



RUGBY
WORLD CUP™
SEVENS
SAN FRANCISCO 2018

Women's team stats and biographies

ALL-TIME WOMEN'S RWC SEVENS SCORING STATISTICS

2009-13

POINTS: 2,376

TRIES: 394

CONVERSIONS: 202

PENALTIES: 2

DROP GOALS: 0

TOP POINT SCORER: PORTIA WOODMAN (NEW ZEALAND) – 60

TOP TRY SCORER: PORTIA WOODMAN (NEW ZEALAND) – 12

AUSTRALIA

Head coach: John Manenti

Captains: Shannon Parry and Sharni Williams

RWC Sevens record: 2009 – Champions / 2013 – Plate winners

Did you know...?

- Australia qualified for RWC Sevens as one of the highest ranked four non-qualified teams during the HSBC World Rugby Women's Sevens Series 2016-17
- Australia beat China 50-12 in the first ever RWC Sevens women's match in 2009
- Cheryl Soon captained Australia to the inaugural women's title in 2009
- Shelly Matcham scored the sudden-death try in extra-time to secure a 15-10 win over New Zealand
- Australia created world series history in Sydney in January when they became the first team – men's or women's – not to concede a try (or point) in a tournament
- Australia arrive in San Francisco on the back of winning the HSBC World Rugby Women's Sevens Series 2018 title, their second in three seasons
- Australia's leading point and try scorer in RWC Sevens history is Debby Hodgkinson (35 points, seven tries)

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	John Manenti	30/03/71 (47)			Head coach	- Took over in April after Commonwealth Games as interim coach - Officially handed role in June - Former Australia women's 15s head coach and Australia U20 assistant coach
1	Shannon Parry (co-captain)	27/10/89 (28)	170	72	QLD	- Played at RWC Sevens 2013 - Made Australia debut on series in Amsterdam in 2013 - Rio 2016 Olympic Games gold-medal winning co-captain - Led Australia to second HSBC World Rugby Sevens Series title in 2018 - Silver medallist at Commonwealth Games 2018 - Captained Australia at Women's Rugby World Cup 2014 and 2017 (15s) - Mother is American, father New Zealander - Qualified secondary school teacher
2	Sharni Williams (co-captain)	02/03/88 (30)	167	76	ACT	- Played at RWC Sevens 2013 - Made Australia debut on series in Dubai in 2012 - Rio 2016 Olympic Games gold-medal winning co-captain - Led Australia to second HSBC World Rugby Sevens Series title in 2018 - Silver medallist at Commonwealth Games 2018

						<ul style="list-style-type: none"> - Captained Australia at Women's Rugby World Cup 2017 (15s) - Former car mechanic
3	Demi Hayes	25/05/98 (20)	171	63	QLD	<ul style="list-style-type: none"> - First RWC Sevens - Made debut for Australia on series in Langford in 2016 - Gold medallist at Commonwealth Youth Games 2015
4	Page McGregor	11/03/99 (19)	168	61	NSW	<ul style="list-style-type: none"> - First RWC Sevens - Made Australia debut at Oceania Rugby Sevens 2017 and series debut in Dubai 2017 - Earned professional contract with Australia Sevens in April
5	Emma Tonegato	20/03/95 (23)	165	66	NSW	<ul style="list-style-type: none"> - First RWC Sevens - Made Australia debut on series in Dubai in 2013 - Won gold at Rio 2016 Olympic Games, scoring try in gold medal match - Silver medallist at Commonwealth Games 2018 - Joint third-highest try scorer on 2018 series with 26 - Named in HSBC Dream Team for 2018 world series - Two-time HSBC World Rugby Women's Sevens Series champion
6	Evania Pelite	12/07/95 (23)	169	67	QLD	<ul style="list-style-type: none"> - First RWC Sevens - Made Australia debut on series in Amsterdam in 2013 - Won gold at Rio 2016 Olympic Games, scoring try in the gold medal match - Silver medallist at Commonwealth Games 2018 - Two-time HSBC World Rugby Women's Sevens Series champion - Named in HSBC Dream Team for 2018 world series - Recently named as ambassador for Wheelchair Rugby World Championship 2018 in Sydney in August
7	Charlotte Caslick	09/03/95 (23)	170	64	QLD	<ul style="list-style-type: none"> - Played at RWC Sevens 2013 - Made Australia debut on series in Amsterdam in 2013 - Won gold at Rio 2016 Olympic Games - World Rugby Women's Sevens Player of Year 2016 - Silver medallist at Commonwealth Games 2018 - Two-time HSBC World Rugby Women's Sevens Series champion - Co-captained side at times in 2018 series when Williams was injured - Brother Sam played for Australia in two series events in 2016-17
8	Yasmin Meakes	25/03/94 (24)	169	65	NSW	<ul style="list-style-type: none"> - First RWC Sevens - Made Australia debut on series in Kitakyushu in 2018
9	Cassandra Staples	16/10/92 (25)	172	62	NSW	<ul style="list-style-type: none"> - First RWC Sevens

						<ul style="list-style-type: none"> - Silver medallist at Commonwealth Games 2018 - Former netballer who came to attention of former coach Tim Walsh after posting training videos online and working on skills to earn contract - Made Australia debut on series six months later in 2017
10	Alicia Quirk	28/03/92 (26)	173	65	NSW	<ul style="list-style-type: none"> - First RWC Sevens - Made Australia debut on series in Amsterdam in 2013 - Won gold at Rio 2016 Olympic Games, playing every minute of the campaign - Silver medallist at Commonwealth Games 2018 - Two-time HSBC World Rugby Women's Sevens Series champion - A qualified physiotherapist
11	Emilee Cherry	02/11/92 (25)	167	70	QLD	<ul style="list-style-type: none"> - Played at RWC Sevens 2013 - Made Australia debut on series in Dubai in 2012 - Won gold at Rio 2016 Olympic Games - Silver medallist at Commonwealth Games 2018 - World Rugby Women's Sevens Player of Year 2014 - Two-time HSBC World Rugby Women's Sevens Series champion - Has played in 29 of 31 tournaments on world series (joint highest with NZL captain Sarah Goss)
12	Ellia Green	20/02/93 (25)	171	73	VIC	<ul style="list-style-type: none"> - First RWC Sevens - Made Australia debut on series in Houston in 2013 - Won gold at Rio 2016 Olympic Games - Silver medallist at Commonwealth Games 2018 - Two-time HSBC World Rugby Women's Sevens Series champion - Former sprinter who represented Australia at World School Games in Qatar in 2009 - Attended 'Pathway to Gold' talent ID camp in Melbourne with her cousin but was persuaded to try out herself

Information correct at time of publication.

BRAZIL

Head coach: Reuben Samuel

Captain: Raquel Kochhann

Nickname: Las Yarras

RWC Sevens record: 2009 – Bowl finalists / 2013 – Bowl quarter-finalists

2018 seeding: 14

Did you know...?

