on series in Edinburgh in 2011
2	Michael Ellery	Mike	08/09/89 (28)	195	103	England Sevens	- Silver medallist at RWC Sevens 2013 - Made England debut on series in Hong Kong in 2013
3	Philip Burgess	Phil	01/07/88 (30)	185	91	England Sevens	- First RWC Sevens - Silver medallist with Great Britain at Rio 2016 Olympic Games - Made England debut on series in Gold Coast in 2012
4	Daniel Norton	Dan	22/03/88 (30)	185	83.4	England Sevens	- Silver medallist at RWC Sevens 2013 - Silver medallist with Great Britain at Rio 2016 Olympic Games - All-time leading try-scorer in world series history (299) - Made England debut on series in Wellington in 2009

5	James Rodwell		23/08/84 (33)	195	104.6	England Sevens	- Silver medallist at RWC Sevens 2013 - Played at RWC Sevens 2009 - Silver medallist with Great Britain at Rio 2016 Olympic Games - Made England debut on series in Edinburgh in 2008
6	Thomas Mitchell (captain)	Tom	23/07/89 (28)	175	83.4	England Sevens	- Silver medallist at RWC Sevens 2013 - Silver medallist with Great Britain at Rio 2016 Olympic Games - Made England debut on series in Wellington in 2012
7	William Edwards	Will	17/11/95 (22)	177	84.8	England Sevens	- First RWC Sevens - Made England debut on series in Vancouver in 2017 - Captained England to victory at Exeter round of Rugby Europe Grand Prix Sevens Series earlier this month
8	Alexander Davis	Alex	03/10/92 (25)	180	92	England Sevens	- First RWC Sevens - Made England debut on series in Gold Coast in 2014
9	Oliver Lindsay- Hague	Ollie	08/10/90 (27)	180	81.8	England Sevens	- First RWC Sevens - Made England debut on series in Las Vegas in 2010 - Silver medallist with Great Britain at Rio 2016 Olympic Games
10	Ruaridh McConnochie		23/10/91 (26)	190	92	England Sevens	- First RWC Sevens - Made England debut on series in Dubai in 2015 - Silver medallist with Great Britain at Rio 2016 Olympic Games
11	William Muir	Will	30/10/95 (22)	188	98	England Sevens	- First RWC Sevens - Recently joined England Sevens programme after graduating from Northumbria University
12	Harry Glover		31/12/95 (22)	191	97	England Sevens/ Newcastle University	- First RWC Sevens - Made England debut on series in Las Vegas in 2016

Information correct at time of publication.

FIJI

Head coach: Gareth Baber

Captain: Jerry Tuwai

RWC Sevens record: 1993 – Semi-finalists / 1997 – Champions / 2001 – Semi-finalists / 2005 – Champions / 2009 – Quarter-finalists / 2013 – Bronze medallists

2018 seeding: 2

Did you know...?

- Fiji qualified for RWC Sevens as one of the eight quarter-finals at Moscow 2013
- Fiji are the Olympic champions – winning their country's first ever Olympic medal at Rio 2016
- Fiji have won two RWC Sevens titles, both in Hong Kong in 1997 and 2005
- Fiji played Latvia in the first ever RWC Sevens match back in 1993, winning 42-0 with Filimoni Seru scoring a hat-trick
- Fiji boast the top point scorer (Waisale Serevi, 297) and top try scorer (Marika Vunibaka, 23) in RWC Sevens history
- Fiji's ninth try in San Francisco will be their 200th in RWC Sevens history

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Gareth Baber		23/05/72 (46)			Head coach	- Second season as Fiji coach - Former Hong Kong Sevens coach - Played for Wales at RWC Sevens 2001 - Played for Wales on series from 2001-06
1	Leone Nakarawa		02/04/88 (30)	201	115	Racing Metro, FRA	- Played at RWC Sevens 2013 - Gold medallist at Rio 2016 Olympic Games - Made Fiji debut on series in London in 2011 - Played at RWC 2015 (15s)
2	Sevuloni Mocenacagi		29/06/90 (28)	194	102	Suva	- First RWC Sevens - Made Fiji debut on series in Dubai in 2015
3	Kalione Nasoko		02/12/90 (28)	190	92	Yasawa	- First RWC Sevens - Made Fiji debut on series in Dubai in 2016
4	Paula Dranisinukula		23/09/89 (28)	187	97	Army	- First RWC Sevens - Made Fiji debut on series in Paris in 2017

5	Semitani Kunabuli	Semi Kunatani	27/10/90 (27)	190	98	Toulouse, FRA	- First RWC Sevens - Made Fiji debut on series in Dubai in 2013
6	Jasa Veremalua		29/05/88 (30)	195	98	Nadronga	- Played at RWC Sevens 2013 - Made Fiji debut on series in Wellington in 2013 - Gold medallist at Rio 2016 Olympic Games
7	Josua Tuisova		04/02/94 (24)	171	92	Toulon, FRA	- First RWC Sevens - Made Fiji debut on series in Wellington in 2013 - Gold medallist at Rio 2016 Olympic Games
8	Vatemo Ravouvou		31/07/90 (27)	171	81	Rewa	- First RWC Sevens - Made Fiji debut on series in Tokyo in 2014 - Gold medallist at Rio 2016 Olympic Games
9	Seremai Tuwai Vunisa (captain)	Jerry Tuwai	23/03/89 (29)	159	81	Newtown	- First RWC Sevens - Made Fiji debut on series in Gold Coast in 2014 - Gold medallist at Rio 2016 Olympic Games
10	Alasio Sovita Naduva		25/06/90 (28)	160	78	Army	- First RWC Sevens - Made Fiji debut on series in Sydney in 2018
11	Semi Radradra Waqavatu	Semi Radradra	13/06/92 (26)	189	89	Toulon, FRA	- First RWC Sevens - Made Fiji debut on series in Gold Coast in 2011
12	Amenoni Nasilasila		08/02/92 (26)	173	88	Ratu Filise	- First RWC Sevens - Made Fiji debut on series in Dubai in 2014

Information correct at time of publication.

FRANCE

Head coach: Jérôme Daret

Captain: Manoel Dall'Igna

Nickname: Les Bleus

RWC Sevens record: 1993 – Bowl semi-finalists / 1997 – Quarter-finalists / 2001 – Bowl quarter-finalists / 2005 – Quarter-finalists / 2009 – Plate quarter-finalists / 2013 – Quarter-finalists

2018 seeding: 11

Did you know...?

- France qualified for RWC Sevens as one of the eight quarter-finals at Moscow 2013
- France's top point and try scorer in RWC Sevens history is Julien Malzieu (50 points, 10 tries)
- France's eighth try in San Francisco will be their 100th in RWC Sevens history

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Jerome Daret		26/12/74 (43)			Head coach	- First season as France Sevens coach - Played for France in first three years of world series (1999-2002)
1	Pierre Boudehent		06/02/98 (20)	195	100	Stade Rochelais	- First RWC Sevens - Made France debut on series in London in 2018
2	Manoel Dall'Igna (captain)		12/03/85 (33)	185	83	FFR	- Played at RWC Sevens 2009 and 2013 - Played at Rio 2016 Olympic Games - Made France debut on series in Dubai in 2007
3	Tavite Turaganibuli Veredamu	Tavite Veredamu	01/09/89 (28)	192	101	RC Nimes Gard	- First RWC Sevens - Made France debut on series in Dubai in 2018
4	Terry Bouhraoua		29/08/87 (30)	169	78	Stade Francais Paris	- Played at RWC Sevens 2013 - Played at Rio 2016 Olympic Games - Former France Sevens captain - Made France debut on series in Dubai in 2010
5	Stephen Parez		01/08/94 (23)	174	79	FFR	- First RWC Sevens - Played at Rio 2016 Olympic Games - Made France debut on series in Wellington in 2013

6	Paulin Riva		20/04/94 (24)	185	92	FFR	- First RWC Sevens - Made France debut on series in Dubai in 2018
7	Kevin Bly		28/02/96 (22)	186	86	RC Vannes	- First RWC Sevens - Made France debut on series in London in 2018
8	Pierre Gilles Lakafia		12/03/87 (31)	186	95	FFR	- First RWC Sevens - Played at Rio 2016 Olympic Games - Made France debut on series in Hong Kong in 2011
9	Paul Bonnefond		13/09/88 (29)	190	95	FFR	- First RWC Sevens - Made France debut on series in Glasgow in 2014
10	Jean Pascal Barraque		24/04/91 (27)	182	86	FFR	- First RWC Sevens - Made France debut on series in Las Vegas in 2012
11	Sacha Valleau		08/10/96 (21)	192	101	FFR	- First RWC Sevens - Gold medallist at Youth Olympic Games in Nanjing in 2014 - Played at Rio 2016 Olympic Games - Made France debut on series in Hong Kong in 2015
12	Gabin Villiere		13/12/95 (22)	181	95	Rouen	- First RWC Sevens - Made France debut on series in Las Vegas in 2018

Information correct at time of publication.