- Brazil qualified for RWC Sevens as the Sudamérica Rugby Sevens 2017 champions
- Brazil played as the invitational team at the HSBC Canada Women's Sevens in May, beating core team Russia
- Brazil's top point and try scorer in RWC Sevens history is Beatriz Futuro Muhlbauer (20 points, four tries)

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Reuben Samuel		26/03/81 (37)			Head coach	- Second season as head coach - Nationality: New Zealand
1	Marcelle da Cruz de Souza	Marcelle da Souza	22/07/96 (21)	177	76	Guanabara / Rio	- Celebrates 22nd birthday on day three - First RWC Sevens - Former athlete in modern heptathlon, becoming interested in rugby after Rio 2016 Olympic Games - Played her first rugby match in 2017
2	Luiza Gonzalez da Costa Campos	Luiza Campos	30/07/90 (27)	165	68	Charrua / Porto Alegre	- Played at RWC Sevens 2013 - Played at Rio 2016 Olympic Games - Made Brazil debut on series in Dubai in 2012 - Started playing rugby in 2010 after girl in a skate park in Porto Alegre invited her to a practice
3	Rafaela de Conti Zanellato	Rafaela Zanellato	25/11/99 (18)	162	70	CRC / Curitiba	- First RWC Sevens - Started playing rugby in 2015 in Curitiba - Named Best Young Player by Brazilian union in 2017 - Made her Brazil debut in Sudamérica Rugby Sevens 2017 aged 17 - Made Brazil debut on series in Langford in 2018

4	Leila Cassia dos Santos Silva	Leila Silva	23/10/96 (21)	160	56	Leoas de Paraisopolis / Sao Paulo	<ul style="list-style-type: none"> - First RWC Sevens - Former tennis player - Started playing rugby in 2008 after seeing the sport in a school activity and was encouraged to switch to rugby by the Rugby Para Todos (Rugby for all) project in Paraisopolis - Made Brazil debut on series in 2017 in Clermont-Ferrand
5	Aline Ribeiro Furtado		02/10/95 (22)	162	59	USP / Sao Paulo	<ul style="list-style-type: none"> - First RWC Sevens - Started playing rugby in 2013 at University in Sao Paulo - Made Brazil debut on series in 2017 in Langford, Canada
6	Isadora Cerullo (vice-captain)		24/03/91 (27)	158	61	Niteroi / Niteroi	<ul style="list-style-type: none"> - First RWC Sevens - Played at Rio 2016 Olympic Games - Born un USA to Brazilian parents - Started playing rugby at Columbia University - Moved to Brazil in 2014 to join Olympic rugby programme - Made Brazil debut on series in Langford in 2015 - Her now wife Marjorie proposed to her in the Deodoro Stadium after the Rio 2016 Olympic Games
7	Amanda Carolina Gomes de Araujo	Amanda Araujo	23/02/90 (28)	162	56	Niteroi / Niteroi	<ul style="list-style-type: none"> - First RWC Sevens - Played at Rio 2016 Olympic Games after overcoming a fractured hand 30 days beforehand - Made Brazil debut on series in Dubai in 2014 - Started playing rugby at college
8	Beatriz Futuro Muhlbauer	Beatriz Muhlbauer	26/02/86 (32)	172	66	Niteroi / Niteroi	<ul style="list-style-type: none"> - Played at RWC Sevens 2009 and 2013 - Played at Rio 2016 Olympic Games and was named the Brazilian Olympic Committee's Best Rugby Athlete - Most experienced member of Brazil team having made her debut in 2004 in first ever Sudamérica Rugby Women's Sevens - Been part of all 13 of Brazil's Sudamérica Rugby Sevens titles - Made Brazil debut on series in Dubai in 2012
9	Haline Leme Scatrut	Haline Scatrut	09/08/92 (25)	169	66	CRC / Curitiba	<ul style="list-style-type: none"> - First RWC Sevens - Played at Rio 2016 Olympic Games - Started playing rugby in 2011 aged 19 - Made Brazil debut on series in Amsterdam in 2014
10	Raquel Cristina Kochhann (captain)	Raquel Kochhann	06/10/92 (25)	172	72	Charrua / Porto Alegre	<ul style="list-style-type: none"> - First RWC Sevens - Played at Rio 2016 Olympic Games

							<ul style="list-style-type: none"> - Started playing rugby in 2011 aged 19 - Made Brazil debut at University Games in Russia in 2013 - Made Brazil debut on series in Dubai in 2013
11	Bianca dos Santos Silva	Bianca Silva	22/07/98 (19)	174	63	Leoas de Paraisopolis / Sao Paulo	<ul style="list-style-type: none"> - Celebrates 20th birthday on day three - First RWC Sevens - Started playing rugby aged 11 through the Rugby Para Todos (Rugby for all) institute in Paraisopolis - Made Brazil debut on series in Dubai in 2015
12	Milena Batista Mariano Silva	Milena Silva	28/01/00 (18)	174	65	Sao Jose / Sao Jose dos Campos	<ul style="list-style-type: none"> - First RWC Sevens

Information correct at time of publication.

CANADA

Head coach: John Tait

Captain: Ghislaine Landry

RWC Sevens record: 2009 – Plate finalists / 2013 – Runners-up

2018 seeding: 3

Did you know...?

- Canada were runners-up at RWC Sevens 2013, losing 29-12 to New Zealand in the final
- Canada qualified for RWC Sevens as a semi-finalist at Moscow 2013
- Canada failed to reach a Cup quarter-final on the HSBC World Rugby Women's Sevens Series for the first time in Kitakyushu in April
- Canada's top point scorer in RWC Sevens history is Ashley Patzer (38) and top try scorers are Ghislaine Landry and Mandy Marchak (seven)

Shirt #	Name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	John Tait		14/08/73 (44)			Head coach	- Coached Canada to silver medal at RWC Sevens 2013 - Appointed Canada women's sevens coach in 2011 - Seventh year as Canada women's sevens coach - Coached Canada to bronze medal at Rio 2016 Olympic Games - Played 15s for Canada - Played at Rugby World Cup 1999 (15s) among his 37 tests
1	Brittany Benn		23/04/89 (29)	170	71	Guelph Red Coats, ON	- First RWC Sevens, missed 2013 with broken hand - Bronze medallist at Rio 2016 Olympic Games - Gold medallist at Pan American Games 2015 - Silver medallist at Women's Rugby World Cup 2014 (15s) - Made Canada debut on series in Atlanta in 2015 - Training to be a firefighter
2	Kayla Moleschi		25/10/90 (27)	160	65.5	Williams Lake Rustlers, BC	- Silver medallist at RWC Sevens 2013 - Bronze medallist at Rio 2016 Olympic Games - Gold medallist at Pan American Games 2015 - Made Canada debut on series in Dubai 2012
3	Caroline Crossley		19/04/98 (20)	181	80.5	Castaway Wanderers, BC	- First RWC Sevens - Scorer of first ever Commonwealth Games women's sevens try in April



							<ul style="list-style-type: none"> - Silver medallist at Commonwealth Youth Games 2015 - Made Canada debut on series in Dubai in 2015
4	Breanne Nicholas		20/02/94 (24)	163	65	London St Georges, ON	<ul style="list-style-type: none"> - First RWC Sevens - Gold medallist at Pan American Games 2015 - Made Canada debut on series in Sao Paulo in 2016
5	Julia Greenshields		12/02/92 (26)	165	62	Sarnia Saints	<ul style="list-style-type: none"> - First RWC Sevens - Made Canada debut on series in Houston in 2013
6	Charity Williams		20/10/96 (21)	164	68	Markham Irish, ON	<ul style="list-style-type: none"> - First RWC Sevens - Bronze medallist at Rio 2016 Olympic Games - Silver medallist at Youth Olympic Games 2014 - Made Canada debut on world series in 2015 in Sao Paulo
7	Sara Kaljuvee		07/02/93 (25)	165	77	Toronto Scottish, ON	<ul style="list-style-type: none"> - First RWC Sevens - Gold medallist at Pan American Games 2015 - Made Canada debut on series in Dubai in 2013
8	Bianca Farella		10/04/92 (26)	173	74	Town of Mont Royal, QC	<ul style="list-style-type: none"> - Silver medallist at RWC Sevens 2013 - Bronze medallist at Rio 2016 Olympic Games - Made Canada debut on series in Dubai in 2012 - Canada's top try-scorer on 2018 series with 17
9	Ghislaine Landry (captain)		27/04/88 (30)	163	64	Toronto Scottish	<ul style="list-style-type: none"> - Silver medallist at RWC Sevens 2013 - Bronze medallist at Rio 2016 Olympic Games - Gold medallist at Pan American Games 2015 - Made Canada debut on series in Dubai in 2012 - All-time leading point scorer in world series history (984) - Nominated for World Rugby Women's Sevens Player of the Year 2017
10	Olivia Apps		01/12/98 (19)	165	69.9	Aurora Barbarians, ON	<ul style="list-style-type: none"> - First RWC Sevens - Made Canada debut on series in 2018 in Sydney - Silver medallist at Commonwealth Youth Games 2015
11	Natasha Watcham-Roy		28/04/92 (26)	167	70	Hull Volant, QC	<ul style="list-style-type: none"> - First RWC Sevens - Bronze medallist at Rio 2016 Olympic Games - Gold medallist at Pan American Games 2015 - Made Canada debut on series in Atlanta in 2015
12	Pamphinette Buisa	Pam Buisa	28/12/96 (21)	180	84	Ottawa Irish, ON	<ul style="list-style-type: none"> - First RWC Sevens - Silver medallist at Youth Olympic Games 2014 - Made Canada debut on series in Langford in 2018

Information correct at time of publication.

CHINA

Head coach: Chad Shepherd

Captain: Yan Meiling

RWC Sevens record: 2009 – Bowl winners / 2013 – Bowl semi-finalists

2018 seeding: 12

Did you know...?

- China qualified for RWC Sevens as the Asia Rugby Women's Sevens Series 2017 runner-up
- China will become a core team on the HSBC World Rugby Women's Sevens Series 2019 after winning the Hong Kong qualifier in April
- China reached their first-ever HSBC World Rugby Women's Sevens Series Cup quarter-final when playing as the invitational team in Kitakyushu in April
- China have the youngest average age of squad in the women's event at RWC Sevens 2018 with 21.6 (just ahead of Japan's 21.7)
- China's top point and try scorer in RWC Sevens history is Yang Hong (40 points, eight tries)

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Chad Shepherd	20/09/77 (40)			Head coach	- Former Germany Sevens head coach - Nationality: New Zealand
1	Ruan Hongting	06/10/95 (22)	180	73	Shandong	- First RWC Sevens
2	Yang Min	04/11/94 (23)	180	70	Jiangsu	- First RWC Sevens - Made China debut on series in Atlanta in 2014
3	Yu Liping	22/12/93 (24)	168	67	Shandong	- First RWC Sevens - Won Hong Kong series qualifier in April - Made China debut on series in Dubai in 2012
4	Yang Feifei	05/10/97 (20)	163	60	Shandong	- First RWC Sevens - Bronze medallist at Youth Olympic Games 2014
5	Yan Meiling (captain)	14/01/97 (21)	163	70	Jiangsu	- First RWC Sevens - Won Hong Kong series qualifier in April - Made China debut on series in Kitakyushu in 2018 - Bronze medallist at Youth Olympic Games 2014
6	Wang Wanyu	14/02/97 (21)	170	60	Jiangsu	- First RWC Sevens - Won Hong Kong series qualifier in April - Made China debut on series in Kitakyushu in 2018

7	Chen Keyi	23/07/95 (22)	171	69	Sichuan	<ul style="list-style-type: none"> - Played at RWC Sevens 2013 - Won Hong Kong series qualifier in April – joint top try-scorer with six - Made China debut on series in Guangzhou, China, in 2013
8	Liu Xiaoqian	16/02/96 (22)	160	59	Shandong	<ul style="list-style-type: none"> - First RWC Sevens - Won Hong Kong series qualifier in April - Made China debut on series in Kitakyushu in April - Bronze medallist at Youth Olympic Games 2014
9	Hu Yu	09/04/99 (19)	165	65	Jiangsu	<ul style="list-style-type: none"> - First RWC Sevens - Won Hong Kong series qualifier in April - Made China debut on series in Kitakyushu in 2018
10	Gao Yueying	04/08/97 (20)	172	69	Jiangsu	<ul style="list-style-type: none"> - First RWC Sevens - Won Hong Kong series qualifier in April - Bronze medallist at Youth Olympic Games 2014 - Made China debut on series in Kitakyushu in 2018
11	Yu Xiaoming	08/11/93 (24)	166	72	Shandong	<ul style="list-style-type: none"> - First RWC Sevens - Won Hong Kong series qualifier in April - Made China debut on series in Dubai in 2012
12	Sun Caihong	04/06/97 (21)	173	74	Jiangsu	<ul style="list-style-type: none"> - First RWC Sevens - Won Hong Kong series qualifier in April - Made China debut on series in Kitakyushu in 2018 - Bronze medallist at Youth Olympic Games 2014

Information correct at time of publication.

ENGLAND

Head coach: James Bailey

Captain: Abbie Brown

RWC Sevens record: 2009 – Plate winners / 2013 – Plate runners-up

2018 seeding: 8

Did you know...?

- England qualified for RWC Sevens through the Rugby Europe Women's Sevens Grand Prix Series 2017
- England's top points and try scorers in RWC Sevens history are Kat Merchant and Michaela Staniford (30 points, six tries)

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	James Bailey		05/08/83 (34)			Head coach	- Second season as England women's sevens head coach - Former England Sevens player - Played 2004-05 and 2005-6 on world series
1	Claire Allan		07/05/85 (33)	169	65	England Sevens	- Played at RWC Sevens 2009 and 2013 - Made England debut on series in China in 2013 - Bronze medallist at Commonwealth Games 2018 - Played for GB at Rio 2016 Olympic Games - Women's Rugby World Cup 2014 winner (15s) - Started playing rugby at age of 14 - Former police officer with Met Police in Acton Proactive Robbery Squad
2	Abbie Brown (captain)		10/04/96 (22)	176	71	England Sevens	- First RWC Sevens - Made England debut on series in Sao Paulo in 2016 - Bronze medallist at Commonwealth Games 2018 - Played for GB at Rio 2016 Olympic Games
3	Sarah McKenna		23/03/89 (29)	167	66	England Sevens	- First RWC Sevens - Made England debut on series in Dubai in 2012 - Started playing rugby at age of six - Made England test debut in 2011 (15s) - Former county netballer