HONG KONG

Head coach: Paul John

Captain: Ben Rimene

RWC Sevens record: 1993 – Pool stages / 1997 – Plate finalists / 2001 – Bowl quarter-finalists / 2005 – Bowl quarter-finalists / 2009 – Bowl semi-finalists / 2013 – Bowl quarter-finalists

2018 seeding: 19

Did you know...?

- Hong Kong qualified for RWC Sevens through the Asia Rugby Sevens Series 2017
- Hong Kong coach Paul John was in charge of Wales when they won RWC Sevens 2009 in Dubai
- Hong Kong have hosted RWC Sevens on two occasions, in 1997 and 2005 – both won by Fiji

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Paul John		25/01/70 (48)			Head coach	- Second year as Hong Kong coach - Coached Wales to RWC Sevens title in 2009 - Coached Wales at RWC Sevens 2013 - Played 10 tests for Wales between 1994-98 (15s)
1	Toby Fenn		24/08/87 (30)	180	90	Valley	- First RWC Sevens - Made Hong Kong debut on series in Singapore in 2017 - Helped Hong Kong reach RWC 2019 repechage by beating Cook Islands earlier this month (15s)
2	Michael Coverdale		12/03/95 (23)	185	87	HKFC	- First RWC Sevens - Made Hong Kong debut on series in Tokyo in 2014
3	Liam Herbert		06/09/98 (19)	188	76	HKFC	- First RWC Sevens
4	Lee Jones		29/06/85 (33)	183	92	Valley	- Played at RWC Sevens 2013 - Made Hong Kong debut on series in Hong Kong in 2012 - Born in New Zealand
5	Alessandro Nardoni		03/10/96 (21)	184	93	HK Scottish	- First RWC Sevens - Born in Italy
6	Hugo Stiles		17/08/96 (21)	170	65	Valley	- First RWC Sevens

							- Made Hong Kong debut on series in Toyko in 2014
7	Ka To Cado Lee	Cado Lee	27/12/91 (26)	170	77	USRC Tigers	- First RWC Sevens - Made Hong Kong debut on series in Hong Kong in 2013 - Helped Hong Kong reach RWC 2019 repechage by beating Cook Islands earlier this month (15s)
8	Max Denmark		11/08/99 (18)	184	83	HKFC	- First RWC Sevens - Helped Hong Kong reach RWC 2019 repechage by beating Cook Islands earlier this month (15s)
9	James Hood	Jamie	13/11/86 (31)	180	84	HKFC	- Played at RWC Sevens 2013 - Helped Hong Kong reach RWC 2019 repechage by beating Cook Islands earlier this month (15s)
10	Pak Nga Eric Kwok	Eric Kwok	07/05/95 (23)	177	77	USRC Tigers	- First RWC Sevens - Born in China
11	Benjamin Rimene (captain)	Ben	09/10/84 (33)	175	80	Valley	- Played at RWC Sevens 2013 - Made Hong Kong debut on series in Hong Kong in 2013 - Helped Hong Kong reach RWC 2019 repechage by beating Cook Islands earlier this month (15s) - Born in New Zealand
12	Yiu Kam Shing	Salom Yiu Kam Shing	04/02/88 (30)	183	76	USRC Tigers	- Played at RWC Sevens 2013 - Made Hong Kong debut on series in Hong Kong in 2010 - Helped Hong Kong reach RWC 2019 repechage by beating Cook Islands earlier this month (15s)

Information correct at time of publication.

IRELAND

Head coach: Stan McDowell

Captain: Billy Dardis

RWC Sevens record: 1993 – Semi-finalists / 1997 – Bowl semi-finalists / 2001 – Bowl semi-finalists / 2005 – Plate quarter-finalists / 2009 – Bowl finalists / 2013 – DNP

2018 seeding: 16

Did you know...?

- Ireland qualified for RWC Sevens through the Rugby Europe Sevens Grand Prix Series 2017
- Ireland played as the invitational team at the London and Paris rounds of 2018 series, winning bronze medal in London
- Ireland's sixth try in San Francisco will be their 100th in RWC Sevens history
- Ireland's top point scorer in RWC Sevens history is Eric Elwood (60)
- Ireland's top try-scorer in RWC Sevens history is Richard Wallace (10)

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Stan McDowell					Head coach	- Been professional sevens coach with IRFU for six years – identifying and attracting players for men's and women's programmes - Coached Ireland men's team to bronze medal in London last month - European Cup winner as a player with Ulster in 1999 (15s)
1	Harry McNulty		05/03/93 (25)	188	94	UCD	- First RWC Sevens - Made Ireland debut on series in London in 2018 - Made Ireland Sevens debut in Rugby Europe Conference in 2015 and has played in ever senior event nation has played in since
2	Ian Fitzpatrick		25/08/94 (23)	182	91	Lansdowne / Leinster	- First RWC Sevens - Made Ireland debut on series in London in 2018 - Played for Ireland at U20 level (15s)
3	John O'Donnell		24/06/93 (25)	183	94	Lansdowne	- First RWC Sevens - Made Ireland debut on series in London in 2018
4	Shane Daly		19/12/96 (21)	190	92	Cork Constitution / Munster	- First RWC Sevens - Made Ireland debut on series in Paris in 2018 - Runner-up at World Rugby U20 Championship 2016 (15s)

5	Foster Horan		03/11/92 (25)	180	90	Lansdowne	- First RWC Sevens - Made Ireland debut on series in London in 2018 - Played for Ireland at U20 level (15s)
6	William Dardis (captain)	Billy	31/01/95 (23)	178	87	UCD	- First RWC Sevens - Made Ireland debut on series in London in 2018 - Second season as Ireland Sevens captain - Played for Ireland at U20 level (15s)
7	Jordan Conroy		10/03/94 (24)	189	78	Buccaneers/Connacht	- First RWC Sevens - Made Ireland debut on series in London in 2018 - Started playing rugby at age of 19
8	Hugo Keenan		18/06/96 (22)	185	88	UCD/Leinster	- First RWC Sevens - Made Ireland debut on series in London in 2018 - Runner-up at World Rugby U20 Championship 2016 (15s)
9	James O'Brien	Jimmy	27/11/96 (21)	183	88	UCD/Leinster	- First RWC Sevens - Made Ireland debut on series in London in 2018 - Runner-up at World Rugby U20 Championship 2016 (15s)
10	Terry Kennedy		04/07/96 (22)	183	84	St Marys RFC/Leinster	- First RWC Sevens - Made Ireland debut on series in London in 2018 - Runner-up at World Rugby U20 Championship 2016 (15s) - Father Terry played for Ireland, winning 13 caps from 1978-81 (15s)
11	Gregory O'Shea	Greg	23/03/95 (23)	180	85	Shannon / Munster	- First RWC Sevens - Made Ireland debut on series in Paris in 2018
12	Bryan Mollen		25/09/95 (22)	189	93	Dublin University FC	- First RWC Sevens - Made Ireland debut on series in London in 2018 - Played in series qualifier in Hong Kong in April

Information correct at time of publication.

JAMAICA

Head coach: Huntley Anderson

Captain: Conan Osborne

Nickname: Reggae Crocs

RWC Sevens record: Debut in 2018

2018 seeding: 22

Did you know...?

- Jamaica qualified for RWC Sevens by winning the Rugby Americas North Sevens last November
- They are the first Caribbean side to qualify for a Rugby World Cup Sevens

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Huntley Anderson				Head coach	
1	Dyneal Fessal	03/07/92 (26)	195	113	Apache 7s	<ul style="list-style-type: none"> - First RWC Sevens Used to train with former 4x100m Olympic gold medallist Dennis Mitchell for 400m - Father is 2014 Guinness World Record holder for longest badminton doubles game - Studying for Masters in Sports Psychology – hopes to develop programme for injured athletes
2	Ashley Smith	18/06/91 (27)	186	100		<ul style="list-style-type: none"> - First RWC Sevens - Previously played for London Welsh, helping them to promotion to English Premiership - Played in RAN 2017 qualifier in Mexico - Played at Commonwealth Games - Paternal grandfather born and raised in Jamaica
3	Tyler Bush	13/05/96 (22)	187	90	Unattached	<ul style="list-style-type: none"> - First RWC Sevens - Born in Hammersmith, W London, ENG - Grandparents born in Jamaica - First tournament was RAN Sevens 2017 - Played at Commonwealth Games where Jamaica made their debut in April

						- Works in gym, training boxers and as a personal trainer
4	Marcus Webber	29/10/93 (24)			King Prawn 7s	- First RWC Sevens - Played in series qualifier in 2017
5	Miguel Facey	27/01/97 (21)	180	81	St Catherine RFC	- First RWC Sevens - Older brother of Mikel Facey
6	Oshane Eddie	05/01/91 (27)	167	71	St Catherines	- First RWC Sevens - Jamaican born
7	Conan Osborne (captain)	19/03/93 (25)	185	93	Richmond, ENG	- First RWC Sevens - Captained Jamaica at RAN Sevens title, scoring the winning try in final – which earned nomination for Sportsperson of the Year in Jamaica - Has Masters in Business from Bath University, degree in politics and international relations - Played rugby in USA with Santa Monica Dolphins and Glendale Raptors
8	Mikel Facey	30/06/00 (18)	188	83	YCA	- First RWC Sevens - Younger brother of Miguel Facey - Youngest member of team - Played at Commonwealth Games in April 2018
9	Rhodri Adamson	29/10/93 (24)			Richmond, ENG	- First RWC Sevens - Played for England Schools and Counties - Mum born in Jamaica – saw message looking for UK-based Jamaican players and followed up
10	Nyle Beckett	25/07/90 (27)	177	90	Broadstreet, ENG	- First RWC Sevens - Born in Coventry, UK - Heard about Jamaica sevens programme through then team-mate Conan Osborne - First played for Jamaica at RAN Sevens 2015 - Returned to side in 2018 after three years of injuries, playing at Commonwealth Games
11	Samuel Rees	25/02/95 (23)	185	94	Hull Lonians, ENG	- First RWC Sevens - Third year history student at Hull University - Played for England Sevens at Youth Commonwealth Games in 2015
12	Mark Phillips	05/08/87 (30)	167	80	Legacy 7s	- First RWC Sevens - Born in USA and raised in Jamaica

Information correct at time of publication.

JAPAN

Head coach: Kensuke Iwabuchi

Captain: Dai Ozawa

RWC Sevens record: 1993 – Bowl winners / 1997 – Bowl finalists / 2001 – Plate quarter-finalists / 2005 – Plate quarter-finalists / 2009 – Bowl quarter-finalists / 2013 – Bowl finalists

2018 seeding: 15

Did you know...?

- Japan qualified for RWC Sevens as the Asia Rugby Sevens Series 2017 champions
- Japan will re-join the HSBC World Rugby Sevens Series in 2019 as a core team after winning the qualifier in Hong Kong in April
- Japan's top point and try scorer in RWC Sevens history is Daisuke Ohata (49 points, nine tries)
- Japan won the Bowl at the inaugural RWC Sevens in 1993, beating Scotland 33-19 at Murrayfield

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Kensuke Iwabuchi		30/12/75 (42)			Head coach	- Appointed in May - Played at RWC Sevens 1997 and 2001 - Played at RWC 1999 (15s)
1	Josefa Manueli Malcom Lilidamu	Josefa Lilidamu	05/09/89 (28)	190	97	NTT DOCOMO Red Hurricanes	- First RWC Sevens - Made Japan debut on series in Glasgow in 2014 - Father played test rugby for Fiji
2	Tevitangongokilitoto Tupou	Tevita Tupou	26/09/91 (26)	185	104	Panasonic Wild Knights	- First RWC Sevens - Made Japan debut on series in Singapore in 2018
3	Jose Coyickal Seru		09/02/92 (26)	196	115	Hokkaido Barbarians	- First RWC Sevens - Played in series qualifier in Hong Kong in April 2018
4	Joseph Alexander Kamana	Joseph Kamana	23/09/91 (26)	193	104	Mazda Blue Zoomers	- First RWC Sevens - Made Japan debut on series in Singapore in 2018
5	Kameli Raravou Latianara Soejima	Kameli Soejima	01/06/83 (34)	190	92	Coca-Cola Red Sparks	- First RWC Sevens - Played at Rio 2016 Olympic Games when Japan finished fourth - Made Japan debut on series in Dubai in 2014
6	Dai Ozawa (captain)		08/05/89 (29)	183	89	JRFU/Toyota Verblitz	- First RWC Sevens - Made Japan debut on series in Tokyo in 2014

7	Katsuyuki Sakai		07/09/88 (29)	172	88	Toyota Industries Corporation Shuttles	- Played at RWC Sevens 2013 - Japan's third highest point scorer in RWC Sevens history (29) - Played at Rio 2016 Olympic Games when Japan finished fourth - Made Japan debut on series in Hong Kong in 2011
8	Chihito Matsui		11/11/94 (23)	182	78	Suntory Sungoliath	- First RWC Sevens - Made Japan debut on series in Wellington in 2015
9	Jone Naikabula		12/04/94 (24)	177	90	Toshiba Brave Lupus	- First RWC Sevens - Made Japan debut on series in Hong Kong in 2017
10	Kosuke Hashino		20/11/87 (29)	176	83	Canon Eagles	- Played at RWC Sevens 2013 - Made Japan debut on series in Tokyo in 2013
11	Ryota Kano		10/05/92 (26)	172	72	Meiji Yasuda Holly's	- First RWC Sevens - Made Japan debut on series in Wellington in 2017
12	Taichi Yoshizawa		18/07/91 (27)	175	80	Coca Cola Red Sparks	- First RWC Sevens Made Japan debut on series in Singapore in 2018

Information correct at time of publication.

KENYA

Head coach: Innocent Simiyu

Captain: Oscar Ayodi

Nickname: Shujaa Sevens

RWC Sevens record: 1993 – DNP / 1997 – DNP / 2001 – Bowl semi-finalists / 2005 – Bowl semi-finalists / 2009 – Semi-finalists / 2013 – Fourth

2018 seeding: 9

Did you know...?

- Kenya qualified for RWC Sevens as one of the eight quarter-finals at Moscow 2013
- Kenya have reached the semi-finals at the last two RWC Sevens
- Kenya's top point scorer in RWC Sevens history is Oscar Osir Osula (53)
- Kenya's top try scorer in RWC Sevens history is Humphrey Kayange (nine)

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Innocent Simiyu		24/04/83 (35)			Head coach	- Played at RWC Sevens 2009 - Second season as Kenya Sevens head coach - Former Kenya Sevens captain - Played on world series from 2002-03 to 2010-11
1	Oscar Ayodi (captain)		21/09/89 (28)	185	101	Homeboyz	- First RWC Sevens - Played at Rio 2016 Olympic Games - First season as Kenya Sevens captain - Made Kenya debut on series in Port Elizabeth in 2012
2	Francis Herman Hunwa	Herman Humwa	08/11/95 (22)	183	102	Kenya Harlequins	- First RWC Sevens - Played at Nanjing 2014 Youth Olympic Games - Made Kenya debut on series in Dubai in 2017
3	Samuel Njenga Ngethe	Samuel Ngethe	15/05/95 (22)	173	83	Menegai Oilers	- First RWC Sevens - Made Kenya debut on series in Cape Town in 2017
4	Brian Tanga		19/09/95 (22)	167	69	Kabras Sugar	- First RWC Sevens - Made Kenya debut on series in Dubai in 2016
5	Dennis Ombachi		14/12/91 (26)	185	103	Nondescripts	- First RWC Sevens

							<ul style="list-style-type: none"> - Played at Rio 2016 Olympic Games - Made Kenya debut on series in Gold Coast in 2011 - Bachelor of Commerce graduate from University of Nairobi - Avid food blogger who was 2017 nominee for Food Blog of the Year in Kenya
6	Jeffery Okwacha Otieno	Jeffery Oluoch	02/04/95 (23)	173	96	Homeboyz	<ul style="list-style-type: none"> - First RWC Sevens - Made Kenya debut on series in Dubai in 2015 - Avid dancer who owns a dance crew in Nairobi
7	Eden Kochieng	Eden Agero	17/09/90 (27)	183	82	Kenya Harlequins	<ul style="list-style-type: none"> - First RWC Sevens - Made Kenya debut on series in Gold Coast in 2012
8	Andrew Amonde		25/12/83 (34)	188	106	KCB	<ul style="list-style-type: none"> - Played at RWC Sevens 2013 - Played at Rio 2016 Olympic Games - Made Kenya debut on series in George, South Africa, in 2006 - Former Kenya Sevens captain - Converted to rugby from basketball
9	Nelson Oyoo		26/06/94 (24)	175	93	Nakuru	<ul style="list-style-type: none"> - First RWC Sevens - Made Kenya debut on series in Dubai in 2015 - Studying at Nairobi University, majoring in veterinary sciences
10	Samuel Oliech		15/12/93 (24)	175	87	Impala Saracens	<ul style="list-style-type: none"> - First RWC Sevens - Played at Rio 2016 Olympic Games - Made Kenya debut on series in Las Vegas in 2016 - Capped at test level (15s) by Kenya
11	Collins Injera Emonyi	Collins Injera	18/10/86 (31)	175	92	Mwamba	<ul style="list-style-type: none"> - Played at RWC Sevens 2009 and 2013 – becomes first Kenya to play in three tournaments - Played at Rio 2016 Olympic Games - Second highest try-scorer in world series (271) - Made Kenya debut on series in Hong Kong in 2007 - Played alongside brother Humphrey Kayange for many years on series
12	William Ambaka	Willy	14/05/90 (28)	188	103	Kenya Harlequins	<ul style="list-style-type: none"> - Played at RWC Sevens 2013 - Played at Rio 2016 Olympic Games - Made Kenya debut on series in Hong Kong in 2011 - One of few players in squad with professional rugby experience in FRA, NZL and RSA

Information correct at time of publication.