4	Emily Scarratt		08/02/90 (28)	181	80	England Sevens	<ul style="list-style-type: none"> - Played at RWC Sevens 2013 - Made England debut on series in Houston in 2013 - Captained GB to fourth at Rio 2016 Olympic Games - Bronze medallist at Commonwealth Games 2018 - Women's Rugby World Cup 2014 winner (15s) - Women's Rugby World Cup 2017 runner-up (15s) - Turned down offer of US basketball scholarship aged 16
5	Natasha Hunt		21/03/89 (29)	165	62	England Sevens	<ul style="list-style-type: none"> - Played at RWC Sevens 2013 - Made England debut on series in Houston in 2013 - Played for GB at Rio 2016 Olympic Games - Bronze medallist at Commonwealth Games 2018 - Women's Rugby World Cup 2014 winner (15s) - Women's Rugby World Cup 2017 runner-up (15s) - PE teacher when not contracted to England Rugby - Started playing at age of 17
6	Deborah Fleming		10/06/91 (27)	172	73	England Sevens	<ul style="list-style-type: none"> - First RWC Sevens - Made England debut on series in Dubai in 2016 - England's top try-scorer on 2018 series with 18 - Bronze medallist at Commonwealth Games 2018
7	Heather Fisher		13/06/84 (34)	166	70	England Sevens	<ul style="list-style-type: none"> - Played at RWC Sevens 2009 and 2013 - Made England debut on series in Houston in 2013 - Played for GB at Rio 2016 Olympic Games - Bronze medallist at Commonwealth Games 2018 - Women's Rugby World Cup 2014 winner (15s) - Studying for Masters in S&C at University of Gloucestershire - Has represented Great Britain in bobsleigh
8	Victoria Fleetwood	Vicky	13/04/90 (28)	163	72	England Sevens	<ul style="list-style-type: none"> - First RWC Sevens - Made England debut on series in Dubai in 2015 - Bronze medallist at Commonwealth Games 2018 - Women's Rugby World Cup 2014 winner (15s) - Women's Rugby World Cup 2017 runner-up (15s) - Former UK top junior hurdler, started playing rugby at 14 - Personal trainer and diet and nutrition adviser
9	Alex Matthews		03/08/93 (24)	173	81	N/A	<ul style="list-style-type: none"> - First RWC Sevens

							<ul style="list-style-type: none"> - Made England debut on series in Houston in 2013 - Sister Fran played at RWC Sevens 2013 - Bronze medallist at Commonwealth Games 2018 - Women's Rugby World Cup 2014 winner (15s) - Women's Rugby World Cup 2017 runner-up (15s)
10	Jess Breach		04/11/97 (20)	167	68	Harlequins	<ul style="list-style-type: none"> - First RWC Sevens - Made England debut on series in Clermont-Ferrand in 2017 - Bronze medallist at Commonwealth Games 2018 - Scored six tries in on England test debut (15s) v Canada in 2017 and then five in her next test against same opponents - Started playing rugby at age of six - Competed in sprint hurdles and relay at English Schools Athletics Championships
11	Holly Aitchison		13/09/97 (20)	175	69	England Sevens	<ul style="list-style-type: none"> - First RWC Sevens - Made England debut on series in Las Vegas in 2017
12	Amy Wilson-Hardy		13/09/91 (26)	168	70	England Sevens	<ul style="list-style-type: none"> - First RWC Sevens - Made England debut on series in Dubai in 2013 - Played for GB at Rio 2016 Olympic Games - Bronze medallist at Commonwealth Games 2018 - Women's Rugby World Cup 2017 runner-up (15s) - Started playing rugby as prop at U15 level before moving to wing

Information correct at time of publication.

FIJI

Head coach: Iliesa Tanivula

Captain: Ana Maria Roqica

Nickname: Fijiana

RWC Sevens record: 2009 – DNP / 2013 – Bowl winners

2018 seeding: 7

Did you know...?

- Fiji qualified for RWC Sevens as one of the highest ranked four non-qualified teams during HSBC World Rugby Women's Sevens Series 2016-17
- Fiji's top point scorer in RWC Sevens history is Rusila Nagasau (19). Seven players have each scored one try

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Iliesa Tanivula		20/09/74 (43)			Head coach	- Appointed Fiji women's coach in 2014 - Former Fiji men's sevens coach - Played sevens for New Zealand - Former Fiji U20 assistant coach
1	Asinate Savu		15/04/93 (25)	168	75	Seahawks	- Played at RWC Sevens 2013 - Made Fiji debut on series in China in 2013
2	Ana Maria Naimasi		21/02/94 (24)	158	69	Striders	- First RWC Sevens - Fiji's top try-scorer on 2018 series with 14 - Made Fiji debut on series in Dubai in 2016
3	Luisa Basei Tisolo		02/09/91 (26)	167	61	Striders	- Played at RWC Sevens 2013 - Played at Rio 2016 Olympic Games - Made Fiji debut on series in China in 2014
4	Viniana Naisaluwaki Riwai	Viniana Riwai	06/06/91 (27)	165	68	Seahawks	- Played at RWC Sevens 2013 - Played at Rio 2016 Olympic Games - Made Fiji debut on series in China in 2013 - Played football (soccer) for 15 years and played for Fiji at Pacific Games before switching to rugby
5	Mereula Torooti		04/05/88 (30)	161	64	Seahawks	- First RWC Sevens

							- Made Fiji debut on series in Kitakyushu in 2018
6	Raijeli Daveua		30/05/92 (26)	170	70	Wardens	- First RWC Sevens - Made Fiji debut on series in Dubai in 2016 - Named 2016-17 Series Rookie of the Year - Dual international as also played netball for Fiji - Stepped away from rugby to try to make the Fiji netball team for 2018 Commonwealth Games but missed out on selection
7	Merewai Cumu		03/08/97 (20)	168	76	Nadi Blazers	- First RWC Sevens - Played at Rio 2016 Olympic Games - Made Fiji debut on series in Langford in 2016
8	Ana Maria Roqica (captain)		02/02/88 (30)	176	56	Seahawks	- First RWC Sevens - Captained Fiji at Rio 2016 Olympic Games - Fourth season as Fiji captain - Made Fiji debut on series in China in 2013
9	Pricilla Sauvavi Siata		13/05/86 (32)	179	74	Central Chiefs	- Played at RWC Sevens 2013 - Made Fiji debut on series in China in 2013
10	Miriama Naiobasali		30/12/95 (22)	169	73	Seahawks	- First RWC Sevens - Made Fiji debut on series in Sao Paulo in 2016
11	Rusila Nagasau		04/08/87 (30)	175	84	Seahawks	- Played at RWC Sevens 2013 - Played at Rio 2016 Olympic Games - Made Fiji debut on series in Dubai in 2013
12	Timaima Ravisa	Tima Ravisa	01/05/88 (30)	159	58	Striders	- First RWC Sevens - Played at Rio 2016 Olympic Games - Made Fiji debut on series in China in 2013

Information correct at time of publication.

FRANCE

Head coach: David Courteix

Captain: Fanny Horta

Nickname: Les Bleues

RWC Sevens record: 2009 – Plate semi-finalists / 2013 – Bowl semi-finalists

2018 seeding: 6

Did you know...?

- France qualified for RWC Sevens as one of the highest ranked four non-qualified teams in the HSBC World Rugby Women's Sevens Series 2016-17
- France arrive in San Francisco off the back of their most successful series, finishing third after a first ever Cup final in Kitakyushu and two other semi-finals
- France's Camille Grassineau scored the first try in Olympic Games rugby sevens history at Rio 2016
- France's top points and try scorer in RWC Sevens history is Anais Lagougine (38 points, six tries)

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	David Courteix					Head coach	- Fourth year as France women's sevens coach - Coached France at Rio 2016 Olympic Games - Guided France to best finish on HSBC World Rugby Women's Sevens Series with third in 2018
1	Marjorie Mayans		17/11/90 (27)	171	68	Blagnac Rugby Feminin	- Played at RWC Sevens 2013 - Played at Rio 2016 Olympic Games - Made France debut on series in Dubai in 2012 - Played at Women's Rugby World Cup 2017 (15s) - Women's Six Nations Grand Slam winner in 2018 (15s)
2	Anne Cecile Ciofani		14/12/96 (21)	180	72	AC Bobigny 93	- First RWC Sevens - Made France debut on series in Dubai in 2017
3	Chloe Pelle		14/11/89 (28)	162	70	Lille MRCV	- Played at RWC Sevens 2013 - Made France debut on series in Amsterdam in 2013 - Played at Women's Rugby World Cup 2017 (15s)
4	Carla Neisen		08/03/96 (22)	164	67	Blagnac Rugby Feminin	- First RWC Sevens - Played at Women's Rugby World Cup 2017 (15s) - Women's Six Nations Grand Slam winner in 2018 (15s)

5	Montserrat Amedee		13/05/96 (22)	174	68	Montpellier	<ul style="list-style-type: none"> - First RWC Sevens - Made France debut on series in London in 2015 - France's top try-scorer on 2018 series with 19 - Named in HSBC Dream Team for 2018 world series - Played at Women's Rugby World Cup 2017 (15s) - Did gymnastics and handball before starting playing rugby at 15
6	Fanny Horta (captain)		22/01/86 (32)	166	63	FFR	<ul style="list-style-type: none"> - Captained France at RWC Sevens 2009 and 2013 - Made France debut on series in Dubai in 2012 - Captained France in every tournament she has played
7	Coralie Bertrand		10/04/94 (24)	173	66	Stade Toulousain Rugby	<ul style="list-style-type: none"> - First RWC Sevens - Made France debut on series in Dubai in 2017 - Named 2018 Series Rookie of the Year
8	Camille Grassineau		10/09/90 (27)	165	58	Stade Francais Paris	<ul style="list-style-type: none"> - Played at RWC Sevens 2013 - Played at Rio 2016 Olympic Games – scoring first ever sevens Olympic try - Made France debut on series in Amsterdam in 2013 - DHL Impact Player in Langford on 2018 series - Played at Women's Rugby World Cup 2017 (15s)
9	Joanna Sainlo		28/04/90 (28)	162	69	AC Bobigny 93	<ul style="list-style-type: none"> - First RWC Sevens - Made France debut on series in Dubai in 2013
10	Caroline Drouin		07/07/96 (22)	172	71	Stade Rennais Rugby	<ul style="list-style-type: none"> - First RWC Sevens - Made France debut on series in Kitakyushu in 2017 - Played at Women's Rugby World Cup 2017 (15s) - Women's Six Nations Grand Slam winner in 2018 (15s)
11	Shannon Izar		08/05/93 (25)	172	68	Lille MRCV	<ul style="list-style-type: none"> - Played at RWC Sevens 2013 - Made France debut on series in Dubai in 2012 - Played at Women's Rugby World Cup 2017 (15s)
12	Lina Guerin		16/04/91 (27)	173	64	AS Marcoussis US Limours	<ul style="list-style-type: none"> - First RWC Sevens - Made France debut on series in China in 2014 - Played at Rio 2016 Olympic Games

Information correct at time of publication.

IRELAND

Head coach: Anthony Eddy

Captain: Lucy Mulhall

RWC Sevens record: 2009 – DNP / 2013 – Plate semi-finalists

2018 seeding: 9

Did you know...?

- Ireland qualified for RWC Sevens via the Rugby Europe Women's Sevens Grand Prix Series 2017
- Ireland have been a core team on the HSBC World Rugby Women's Sevens Series for last two seasons
- Only one member of Ireland squad has played in a RWC Sevens before – Ashleigh Baxter
- Ireland's top point and try scorer in RWC Sevens history is Alison Miller (15 points, three tries)

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Anthony Eddy					Head coach	- IRFU Director of Rugby Sevens and Women's Rugby – oversees men's sevens and women's sevens and 15s programmes - Nationality: Australian
1	Audrey O'Flynn		20/02/87 (31)	173	75	TID	- First RWC Sevens - Former Ireland hockey international, capped 120 times - Switched to rugby in 2014 with lure of Olympic Games participation
2	Hannah Tyrrell		10/08/90 (27)	180	66	Old Belvedere	- First RWC Sevens - Played at Women's Rugby World Cup 2017 (15s) - Former goalkeeper in Gaelic football with Dublin - Made Ireland debut on series in Amsterdam in 2014 - Women's Six Nations winner in 2015 (15s)
3	Stacey Flood		05/08/96 (21)	172	69	Railway Union	- First RWC Sevens - Made Ireland debut on series in Dubai in 2015 - Played Gaelic football in Dublin before switching to rugby - Spent time in Australia last year, playing for Bond University in the Aon University Sevens Series
4	Kathy Baxter		23/06/98 (20)	169	68	Blackrock	- First RWC Sevens

							- Made Ireland debut on series in Kitakyushu in 2018
5	Amee Leigh Murphy Crowe		26/04/95 (23)	168	64	Railway Union	- First RWC Sevens - Made Ireland debut on series in 2014 - Ireland's top try-scorer on 2018 series with 18
6	Ashleigh Baxter		21/12/91 (26)	165	65	Cooke	- Played at RWC Sevens 2013 - Played at Women's Rugby World Cup 2014 and 2017 (15s) - Women's Six Nations Grand Slam winner in 2013 (15s) - Ireland's most experienced player in series history after making series debut in China in 2013
7	Katie Fitzhenry		23/04/89 (29)	165	70	Blackrock	- First RWC Sevens - Played at Women's Rugby World Cup 2017 (15s) - Played camogie for Wexford before switching to rugby - Made Ireland debut on series in China in 2014
8	Aoife Doyle		02/06/95 (23)	168	62	Shannon / Railway Union	- First RWC Sevens - Made Ireland debut on series in Atlanta in 2014 - Played test rugby for Ireland (15s) - Women's Six Nations winner in 2015 (15s)
9	Lucy Mulhall (captain)		29/09/93 (24)	163	61	Rathdrum	- First RWC Sevens - Played Gaelic football for Ireland before switching to rugby sevens in 2015 - Made Ireland debut on series in Dubai in 2015
10	Eve Higgins		23/06/99 (19)	173	70	Railway Union	- First RWC Sevens - Made Ireland debut on series in Dubai in 2017
11	Louise Galvin		03/04/87 (31)	172	66	UL Bohemians	- First RWC Sevens - Made Ireland debut on series in Dubai in 2015 - Played at Women's Rugby World Cup 2017 (15s) - Former Gaelic footballer with Kerry - Played age-grade basketball for Ireland
12	Deirbhile Nic a Bhaire		22/09/95 (22)	162	70	UL Bohemians	- First RWC Sevens - Made Ireland debut on series in Dubai 2017 - Competed in Ju-Jitsu and Mixed Martial Arts

Information correct at time of publication.

JAPAN

Head coach: Hitoshi Inada

Captain: Chiharu Nakamura

Nickname: Sakura Sevens

RWC Sevens record: 2009 – Bowl quarter-finalists / 2013 – Bowl quarter-finalists

2018 seeding: 11

Did you know...?