NEW ZEALAND

Head coach: Clark Laidlaw

Captains: Scott Curry and Tim Mikkelson

Nickname: All Blacks Sevens

RWC Sevens record: 1993 – Second round pool stages / 1997 – Semi-finalists / 2001 – Champions / 2005 – Runners-up / 2009 – Quarter-finalists / 2013 – Champions

2018 seeding: 3

Did you know...?

- New Zealand qualified for RWC Sevens as one of the eight quarter-finals at Moscow 2013
- New Zealand are the defending champions, having won both the men's and women's events in 2013
- New Zealand won their first RWC Sevens in 2001 in Argentina with Jonah Lomu among their team
- New Zealand are the leading try-scorers in RWC Sevens history with 197
- New Zealand's top point scorer in RWC Sevens history is Amasio Raoma (100)
- New Zealand's top try scorer in RWC Sevens history is Roger Randle (14)
- New Zealand's Mills Muliaina (RWC Sevens 2001 and RWC 2011) and Waisake Naholo (RWC Sevens 2013 and RWC 2015) are two of only seven players (men's and women's) to have won Rugby World Cups in 15s and sevens

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Clark Laidlaw		16/07/97 (41)			Head coach	- First season as head coach, starting role in June 2017 - Previously All Blacks Sevens skills coach and video analyst - Former Scotland Sevens player, appearing on series between 2001-06 - Played for Scotland at RWC Sevens 2005
1	Scott Curry (co-captain)		17/05/88 (30)	194	96	Bay of Plenty	- First RWC Sevens - Played at Rio 2016 Olympic Games - Made New Zealand debut on series in Dubai in 2010
2	Tim Mikkelson (co-captain)		13/08/86 (31)	194	101	Waikato	- Gold medallist at RWC Sevens 2013 - Played at Rio 2016 Olympic Games - Made New Zealand debut on series in George, South Africa, in 2007 - World Rugby Men's Sevens Player of the Year 2013

3	Trael O'Flaherty-Joass	Trael Joass	14/05/93 (25)	190	102	Tasman	- First RWC Sevens - Made New Zealand debut on series in Sydney in 2017
4	Joseva Ravouvou	Joe	21/03/91 (27)	190	105	Auckland	- First RWC Sevens - Made New Zealand debut on series in Hong Kong in 2017
5	Dylan Collier		27/04/91 (27)	194	101	Southland	- First RWC Sevens - Made New Zealand debut on series in Wellington in 2015
6	Akuila Rokolisoa		26/07/95 (22)	178	82	Counties Manukau	- First RWC Sevens - Made New Zealand debut on series in Hong Kong in 2018
7	Salesi Rayasi		25/09/96 (21)	196	112	Auckland	- First RWC Sevens - Made New Zealand debut on series in Hong Kong in 2018
8	Andrew Knewstubb		14/09/95 (22)	188	88	Tasman	- First RWC Sevens - Made New Zealand debut on series in Sydney in 2017
9	Regan Ware		07/08/94 (23)	188	89	Bay of Plenty	- First RWC Sevens - Played at Rio 2016 Olympic Games - Made New Zealand debut on series in Dubai in 2015
10	Kurt Baker		07/10/88 (29)	1.86	93	Manawatu	- Gold medallist at RWC Sevens 2013 - Made New Zealand debut on series in Dubai in 2008
11	Jona Nareki		27/12/97 (20)	184	88	Otago	- First RWC Sevens - Made New Zealand debut on series in Hong Kong in 2018
12	Sione Molia		05/09/93 (24)	189	92	Counties Manukau	- First RWC Sevens - Played at Rio 2016 Olympic Games - Made New Zealand debut on series in Las Vegas in 2016

Information correct at time of publication.

PAPUA NEW GUINEA

Head coach: Douglas Guise

Captain: Manu Guise

Nickname: Pukpuks

RWC Sevens record: Debut in 2018

2018 seeding: 23

Did you know...?

- Papua New Guinea qualified by finishing fifth at the Oceania Rugby Sevens last November

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Douglas Guise		07/09/80 (37)			Head coach	- First coached PNG on series in Wellington in 2017 - Played for PNG in seven world series events between 2002-12 - Played at Commonwealth Games in 2010
1	Samuel Malambes	Samu	01/01/96 (22)	187	95	Spartans / National Capital District	- First RWC Sevens - Made PNG debut on series in Sydney in 2018
2	Henry Kalua (captain)		15/09/92 (25)	180	98	Redskins / East New Britain Province	- First RWC Sevens - Made PNG debut on series in Wellington in 2017
3	Joseph Mocke	Joe	21/01/95 (23)	180	89	Redskins / Medang Province	- First RWC Sevens
4	Wesley Vali		14/01/94 (24)	165	85	Brothers / National Capital District	- First RWC Sevens - Made PNG debut on series in Wellington in 2015
5	Hensley Peter		22/12/93 (24)	175	78	Brothers / National Capital District	- First RWC Sevens - Made PNG debut on series in Wellington in 2014
6	Emmanuel Guise (captain)	Manu	11/08/93 (24)	173	90	Nova / National Capital District	- First RWC Sevens - Made PNG debut on series in Wellington in 2017
7	William Tirang	Willie	17/12/95 (22)	195	98	Maltech – East New Britain Province	- First RWC Sevens - Made PNG debut on series in Wellington in 2017

8	Emil Latuminah		27/05/96 (22)	185	85	Valley Hunters / National Capital District	- First RWC Sevens
9	Patrick Tatut		19/02/92 (26)	173	93	Marlins / Manus Province	- First RWC Sevens - Made PNG debut on series in Wellington in 2017
10	Dean Manale		15/11/89 (28)	175	85	University / National Capital District	- First RWC Sevens - Made PNG debut on series in Wellington in 2017
11	Freddy Rova		12/01/96 (22)	178	80	Nova / National Capital District	- First RWC Sevens - Made PNG debut on series in Wellington in 2017
12	Daniel Opa	Danny	23/02/94 (24)	179	85	Nova / National Capital District	- First RWC Sevens - Made PNG debut on series in Wellington in 2017

Information correct at time of publication.

RUSSIA

Head coach: Andrey Sorokin

Captain: Vladimir Ostroushko

RWC Sevens record: 1993 – DNP / 1997 – DNP / 2001 – Plate winners / 2005 – Plate semi-finalists / 2009 – DNP / 2013 – Bowl winners

2018 seeding: 14

Did you know...?

- Russia qualified for RWC Sevens as winners of the Rugby Europe Sevens Grand Prix Series 2017
- Russia hosted RWC Sevens in 2013
- Russia's top point scorer in RWC Sevens history is Aleksandr Ianiushkin. He is also joint top try scorer with Vyacheslav Grachev (seven)
- Russia lost their core team status on the HSBC World Rugby Sevens Series in 2018 after finishing as the lowest ranked of the 15 core teams

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Andrey Sorokin		24/10/71 (26)			Head coach	- Third full season as Russia sevens coach - Played at RWC Sevens 2001 - Made Russia debut on series in Hong Kong in 2001 - Played for Russia on series from 2001-06 - Played 23 tests for Russia from 1992-2008 (15s)
1	Vladimir Ostroushko (captain)		30/09/86 (31)	183	99	RC Kuban/Krasnodar region	- Played in RWC Sevens 2013 - Made Russia debut on series in Paris in 2006 - Played for Russia at RWC 2011 (15s) - Played 35 tests for Russia between 2006-14 (15s) - Started playing rugby at age of 12
2	Igor Galinovskiy		08/11/85 (32)	180	92	RC Krasniy YAR/Krasnoyarsk region	- Played in RWC Sevens 2013 - Made Russia debut on series in Paris in 2006 - Helped Russia qualify for RWC 2019 (15s) - Played five tests for Russia between 2017-18 (15s)
3	Vladislav Sozonov		09/10/93 (24)	181	86	RC VVA Saracens, Moscow region	- First RWC Sevens - Made Russia debut on series in Glasgow in 2015 - Helped Russia qualify for RWC 2019 (15s) - Played 49 tests for Russia between 2006-18 (15s)

							- Started playing rugby at age of 10
4	Vladislav Lazarenko		02/10/89 (28)	183	84	RC Kuban/Krasnodar region	- Played in RWC Sevens 2013 - Made Russia debut on series in Dubai in 2012 - Started playing rugby 10 years ago
5	Ilia Babaev		10/01/89 (29)	177	77	RC VVA Saracens, Moscow region	- Played in RWC Sevens 2013 - Made Russia debut on series in London in 2011 - Started playing rugby at age of 12
6	Vitaly Zhivatov		16/02/92 (25)	187	96	RC VVA Saracens, Moscow region	- First RWC Sevens - Made Russia debut on series in Hong Kong in 2012 - Played two tests for Russia in 2014 (15s) - Started playing rugby in 2007
7	Sergei Ianiushkin		16/11/86 (31)	175	85	RC VVA Saracens, Moscow region	- First RWC Sevens - Made Russia debut on series in Cape Town in 2017 - Played 11 tests for Russia from 2013-16 - Started playing rugby at age of 10
8	Dmitry Sukhin		15/01/95 (23)	178	79	RC Krasniy YAR/Krasnoyarsk region	- First RWC Sevens - Made Russia debut on series in Dubai in 2015 - Started playing rugby at age of 12
9	Ramil Gaisin		26/07/91 (26)	178	82	RC ENISEY-STM	- First RWC Sevens - Made Russia debut on series in Glasgow in 2012 - Helped Russia qualify for RWC 2019 (15s) - Played 37 tests for Russia from 2012-18 (15s) - Started playing rugby at age of 15
10	Yury Gostyuzhev		20/08/87 (30)	181	87.9	RC Kuban/Krasnodar region	- First RWC Sevens - Made Russia debut on series in London in 2007
11	Eme Patris Peki		19/10/95 (22)	188	103	RC VVA Saracens, Moscow region	- First RWC Sevens - Made Russia debut on series in Wellington in 2016 - Started playing rugby at age of 15
12	German Davydov		10/03/94 (24)	185	98	RC VVA Saracens, Moscow region	- First RWC Sevens - Made Russia debut on series in Dubai in 2015 - Helped Russia qualify for RWC 2019 (15s) - Played 10 tests from Russia from 2014-18 (15s) - Started playing rugby at age of eight

SAMOA

Head coach: Sir Gordon Tietjens

Captain: Alatasi Tupou

Nickname: Manu Samoa

RWC Sevens record: 1993 – Second round pool stages / 1997 – Semi-finalists / 2001 – Quarter-finalists / 2005 – Plate winners / 2009 – Semi-finalists / 2013 – Plate finalists

2018 seeding: 13

Did you know...?

- Samoa qualified as one of the highest ranked four non-qualified teams during HSBC World Rugby Sevens Series 2016-17
- Samoa's Brian Lima is the third highest point (101) and try scorer (17) in RWC Sevens history

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Gordon Tietjens		09/12/55 (62)			Head coach	- Second year as Samoa coach - Fifth RWC Sevens as a coach - Coached New Zealand at RWC Sevens 2001, 2005, 2009 and 2013 - Most successful coach in rugby sevens history – led New Zealand to two RWC Sevens, 12 series and four Commonwealth Games titles in 22 years in charge - World Rugby Hall of Fame inductee
1	Tofatuimoana Solia	Tofatu Solia	21/03/93 (25)	190	92	Tornado Falealili	- First RWC Sevens - Made Samoa Sevens debut on series in Gold Coast in 2014 - Played at World Rugby U20 Championship in 2012-13 (15s)
2	Alamanda Lolo Motuga	Almanda Motuga	11/09/94 (23)	190	102	Manurewa, Counties Manukau, NZL	- First RWC Sevens - Made Samoa Sevens debut on series in Las Vegas in 2016
3	Filipo Ueli Gordon Langkilde	Gordon Langkilde	30/01/96 (22)	185	98	Motaa, Apia	- First RWC Sevens - Made Samoa Sevens debut on series in Dubai 2016 - Played at World Rugby U20 Championship 2015 (15s)
4	Belgium Tuatagaloa		19/09/89 (28)	187	103	Valence Romans, FRA	- First RWC Sevens - Played for New Zealand and Samoa Sevens under Tietjens

							- Returned to Samoa Sevens in Hong Kong 2018 after last featuring in Olympic repechage tournament in 2016 - Made New Zealand debut on series in Gold Coast 2012 - Made Samoa debut on series in London in 2015
5	Neria Fomai		03/02/92 (26)	180	94	Woodlands, Southland, NZL	- First RWC Sevens - Made Samoa Sevens debut on series in Glasgow in 2013
6	Murphy Pocetta Joseph Paulo	Murphy Paulo	01/05/91 (27)	185	91	Tornadoes, Falealili	- First RWC Sevens - Made Samoa Sevens debut on series in Dubai in 2017
7	Alatasi Tupou (captain)		21/04/88 (30)	183	92	Vaiala, Apia	- Played RWC Sevens 2009 and 2013 - Made Samoa Sevens debut in Dubai in 2006 - HSBC World Rugby Sevens Series champion in 2009-10 - Played World Rugby U20 Championship in 2008 (15s) and was first player to graduate to test rugby from tournament in September 2008
8	Tomasi Junior Alosio	Tomasi Alosio	26/01/92 (26)	187	83	HOBM Wellington, NZL	- First RWC Sevens - Made Samoa Sevens debut on series in Hong Kong in 2015
9	Malu Falaniko		18/07/95 (23)	185	90	Aana Chiefs, Apia	- First RWC Sevens - Made Samoa Sevens debut on series in Wellington 2017 - Played at World Rugby U20 Championship 2015 (15s) - Played three tests for Samoa (15s) in 2016
10	Joe Perez		10/03/93 (25)	190	95	Marist Samoa, Apia West	- First RWC Sevens - Made Samoa Sevens debut on series in Sydney in 2017
11	Laaloi Leilua		13/08/96 (21)	180	87.2	Tepa Tasi, Aliepata	- First RWC Sevens - Made Samoa Sevens debut on series in Wellington in 2017 - World Rugby U20 Trophy 2016 winner (15s)
12	David Jerusalem Afamasaga	David Afamasaga	29/07/94 (23)	180	91.8	Auckland Marist, NZL	- First RWC Sevens - Made Samoa debut on series in Cape Town in 2018

Information correct at time of publication.

SCOTLAND

Head coach: John Dalziel

Captain: Scott Riddell

RWC Sevens record: 1993 – Bowl finalists / 1997 – Plate semi-finalists / 2001 – DNP / 2005 – Quarter-finalists / 2009 – Plate winners / 2013 – Plate semi-finalists

2018 seeding: 8

Did you know...?

- Scotland qualified as one of the highest ranked four non-qualified teams during HSBC World Rugby Sevens Series 2016-17
- Scotland is the birthplace of sevens, the format being played for the first time in Melrose in 1883
- Scotland proposed the idea of a RWC Sevens and hosted the first tournament in 1993
- Scotland's ninth try in San Francisco will be their 100th in RWC Sevens history

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	John Dalziel		08/02/77 (41)			Head coach	- First season as Scotland Sevens coach - Former Scotland U20 coach - Played for Scotland Sevens in Hong Kong in 2010
1	Scott Riddell (captain)		05/10/85 (32)	182	95	Melrose	- Played at RWC Sevens 2009 and 2013 - Made series debut for Scotland in San Diego in 2009
2	Nyle Godsmark		10/04/92 (26)	185	96	Melrose	- First RWC Sevens - Made Scotland debut on series in Gold Coast in 2014 - Has a black belt in karate
3	Alec Coombes		26/11/95 (22)	185	95	London Scottish	- First RWC Sevens - Born in Hong Kong - Made Scotland debut on series in Sydney in 2018
4	Robbie Fergusson		30/08/93 (24)	182	92	AYR	- First RWC Sevens - Made Scotland debut on series in Dubai in 2018 - Played in two World Rugby U20 Championships (2012-13)
5	Craig Jackson		28/12/91 (26)	180	95	Melrose	- First RWC Sevens - Made Scotland debut on series in Las Vegas in 2010

6	Joe Nayacavou		29/05/85 (33)	185	100	Hawick	<ul style="list-style-type: none"> - First RWC Sevens - Made Scotland debut on series in Gold Coast in 2013 - Born in Fiji - Served with the 2nd Battalion Royal Regiment of Scotland (2 SCOTS)
7	Jamie Farndale		21/02/94 (24)	183	97	Watsonians	<ul style="list-style-type: none"> - First RWC Sevens - Made Scotland debut on series in London in 2015 - Played in three World Rugby U20 Championships (2012-14) - Previously represented Scotland in Home Unions competition in pentathlon
8	Harvey Elms		01/06/95 (23)	180	88	Currie	<ul style="list-style-type: none"> - First RWC Sevens - Made Scotland Sevens debut in 2018 series - Made Scotland debut on series in Dubai in 2018
9	Sam Pecqueur		25/08/94 (23)	183	92	Melrose	<ul style="list-style-type: none"> - First RWC Sevens - Made Scotland debut on series in Cape Town in 2018
10	Gavin Lowe		01/03/95 (23)	179	88	Marr	<ul style="list-style-type: none"> - First RWC Sevens - Made Scotland debut on series in Dubai in 2014 - Played in World Rugby U20 Championship in 2014 (15s) - Won the Scottish Schools Football Cup in 2010 - Scottish Schools U14 badminton double champion in 2009
11	Max McFarland		13/07/93 (25)	175	80	Glasgow Warriors	<ul style="list-style-type: none"> - First RWC Sevens - Made Scotland debut on series in Dubai in 2018 - Born in Ireland but has a Scottish grandfather - Has a degree in Business and Russian from Trinity College in Ireland
12	Jack Cuthbert		03/09/87 (29)	195	104	Watsonians	<ul style="list-style-type: none"> - First RWC Sevens - Made Scotland debut on series in London in 2014

Information correct at time of publication.

SOUTH AFRICA

Head coach: Neil Powell

Captain: Philip Snyman

Nickname: Blitzboks

RWC Sevens record: 1993 – Second round pool stages / 1997 – Runners-up / 2001 – Quarter-finalists / 2005 – Quarter-finalists / 2009 – Quarter-finalists / 2013 – Quarter-finalists

2018 seeding: 1

Did you know...?