- Japan qualified for RWC Sevens as Asia Rugby Women's Sevens Series 2017 champions
- Japan lost their core team status on HSBC World Rugby Women's Sevens Series after finishing as the lowest ranked core team in 2018 series
- Japan will host the second Olympic Games to feature rugby sevens in Tokyo in 2020
- Japan have the second youngest average age of squad in the women's event at RWC Sevens 2018 with 21.7 (just behind China's 21.6)
- Japan's top point and try scorer in RWC Sevens history is Yoko Suzuki (10 points, two tries)

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club	Notes
	Hitoshi Inada		22/01/83 (35)			Head coach	- Second season as Japan head coach
1	Chiharu Nakamura (captain)		25/04/88 (30)	162	64	Arukas Queen Kumagaya	- Played at RWC Sevens 2013 - Made Japan debut on series in Houston in 2013 - Second in DHL Performance Tracker for 2018 series - Played at Rio 2016 Olympic Games - Played basketball for 12 years but wanted to try a contact sport after leaving university and picked rugby
2	Noriko Taniguchi		07/09/93 (24)	166	66	Arukas Queen Kumagaya	- Played at RWC Sevens 2013 - Made Japan debut on series in 2013 - Played at Rio 2016 Olympic Games
3	Raichiemiyo Bativakalolo		18/09/97 (20)	161	71	Arukas Queen Kumagaya	- First RWC Sevens - Made Japan debut on series in Sao Paulo in 2016 - Scored seven tries in HSBC Paris Sevens to make tournament Dream Team - Father is Fijian

4	Yume Okuroda		06/07/94 (24)	154	64	Arukas Queen Kumagaya	- Played at RWC Sevens 2013 - Made Japan debut on series in China in 2013 - Played at Rio 2016 Olympic Games
5	Fumiko Otake		02/02/99 (19)	170	64	Nippon Sport Science University	- First RWC Sevens - Made Japan debut on series in Sydney in 2018 - Only been playing rugby for 18 months, ran with the ball in a basketball session and was recommended to try playing rugby - Her father is Nigerian
6	Sayaka Suzuki		19/05/97 (21)	164	65	Rku Rugby Ryugasaki Grace	- First RWC Sevens - Made Japan debut on series in Dubai in 2017 - Played at Women's Rugby World Cup 2017 (15s)
7	Tomomi Kozasa		21/11/91 (26)	172	66	Hokkaido Barbarians Diana	- First RWC Sevens - Made Japan debut on series in Clermont-Ferrand in 2017
8	Iroha Nagata		21/12/98 (19)	167	64	Arukas Queen Kumagaya	- First RWC Sevens - Made Japan debut on series in Kitakyushu in 2017 - Played at Women's Rugby World Cup 2017 (15s)
9	Honoka Tsutsumi		19/06/97 (21)	154	56	Nippon Sport Science University	- First RWC Sevens - Made Japan debut on series in Kitakyushu in 2017 - Played at Women's Rugby World Cup 2017 (15s) - She is a twin and her brother plays rugby for the same university
10	Yume Hirano		15/03/00 (18)	160	60	RUGIRL7	- First RWC Sevens - Made Japan debut on series in Kitakyushu in 2017
11	Yukari Tateyama		01/10/97 (20)	167	61	Nippon Sport Science University	- First RWC Sevens - Made Japan debut on series in Dubai in 2017
12	Emii Tanaka		19/10/99 (18)	166	65	Nippon Sport Science University	- First RWC Sevens - Made Japan debut on series in Kitakyushu in 2017

Information correct at time of publication. Final squads will be declared 24 hours before tournament commencing.

MEXICO

Head coach: Robin MacDowell

Captain: Daniela Rosales

Nickname: Las Serpientes

RWC Sevens record: Debut

2018 seeding: 16

Did you know...?

- Mexico qualified for RWC Sevens by winning the Rugby Americas North Sevens 2017 title

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Robin MacDowell		04/06/79 (39)			Head coach	- Appointed early 2017 - Led Mexico to RAN Sevens title and qualification for first RWC Sevens - Former Canada Sevens player - Played at Commonwealth Games 2006 - Played on world series in 2005-06 and 2006-07
1	Michelle Farah		28/08/90 (27)	170	72	Guadalajara	- First RWC Sevens
2	Isabela González		22/03/90 (28)	165	65	CMDX	- First RWC Sevens - Played in Hong Kong series qualifier in April
3	Carolina Sandoval		02/02/95 (23)	165	65	Saltillo	- First RWC Sevens - Played in Hong Kong series qualifier in April
4	Daniela Rosales (captain)		03/04/89 (28)	160	58	CDMX	- First RWC Sevens - Scored only try in RAN Sevens final v TTO that saw Mexico qualify for RWC Sevens 2018 - Made Mexico Sevens debut in 2009 at RAN Sevens - Played in Hong Kong series qualifier in April
5	Brenda Weinel		25/01/84 (34)	177	73	Frankfurt, GER	- First RWC Sevens - Played in Hong Kong series qualifier in April
6	Margely Angulo		18/07/97 (21)	163	56	Quintana Roo	- First RWC Sevens - Played in Hong Kong series qualifier in April

7	Fernanda Carillo		02/04/92 (26)	161	60	Guadalajara	- First RWC Sevens - Played in Hong Kong series qualifier in April
8	Adriana Mendoza		06/12/98 (19)	166	66	Oregon	- First RWC Sevens
9	Yazmin Ramírez		04/10/92 (25)	158	53	Guanajuato	- First RWC Sevens - Played in Hong Kong series qualifier in April
10	Ariana Lewis		24/11/96 (21)	170	80	Sacramento Amazons, USA	- First RWC Sevens
11	Karina Landeros		24/03/88 (30)	166	61.5	Legion de Cuervos	- First RWC Sevens
12	Karmin Macedo		31/03/95 (23)	176	65	California, USA	- First RWC Sevens - Played in Hong Kong series qualifier in April

Information correct at time of publication.

NEW ZEALAND

Head coach: Allan Bunting

Captain: Sarah Goss

Nickname: Black Ferns Sevens

RWC Sevens record: 2009 – Runners-up / 2013 – Champions

2018 seeding: 1

Did you know...?

- New Zealand are the defending RWC Sevens champions after completing the double with the men's team at Moscow 2013
- New Zealand qualified for RWC Sevens as a semi-finalist at Moscow 2013
- Nine members of 2013 winning team will defend title in 2018
- New Zealand's Portia Woodman, Kelly Brazier and Sarah Goss are three of seven players (men's and women's) to have won Rugby World Cups in sevens and 15s
- New Zealand are the top points and try scorers in RWC Sevens history (346 points, 58 tries)
- New Zealand played in the opening match at RWC Sevens 2013, beating Tunisia 36-0

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Allan Bunting					Head coach	- Second season in charge, appointed after Rio 2016 - Assistant coach for four years previously - Former All Blacks Sevens player
1	Ruby Tui		13/12/91 (26)	177	71	Canterbury	- First RWC Sevens - Silver medallist at Rio 2016 Olympic Games - Three-time HSBC World Rugby Sevens Series title winner - Nominated for World Rugby Women's Sevens Player of the Year 2017 - Named Black Ferns Sevens Player of the Year 2017 - Made New Zealand debut on series in China in 2013 - Commentates for SKY NZ
2	Shakira Baker		04/01/92 (26)	170	87	Waikato	- First RWC Sevens - Made New Zealand debut on series in Houston in 2013 - Three-time HSBC World Rugby Sevens Series title winner - Gold medallist at Commonwealth Games 2018