- South Africa qualified for RWC Sevens as one of the eight quarter-finals at Moscow 2013
- South Africa have reached the quarter-finals five times at RWC Sevens but have only once gone beyond that – in 1997 when they were runners-up to Fiji
- South Africa arrive in San Francisco having successfully defended the HSBC World Rugby Sevens Series title
- South Africa used 28 players across the 2018 world series and Commonwealth Games
- South Africa's top point scorer in RWC Sevens history is Andre Joubert (88) and top try scorer is Joost van der Westhuizen (11)

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Neil Powell		28/06/78 (40)			Head coach	- Appointed South Africa Sevens coach in 2013 - Coached South Africa to back-to-back series titles in 2016-17 and 2018 - Coached South Africa to gold medal at Commonwealth Games 2014 - Coached South Africa to bronze medal at Rio 2016 Olympic Games - Played for South Africa at RWC Sevens 2009 - Played for South Africa on series from 2001-12
1	Ryan Oosthuizen		22/05/95 (23)	189	92	SARU	- First RWC Sevens - Made South Africa debut on series in Hong Kong in 2017 - Came through the SA Rugby Sevens Academy
2	Philip Snyman (captain)		26/03/87 (31)	188	95	SARU	- Played at RWC Sevens 2009 and 2013 - Only South African to play in three RWC Sevens - Made South Africa debut on series in Dubai in 2008 - Been part of all three of South Africa's three world series titles - Bronze medallist at Rio 2016 Olympic Games
3	Dylan Sage		24/01/92 (26)	188	97	SARU	- First RWC Sevens

							<ul style="list-style-type: none"> - Made South Africa debut on series in Cape Town in 2015 - Bronze medallist at Rio 2016 Olympic Games - Grandfather is former Springbok forward Doug Hopwood
4	Mogamat Davids	Zain Davids	04/05/97 (21)	182	100	SARU	<ul style="list-style-type: none"> - First RWC Sevens - Made South Africa debut on series in Wellington in 2017 - Played at World Rugby U20 Championship (15s)
5	Werner Kok		17/01/93 (25)	175	90	SARU	<ul style="list-style-type: none"> - First RWC Sevens - World Rugby Men's Sevens Player of the Year 2015 - Bronze medallist at Rio 2016 Olympic Games - Commonwealth Games gold medallist in 2014 - Made South Africa debut on series in London in 2013 - Came through the SA Rugby Sevens Academy
6	Heino Bezuidenhout		13/03/97 (21)	188	95	Blue Bulls	<ul style="list-style-type: none"> - First RWC Sevens - Captained SA U18 Sevens team that won gold at Commonwealth Youth Games in 2015 - Made South Africa debut on series in Hong Kong in 2018
7	Dewald Human		19/05/95 (23)	168	70	SARU	<ul style="list-style-type: none"> - First RWC Sevens - Made South Africa debut on series in Paris in 2017
8	Rosko Specman		28/04/89 (29)	172	80	SARU	<ul style="list-style-type: none"> - First RWC Sevens - Bronze medallist at Rio 2016 Olympic Games - Nominee for World Rugby Men's Sevens Player of the Year 2017 - Made South Africa debut on series in Las Vegas in 2014
9	Justin Geduld		01/10/93 (24)	175	80	SARU	<ul style="list-style-type: none"> - First RWC Sevens - Bronze medallist at Rio 2016 Olympic Games - Commonwealth Games gold medallist in 2014 - Played at World Rugby U20 Championship in 2013 (15s) - Made South Africa debut on series in Wellington in 2013
10	Selvyn Davids		26/03/94 (24)	172	75	SARU	<ul style="list-style-type: none"> - First RWC Sevens - Joined SA Rugby Sevens Academy in 2016 - Player of the Tournament in Hong Kong in 2018 - Made South Africa debut on series in Hong Kong in 2017
11	Siviwe Soyizwapi		07/12/92 (25)	178	88	SARU	<ul style="list-style-type: none"> - First RWC Sevens - Came through the SA Rugby Sevens Academy - Has played Super Rugby for Southern Kings (15s)



							- Made South Africa debut on series in Hong Kong in 2016
12	Adriaan Nel	Ruhan Nel	17/05/91 (27)	190	100	SARU	- First RWC Sevens - Made South Africa debut on series in Gold Coast in 2015

Information correct at time of publication.

TONGA

Head coach: Taholo Anitoni

Captain: To be confirmed

RWC Sevens record: 1993 – Second round pool stages / 1997 – Plate Winners / 2001 – DNP / 2005 – Bowl semi-finalists / 2009 – Plate semi-finalists / 2013 – Plate quarter-finalists

2018 seeding: 24

Did you know...?

- Tonga qualified by winning the bronze medal at the Pacific Mini Games 2017 in Vanuatu
- Tonga are the only team not to have played on the HSBC World Rugby Sevens Series or Hong Kong series qualifier in 2018
- Tonga's ninth try in San Francisco will be their 100th in RWC Sevens history
- Tonga's Isi Tu'ivai holds the record for the most points in a RWC Sevens game with 27 against Chinese Taipei in 1993
- Tu'ivai is also the only player to kick a drop goal in RWC Sevens history, doing so in a 10-7 win over Australia in 1993
- Tonga's top points and try scorer in RWC Sevens history is Tevita Tu'ifua (71 points, 13 tries)

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Taholo Anitoni					Head coach	- Second spell as Tonga Sevens coach - Played five tests for Tonga from 1995-6 - Former Tonga A assistant coach
1	Unaloto Fakaanau Ki Pulotu Koloni	Naua Kaloni	02/12/94 (23)	190	89	Haasini	- First RWC Sevens - Played in world series qualifiers in Hong Kong in 2016 and 2017
2	Taniela Kilioni		22/02/92 (26)	186	89	Grenoble, FRA	- First RWC Sevens
3	Violeti Kolo		17/06/96 (22)	171	84	Marist	- First RWC Sevens
4	Alefosio Likilio Vahe	Alefosio Vahe	15/07/97 (21)	184	85	Marist	- First RWC Sevens
5	Samiu Muna		22/04/90 (28)	180	83	Tavatuutolu	- First RWC Sevens - Played for Tonga A in World Rugby Pacific Challenge 2015 and 2017 (15s) - Played for Tonga A in World Rugby Americas Pacific Challenge 2017 (15s)
6	Fetu'u Vainikolo		30/01/85 (33)	180	102	Utah Warriors, USA	- First RWC Sevens - Played for Tonga at RWC 2011 and 2015 (15s)

							- Played 28 tests for Tonga from 2011-16 (15s)
7	Solomone Mapili Pauuvale	Solomone Pauuvale	24/12/95 (22)	190	87	Tavatuutolu	- First RWC Sevens - Played for Tonga A in World Rugby Pacific Challenge 2018 (15s)
8	Young Fehi Pongi	Young Pongi	18/01/96 (22)	187	84	Fuekafa	- First RWC Sevens - Played for Tonga A in World Rugby Pacific Challenge 2018 (15s)
9	Jack De Hei Ram	Jack Ram	14/01/87 (31)	189	89	Coventry, ENG	- First RWC Sevens - Made Tonga debut on series in Adelaide in 2010 - Played at RWC 2015 (15s) - Played 13 tests for Tonga from 2015-17 (15s)
10	Taniela Jr Samita	Taniela Samita	15/10/95 (22)	184	89	Marist	- First RWC Sevens - Played in world series qualifiers in Hong Kong in 2017
11	Semisi Sitanilei Feaomoengalu Tei	Sitani Tei	16/07/95 (23)	189	87	Tavatuutolu	- First RWC Sevens - Played in world series qualifiers in Hong Kong in 2016
12	Sosaia Finefeuiaki Tokai	Fine Tokai	22/07/96 (21)	175	78	Lavengamalie	- Celebrates 22nd birthday on day three - First RWC Sevens - Played in world series qualifiers in Hong Kong in 2016 and 2017

Information correct at time of publication.

UGANDA

Head coach: Tolbert Onyango

Captain: Michael Okorach

Nickname: Rugby Cranes Sevens

RWC Sevens record: Debut in 2018

2018 seeding: 20

Did you know...?