3	Stacey Waaka		03/11/95 (22)	173	73	Waikato	<ul style="list-style-type: none"> - First RWC Sevens - Made New Zealand debut on series in Atlanta in 2016 - Gold medallist at Commonwealth Games 2018 - Women's Rugby World Cup 2017 winner (15s)
4	Niall Williams		21/04/88 (30)	174	76	Auckland	<ul style="list-style-type: none"> - First RWC Sevens - Gold medallist at Commonwealth Games 2018 - Made New Zealand debut on series in Dubai in 2015 - Won one HSBC World Rugby Women's Sevens Series title - Sister of All Black Sonny Bill Williams
5	Sarah Goss (captain)		09/12/92 (25)	177	76	Manawatu	<ul style="list-style-type: none"> - RWC Sevens 2013 winner - Women's Rugby World Cup 2017 winner (15s) - Silver medallist at Rio 2016 Olympic Games - Gold medallist at Commonwealth Games 2018 - Made New Zealand debut on series in Dubai in 2012 - Appointed captain for start of 2014-15 series - Four-time HSBC World Rugby Women's Sevens Series title winner - Has played in 29 of 31 tournaments on world series (joint highest with Australia's Emilee Cherry) - Played first 24 tournaments in series history before missing final two rounds of 2016-17 season to prepare for WRWC 2017
6	Michaela Blyde		29/12/92 (25)	165	65	Bay of Plenty	<ul style="list-style-type: none"> - First RWC Sevens - World Rugby Women's Sevens Player of the Year 2017 - DHL Impact Player for 2016-17 and 2018 series - Named in HSBC Dream Team for 2018 world series - Made New Zealand debut on series in Atlanta in 2014 - Three-time HSBC World Rugby Women's Sevens Series title winner - Gold medallist at Commonwealth Games 2018 - Second highest try-scorer on 2018 series with 37
7	Tyla Nathan- Wong (vice- captain)		01/07/94 (24)	165	59	Auckland	<ul style="list-style-type: none"> - RWC Sevens 2013 winner - Made New Zealand debut on series in Dubai in 2012 - Four-time HSBC World Rugby Women's Sevens Series title winner - Silver medallist at Rio 2016 Olympic Games - Gold medallist at Commonwealth Games 2018
8	Kelly Brazier		28/10/89 (28)	173	68	Bay of Plenty	<ul style="list-style-type: none"> - RWC Sevens 2013 winner - Women's Rugby World Cup 2010 and 2017 winner (15s)



							<ul style="list-style-type: none"> - Silver medallist at Rio 2016 Olympic Games - Gold medallist at Commonwealth Games 2018 – scored winning try in extra-time in final v Australia - Made New Zealand debut on series in Houston in 2013 - Four-time HSBC World Rugby Women’s Sevens Series title winner
9	Gayle Broughton		05/06/96 (22)	174	70	Taranaki	<ul style="list-style-type: none"> - First RWC Sevens - Made New Zealand debut on series in Atlanta in 2014 - Three-time HSBC World Rugby Women’s Sevens Series title winner - Gold medallist at Commonwealth Games 2018
10	Theresa Fitzpatrick		25/02/95 (23)	168	75	Auckland	<ul style="list-style-type: none"> - First RWC Sevens - Made New Zealand debut on series in Atlanta in 2016 - Gold medallist at Commonwealth Games 2018 - Won one HSBC World Rugby Women’s Sevens Series title - Women’s Rugby World Cup 2017 winner (15s)
11	Portia Woodman		12/07/91 (27)	172	75	Counties Manukau	<ul style="list-style-type: none"> - RWC Sevens 2013 winner – top try-scorer with 12 - Women’s Rugby World Cup 2017 winner (15s) – top try scorer with 13 - Silver medallist at Rio 2016 Olympic Games - Gold medallist at Commonwealth Games 2018 - World Rugby Women’s 15s Player of the Year 2017 - World Rugby Women’s Sevens Player of the Year 2015 - Made New Zealand debut on series in Dubai in 2012 - Four-time HSBC World Rugby Women’s Sevens Series title winner - Named in HSBC Dream Team for 2018 world series - Top try-scorer on 2018 series with 43 to take her all-time record to 185 - Top point-scorer on 2018 series with 215 for all-time total of 925 (second only to Canada’s Ghislaine Landry) - Transitioned from winger to forward since Allan Bunting became coach - Former netballer
12	Tenika Willison		07/12/97 (20)	167	69	Waikato	<ul style="list-style-type: none"> - First RWC Sevens - Made New Zealand debut on series in Dubai in 2016 - Won one HSBC World Rugby Women’s Sevens Series title - Started training with Black Ferns Sevens squad as a 16-year-old - Gold medallist at Commonwealth Games 2018 - Played touch for New Zealand at senior and age-grade level

PAPUA NEW GUINEA

Head coach: Larry John

Captain: Cassandra Sampson

Nickname: Palais

RWC Sevens record: Debut

2018 seeding: 15

Did you know...?

- Papua New Guinea qualified for RWC Sevens after reaching the semi-finals at the Oceania Rugby Women's Sevens 2017
- Papua New Guinea played as the invitational team at the HSBC Sydney Sevens in February
- Papua New Guinea have the oldest average age of squad in the women's competition at 27.3

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Larry John					Head coach	- First RWC Sevens
1	Debbie Kaore (vice-captain)		11/09/89 (28)	172	86	Spartans/NCD	- First RWC Sevens - Played in Hong Kong series qualifier in April - Made PNG debut on series in Sydney 2018
2	Melanie Kawa		11/01/86 (32)	164	68	University of Queensland	- First RWC Sevens - Made PNG debut on series in Sydney 2018
3	Lynette Kwarula		04/07/90 (28)	170	83	Nova/NCD	- First RWC Sevens - Played in Hong Kong series qualifier in April - Made PNG debut on series in Sydney 2017
4	Taiva Lavai		16/09/83 (34)	165	65	Spartans/NCD	- First RWC Sevens - Played in Hong Kong series qualifier in April - Made PNG debut on series in Sydney 2017
5	Cassandra Sampson (captain)		15/11/89 (28)	168	70	Harlequins	- First RWC Sevens - Played in Hong Kong series qualifier in April - Made PNG debut on series in Sydney 2017
6	Gemma Schnaubelt		20/10/97 (20)	170	85	Brisbane, AUS	- First RWC Sevens - Made PNG debut on series in Sydney 2018

7	Fatima Rama		28/01/81 (37)	178	85	Nova/NCD	- First RWC Sevens - Played in Hong Kong series qualifier in April - Made PNG debut on series in Sydney 2017
8	Chelsea Garesa		30/07/99 (18)	162	65	Spartans/NCD	- First RWC Sevens - Played in Hong Kong series qualifier in April - Made PNG debut on series in Sydney 2018
9	Marie Biyama		01/03/98 (20)	172	82	Harlequins	- First RWC Sevens - Made PNG debut on series in Sydney 2018
10	Helen Abau		16/05/91 (27)	173	80	Spartans/NCD	- First RWC Sevens - Played in Hong Kong series qualifier in April - Made PNG debut on series in Sydney 2017
11	Marlugu Dixon		17/08/86 (31)	175	70	Brisbane, AUS	- First RWC Sevens
12	Yolanda Gittins		20/10/92 (25)	175	70	Brisbane, AUS	- First RWC Sevens - Only player in squad not born in PNG – Sunnybank, QLD - Played in Hong Kong series qualifier in April

Information correct at time of publication.