- Uganda qualified for RWC Sevens 2018 as Rugby Africa Sevens 2017 champions

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Tolbert Onyango					Head coach	- Lead Uganda to first RWC Sevens qualification - Won last two Rugby Africa Sevens titles - Coached Uganda in Dubai and Cape Town rounds of 2016-17 and 2018 series - Fifth year as Uganda Sevens coach - Coached Uganda at Commonwealth Games in 2014 and 2018
1	Byron Oketayot		15/11/95 (22)	185	90.4	Rhinos, Kampala	- First RWC Sevens - Made Uganda debut on series in Dubai in 2016
2	Pius Ogena		30/10/94 (23)	183	90	Buffaloes, Kampala	- First RWC Sevens - Made Uganda debut on series in Dubai in 2016 - Played for Uganda in RWC 2019 qualifier earlier this month v Kenya (15s)
3	James Odongo		20/08/89 (28)	176	80.1	Buffaloes, Kampala	- First RWC Sevens - Played at Commonwealth Games in 2018 - Played for Uganda in RWC 2019 qualifier earlier this month v Kenya (15s)
4	Adrian Kasito		30/10/95 (22)	169	70.6	KOBS, Kampala	- First RWC Sevens - Made Uganda debut on series in Dubai in 2016



							- Played for Uganda in RWC 2019 qualifier earlier this month v Kenya (15s)
5	Philip Wokorach		31/12/93 (24)	187	86	Heathens, Kampala	- First RWC Sevens - Made Uganda debut on series in Dubai in 2016 - Played at Commonwealth Games in 2014 and 2018 - Played for Uganda in RWC 2019 qualifier earlier this month v Kenya (15s)
6	Michael Okorach (captain)		14/08/90 (27)	186	98.7	Heathens, Kampala	- First RWC Sevens - Made Uganda debut on series in Dubai in 2016 - Played for Uganda in RWC 2019 qualifier earlier this month v Kenya (15s)
7	Justin Kimono Simwende	Justin Kimono	10/01/92 (26)	165	82	KOBS, Kampala	- First RWC Sevens - Made Uganda debut on series in - Played for Uganda in RWC 2019 qualifier earlier this month v Kenya (15s)
8	Desire Aloyisious Ruhweza-Ayera	Desire Ayera	09/01/99 (19)	177	90.7	Pirates, Kampala	- First RWC Sevens - Made Uganda debut on series in Dubai in 2018 - Played at Commonwealth Games in 2018 - Played for Uganda in RWC 2019 qualifier earlier this month v Kenya (15s)
9	Aaron Ofoyrwoth		07/10/97 (20)	171	77.2	Heathens, Kampala	- First RWC Sevens - Made Uganda debut on series in Dubai in 2018 - Played at Commonwealth Games in 2018 - Played for Uganda in RWC 2019 qualifier earlier this month v Kenya (15s)
10	Solomon Saulo Okia	Solomon Okia	14/10/96 (21)	174	83.9	Buffaloes, Kampala	- First RWC Sevens - Made Uganda debut on series in Dubai in 2016 - Played at Commonwealth Games in 2018
11	Timothy Kisiga		02/12/96 (21)	180	77.1	Pirates, Kampala	- First RWC Sevens - Played in world series qualifier in Hong Kong in April 2018
12	Ivan Arthur Magomu	Ivan Magomu	09/06/93 (24)	175	86	Pirates, Kampala	- First RWC Sevens - Played in world series qualifier in Hong Kong in April 2018 - Scored a try for Uganda in RWC 2019 qualifier earlier this month v Kenya (15s)

URUGUAY

Head coach: Luis Pedro Achard

Captain: Gabriel Puig

Nickname: Los Teros Sevens

RWC Sevens record: 1993 – DNP / 1997 – DNP / 2001 – DNP / 2005 – Bowl quarter-finalists / 2009 – Bowl semi-finalists / 2013 – Bowl semi-finalists

2018 seeding: 18

Did you know...?

- Uruguay qualified for RWC Sevens through the Sudamérica Rugby Sevens Series 2018
- Uruguay's top point scorer in RWC Sevens history is Matias Arocena (19). Five players have scored two tries (Agustin Perez del Castillo, Juan Baldomir, Juan Campomar, Juan Ignacio Conti and Jerónimo Etcheverry)

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Luis Pedro Achard		25/09/72 (25)			Head coach	- Former Uruguay U19 assistant coach and U20 trainer
1	Gabriel Puig (captain)		04/02/90 (28)	185	95	Old Boys	- Played at RWC Sevens 2013 - Made Uruguay debut on series in Hong Kong in 2012
2	Manuel Ardao		09/09/98 (19)	177	92	Old Christians	- First RWC Sevens - Made Uruguay debut on series in Las Vegas in 2018 - Brother of Diego - Played in World Rugby U20 Trophy 2017 on home soil (15s)
3	Juanjuan Garese		25/01/99 (19)	193	90	Carrasco Polo	- First RWC Sevens - Played in World Rugby U20 Trophy 2017 on home soil (15s)
4	Guillermo Lijtenstein		14/09/90 (27)	167	77	Trebol	- Played at RWC Sevens 2013 - Made Uruguay debut on series in Las Vegas in 2011
5	Felipe Etcheverry		23/06/96 (22)	176	75	Carrasco Polo	- First RWC Sevens - Made Uruguay debut on series in Las Vegas in 2018 - Older brother Jerónimo played for Uruguay at RWC 2015 (15s) and also at RWC Sevens 2013 - Played in World Rugby U20 Trophy in 2015 and 2016 (15s)
6	Diego Ardao		04/08/95 (22)	177	84	Old Christians	- First RWC Sevens

							<ul style="list-style-type: none"> - Made Uruguay debut on series in Las Vegas in 2018 - Older brother of Manuel - Played in World Rugby U20 Trophy in 2014 and 2015 (15s)
7	Nicolas Freitas		03/07/93 (26)	179	92	Carrasco Polo	<ul style="list-style-type: none"> - First RWC Sevens - Made Uruguay debut on series in Las Vegas in 2014 - Helped Uruguay qualify for RWC 2019 as Americas 2 earlier this year (15s) - First Uruguayan professional player hired by URU in 2017 to play Super Rugby. Trained with Los Jaguares but never took the field
8	Gaston Mieres		05/10/89 (28)	181	80	Lobos	<ul style="list-style-type: none"> - Played at RWC Sevens 2013 - Made Uruguay debut on series in Las Vegas in 2012 - Played at RWC 2015 (15s) - Capped 56 times by Uruguay (15s) - Helped Uruguay qualify for RWC 2019 as Americas 2 earlier this year (15s) - Full-time professional player for URU since 2018 - Played rugby in the UK and Italy
9	Joaquin Alonso		18/02/97 (21)	176	76	Old Boys	<ul style="list-style-type: none"> - First RWC Sevens - Made Uruguay debut on series in Las Vegas in 2018
10	Sebastian Schroeder		14/10/93 (24)	177	86	Trebol	<ul style="list-style-type: none"> - First RWC Sevens
11	Eugenio Plottier		25/05/95 (23)	175	83	Old Boys	<ul style="list-style-type: none"> - First RWC Sevens - Made Uruguay debut on series in Las Vegas in 2018
12	Valentin Grille		15/06/98 (20)	187	80	Old Christians	<ul style="list-style-type: none"> - First RWC Sevens - Played in World Rugby U20 Trophy 2017 on home soil (15s) - Father Nicolas played for Uruguay at RWC 1999 and 2003 (15s)

Information correct at time of publication.

USA

Head coach: Mike Friday

Captain: Madison Hughes

Nickname: USA Sevens Eagles

RWC Sevens record: 1993 – Pool stages / 1997 – Bowl winner / 2001 – Plate quarter-finalists / 2005 – Plate quarter-finalists / 2009 – Plate quarter-finalists / 2013 – Plate quarter-finalists

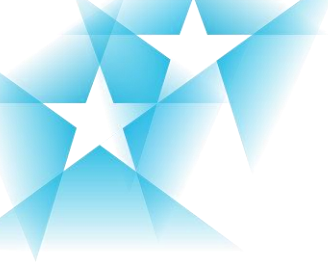
2018 seeding: 5

Did you know...?

- USA qualified for RWC Sevens as the host nation
-

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Mike Friday		25/04/72 (46)			Head coach	<ul style="list-style-type: none"> - Appointed USA Sevens coach in July 2014 - USA are third national sevens team he has coached after England and Kenya - Coached USA at Rio 2016 Olympic Games - Coached Kenya to semi-finals at RWC Sevens 2013 - Coached England to semi-finals at RWC Sevens 2005 - Played for England at RWC Sevens 2001 - England Sevens coach from 2002-06 - Kenya Sevens coach from 2012-13
1	Carlin Isles		21/11/89 (28)	177	78	USA Eagles	<ul style="list-style-type: none"> - Played at RWC Sevens 2013 - Played at Rio 2016 Olympic Games - Top try-scorer on 2018 series with 49 - Made USA debut on series in Gold Coast in 2012

2	Benjamin Pinkelman	Ben	13/06/94 (24)	185	96	USA Eagles	<ul style="list-style-type: none"> - First RWC Sevens - Played at Rio 2016 Olympic Games - Made USA Sevens debut on series in 2016 - Captained USA to victory in Las Vegas in 2018
3	Daniel Barrett	Danny	23/03/90 (28)	185	101	USA Eagles	<ul style="list-style-type: none"> - First RWC Sevens - Played at Rio 2016 Olympic Games - Made USA Sevens debut on series in 2014 - Played four matches at RWC 2015 (15s)
4	Matai Leuta		20/07/90 (28)	189	102	USA Eagles	<ul style="list-style-type: none"> - First RWC Sevens - Made USA debut on series in Hong Kong in 2015 - Made USA test debut (15s) in Nov 2016
5	Brett Thompson		17/08/90 (27)	195	105	USA Eagles	<ul style="list-style-type: none"> - Played at RWC Sevens 2013 - Played at RWC 2015 (15s) - Made USA Sevens debut on series and test debut (15s) in 2013
6	Kevon Williams		07/06/91 (27)	175	84	USA Eagles	<ul style="list-style-type: none"> - First RWC Sevens - Made USA debut on series in Dubai in 2016
7	Folau Niua		27/01/85 (33)	182	92	USA Eagles	<ul style="list-style-type: none"> - Played at RWC Sevens 2013 - Played at Rio 2016 Olympic Games - Made USA Sevens debut in Pan-Am Games 2011 - Made USA debut on series in Gold Coast 2011 - Played at RWC 2015 (15s) - Born in California
8	Unufe Kisi Keomaka JR	Maka Unufe	28/09/91 (26)	181	96	USA Eagles	<ul style="list-style-type: none"> - Played at RWC Sevens 2013 - Played at Rio 2016 Olympic Games - Made USA Sevens debut in Pan-Am Games 2011 - Made USA debut on series in Wellington in 2012
9	Stephen Tomasin	Steve	25/09/94 (23)	180	86	USA Eagles	<ul style="list-style-type: none"> - First RWC Sevens - Made USA debut on series in Gold Coast 2014
10	Madison Hughes (captain)		26/10/92 (25)	175	79	USA Eagles	<ul style="list-style-type: none"> - First RWC Sevens - Appointed captain in 2014 - Captained USA at Rio 2016 Olympic Games - Made USA Sevens debut on series in Wellington in 2014



							- Made test debut (15s) for USA in 2016
11	Perry Baker		29/06/86 (32)	185	80	USA Eagles	<ul style="list-style-type: none">- First RWC Sevens- World Rugby Men's Sevens Player of the Year 2017- Top scorer in 2016-17 world series with 52 tries- Played at Rio 2016 Olympic Games- Made USA debut on series in Gold Coast in 2014- Switched to sevens from arena football in 2014
12	Martin Iosefo		13/01/90 (28)	185	97	USA Eagles	<ul style="list-style-type: none">- First RWC Sevens- Played at Rio 2016 Olympic Games (travelling reserve before called up for final day)- Made USA Sevens debut on series in Dubai in 2014

Information correct at time of publication.

WALES

Head coach: Gareth Williams

Captain: Adam Thomas

RWC Sevens record: 1993 – Plate semi-finalists / 1997 – Plate quarter-finalists / 2001 – Plate semi-finalists / 2005 – DNP / 2009 – Champions / 2013 – Cup quarter-finalists

2018 seeding: 12

Did you know...?

- Wales qualified for RWC Sevens as one of the eight quarter-finals at Moscow 2013
- Wales were 80-1 outsiders to win RWC Sevens 2009
- Wales top points scorer in RWC Sevens history is Aled Williams (47) and top try scorer is Gareth Wyatt (six)

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Gareth Williams		19/12/78 (39)			Head coach	<ul style="list-style-type: none"> - Assistant coach when Wales won RWC Sevens 2009 - Assistant coach from 2008-08 until appointed head coach in January 2014 - Assistant coach when Great Britain won silver medal at Rio 2016 Olympic Games - Former Wales Sevens captain, playing on series from 2001-03 - Played for Wales at U16, U18 and U21 levels (15s) - Appointed WRU Head Coach of Transitional Players in April
1	Luke Treharne		18/01/93 (25)	173	75	Wales Sevens	<ul style="list-style-type: none"> - First RWC Sevens - Made Wales debut on series in Gold Coast in 2014 - Newly-qualified doctor - Won World Student Games in 2012 with GB Students
2	Ethan Davies		28/02/94 (24)	177	90	Wales Sevens	<ul style="list-style-type: none"> - First RWC Sevens - Made Wales debut on world series in Dubai in 2015
3	Lloyd Williams		30/11/89 (28)	183	87	Cardiff Blues	<ul style="list-style-type: none"> - First RWC Sevens - Made Wales debut on series in Dubai in 2009 - Capped 28 times for Wales (15s) after making test debut in 2011
4	Luke Morgan		16/05/92 (26)	176	85	Wales Sevens	<ul style="list-style-type: none"> - First RWC Sevens - Made Wales debut on series in Wellington in 2013



							- One of three Welsh players to make extended GB squad but injury ruled him out of selection for Olympic Games
5	Owen Jenkins		20/07/93 (25)	182	92	Wales Sevens	- Celebrates 25th birthday on day one - First RWC Sevens - Made Wales debut on series in London in 2013
6	Thoms Glyn Williams	Tom Glyn Williams	30/07/96 (21)	191	100	Ospreys	- First RWC Sevens - Made Wales debut on series in Dubai in 2016
7	Cory Allen		11/02/93 (25)	193	102	Ospreys	- First RWC Sevens - Played at Rugby World Cup 2015 (15s), scoring hat-trick in opening game before injury ended tournament - Made Wales Sevens debut in Dubai in 2012, a year before he made his 15s test debut
8	Afon Bagshaw		25/05/94 (24)	180	91	RGC1404	- First RWC Sevens - Made Wales debut on series in Las Vegas in 2018
9	Adam Thomas (captain)		22/08/86 (31)	190	101	Wales Sevens	- Played at RWC Sevens 2013 - Played his 50th world series tournament in Paris - Made Wales debut on series in Wellington in 2011
10	Cai Devine		13/02/98 (20)	190	100	Durham University	- First RWC Sevens - Made Wales debut on series in Dubai in 2018 - Played touch rugby for Wales - Captained Wales at Rugby Europe Sevens Grand Prix Series in Marcoussis in June
11	Jared Rosser		31/12/97 (20)	183	97	Dragons	- First RWC Sevens - Made Wales debut on world series in Dubai in 2016 - Played in two World Rugby U20 Championships in 2016-17 (15s)
12	Benjamin Roach	Ben	30/01/94 (24)	188	99	Wales Sevens	- First RWC Sevens - Made Wales debut on series in Hong Kong in 2015

Information correct at time of publication.

ZIMBABWE

Head coach: Gilbert Nyamutsamba

Captain: Boyd Rouse

Nickname: Cheetahs Sevens

RWC Sevens record: 1993 – DNP / 1997 – Bowl quarter-finalists / 2001 – Bowl quarter-finalists / 2005 – DNP / 2009 – Bowl winners / 2013 – Plate quarter-finalists

2018 seeding: 21

Did you know...?

- Zimbabwe qualified for RWC Sevens through the Rugby Africa Sevens Championship 2017
- Zimbabwe's top point scorer in RWC Sevens history is Kenny Tsimba (37).
- Tsimba is one of four players to have scored four tries (Tangai Nemadire, Wensley Mbanje, and Gerald Sibanda the others) in RWC Sevens history

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Gilbert Nyamutsamba		27/02/71 (46)			Head coach	- Coached Zimbabwe at world series qualifiers in 2015 and 2018
1	Boyd Rouse (captain)		27/10/93 (24)	185	90	Bury St Edmunds, ENG	- First RWC Sevens - Made Zimbabwe debut on series in Port Elizabeth, South Africa, in 2013
2	Connor Pritchard		17/09/96 (21)	183	93	Griffith University, AUS	- First RWC Sevens - Played for Zimbabwe in RWC 2019 qualifiers last month (15s)
3	Nelson Madida		08/05/89 (29)	183	83	Matebeleland Warriors	- First RWC Sevens
4	Kudakwashe Chiwanza		29/05/91 (27)	168	74	Old Georgians Sports Club	- First RWC Sevens - Made Zimbabwe debut on series in Port Elizabeth, South Africa, in 2014
5	Ngoni Chibuwe		17/10/94 (23)	183	98	Old Georgians	- First RWC Sevens - Played for Zimbabwe in world series qualifier in Hong Kong in April 2018
6	Shayne Makombe		21/11/91 (26)	178	92	FC Compeigne, FRA	- First RWC Sevens - Made Zimbabwe debut on series in Port Elizabeth, South Africa, in 2014
7	Tafadzwa Chitokwindo		20/09/90 (27)	179	86	TV Pforzheim, GER	- Played at RWC Sevens 2013 - Made Zimbabwe debut on series in Dubai in 2010

8	Biselele Tshamala		26/11/90 (27)	190	95	Durban Rovers	- First RWC Sevens - Made Zimbabwe debut on series in Port Elizabeth, South Africa, in 2013
9	Shingirai Hlanguyo		11/05/98 (20)	174	76	California State University, USA	- First RWC Sevens
10	Tarisai Mugariri		09/06/94 (24)	164	73	Matebeleland Warriors	- First RWC Sevens
11	Stephen Hunduza		04/03/92 (26)	168	78	Diggers, ZAM	- First RWC Sevens - Made Zimbabwe debut on series Port Elizabeth, South Africa, in 2014
12	Riaan O'Niell		24/05/94 (24)	179	83	False Bay, RSA	- First RWC Sevens - Made Zimbabwe debut on series in Cape Town in 2015

Information correct at time of publication.