RUSSIA

Head coach: Andrey Kuzin

Captain: Alena Mikhaltsova

RWC Sevens record: 2009 – Bowl semi-finalists / 2013 – Plate semi-finalists

2018 seeding: 4

Did you know...?

- Russia qualified for RWC Sevens as one of the highest ranked four non-qualified teams during HSBC World Rugby Women's Sevens Series 2016-17
- Russia hosted the last RWC Sevens in Moscow in 2013
- Russia's top point scorer in RWC Sevens history is Anastasiia Mukhariamova (31) and their top try scorer is Natalia Selyutina (five)

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Andrey Kuzin		29/10/78 (39)			Head coach	- Second year as Russia women's sevens coach - Former Russia sevens player, playing on series 2001-08 - Played RWC Sevens 2001 and 2005 - Former Russia captain in 15s, captaining eight of his 78 tests from 1997-2011 - Played at RWC 2011 (15s)
1	Daria Noritsina		20/07/96 (22)	166	65	Rgustis-Podmoskovie	- Celebrates her 22nd birthday on day one - First RWC Sevens - Made Russia debut on series in Clermont-Ferrand in 2016
2	Anastasia Prokudina		17/12/95 (22)	169	60	RCSP Krasnodarskiy region	- First RWC Sevens - Made Russia debut on series in Clermont-Ferrand in 2016
3	Daria Shestakova		06/02/96 (22)	165	60	Rgustis-Podmoskovie	- Previously played under maiden name Daria Bobkova - First RWC Sevens - Made Russia debut on series in Sao Paulo in 2016
4	Alena Mikhaltsova (captain)		08/12/93 (24)	172	72	Enisei-STM	- First RWC Sevens - Made Russia debut on series in Atlanta in 2014 - DHL Impact Player in Dubai and Kitakyushu

							<ul style="list-style-type: none"> - Scored 11 tries in Kitakyushu, including series record-equalling five in one match (v England) - Russia's top try-scorer on 2018 series with 24
5	Baizat Khamidova		31/08/90 (27)	184	70	Krasniy Yar	<ul style="list-style-type: none"> - Played at RWC Sevens 2013 in Moscow - Named in HSBC Dream Team for 2018 world series - DHL Impact Player for Sydney 2018 - Made Russia debut on series in Dubai in 2012
6	Anna Gavriilyuk		02/03/91 (27)	170	70	Rgustis-Podmoskovie	<ul style="list-style-type: none"> - First RWC Sevens - Made Russia debut on series in Amsterdam in 2015
7	Kristina Seredina		24/12/94 (23)	170	70	CSP Krilatskoe	<ul style="list-style-type: none"> - First RWC Sevens - Made Russia debut on series in Sao Paulo in 2014
8	Marina Kukina		22/08/93 (24)	172	68	Rgustis-Podmoskovie	<ul style="list-style-type: none"> - First RWC Sevens - Made Russia debut on series in China in 2014
9	Anna Baranchuk		18/12/93 (24)	169	69	RCSP Krasnodarskiy region	<ul style="list-style-type: none"> - First RWC Sevens - Made Russia debut on series in Kitakyushu in 2018
10	Daria Lushina		01/11/96 (21)	170	68	Rgustis-Podmoskovie	<ul style="list-style-type: none"> - First RWC Sevens - Made Russia debut on series in Langford, Canada, in 2015
11	Arina Bystrova		06/02/96 (22)	164	62	Rgustis-Podmoskovie	<ul style="list-style-type: none"> - First RWC Sevens - Made Russia debut on series in Dubai in 2015
12	Mariia Perestiak		27/07/91 (26)	165	66	Enisei-STM	<ul style="list-style-type: none"> - Played at RWC Sevens 2013 in Moscow - Made Russia debut on series in Dubai in 2012

Information correct at time of publication.

SOUTH AFRICA

Head coach: Paul Delpont

Captain: Zintle Mpupha

Nickname: Springbok Women's Sevens

RWC Sevens record: 2009 – Semi-finalists / 2013 – Bowl quarter-finalists

2018 seeding: 13

Did you know...?

- South Africa qualified for RWC Sevens as the Rugby Africa Women's Sevens 2017 champions
- South Africa's Zenay Jordaan is one of seven women's players who will play in their third RWC Sevens
- South Africa's top point and try scorer in RWC Sevens history is Phumeza Gadu (25 points, five tries)

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Paul Delpont		13/10/84 (33)			Head coach	- Appointed head coach in January - Previously SA Rugby Sevens Academy assistant coach - Former South Africa men's sevens player - Played at RWC Sevens 2009 - Played on series from 2003-12
1	Zinhle Ndawonde		22/05/89 (29)	166	66	SA Sevens	- First RWC Sevens - Played at inaugural Commonwealth Games in April 2018 - Played in Hong Kong series qualifier in April - Firefighter
2	Christelene Steinhobel		20/09/90 (27)	167	66	SA Sevens	- First RWC Sevens - Played in Hong Kong series qualifier in April
3	Buhlebethu Sonamzi		18/02/97 (21)	155	66	SA Sevens	- First RWC Sevens - Uncapped player - Earned provincial colours in athletics and netball for Eastern Province
4	Zintle Mpupha (captain)		25/12/93 (24)	161	69	SA Sevens	- First RWC Sevens - Played in Hong Kong series qualifier in April

							<ul style="list-style-type: none"> - A former provincial cricketer with Border, also has provincial colours in athletics, water polo and swimming - Appointed captain in 2018 - Played at inaugural Commonwealth Games in April 2018 - Turned down first invite to join team to complete Human Movement Sciences degree - Made world series debut in 2012-13
5	Zenay Jordaan		04/04/91 (27)	156	57	SA Sevens	<ul style="list-style-type: none"> - Played at RWC Sevens 2009 and 2013 - Played in two Women's Rugby World Cups in 2010 and 2014 (15s) - Played at inaugural Commonwealth Games in April 2018 - Made SA Sevens debut in 2008 - Played in Hong Kong series qualifier in April
6	Snenhlanhla Shozi		05/05/97 (21)	161	59	SA Sevens	<ul style="list-style-type: none"> - First RWC Sevens - Uncapped player - Played U19 age-grade football (soccer) for South Africa
7	Eloise Webb		05/03/96 (22)	165	64	SA Sevens	<ul style="list-style-type: none"> - First RWC Sevens - Played in Hong Kong series qualifier in April - Played at inaugural Commonwealth Games in April 2018 - Boasts provincial colours in netball and cricket
8	Kimico Manuel		04/08/96 (21)	156	55	SA Sevens	<ul style="list-style-type: none"> - First RWC Sevens - Uncapped player - Former touch rugby player
9	Nadine Roos		09/05/96 (22)	164	62	SA Sevens	<ul style="list-style-type: none"> - First RWC Sevens - Played at inaugural Commonwealth Games in April 2018 - Played in Hong Kong series qualifier in April
10	Mathrin Simmers		03/03/88 (30)	162	64	SA Sevens	<ul style="list-style-type: none"> - Played at RWC Sevens 2013 - Played at inaugural Commonwealth Games in April 2018 - Played in Hong Kong series qualifier in April
11	Babalwa Latsha		31/03/94 (24)	174	81	SA Sevens	<ul style="list-style-type: none"> - First RWC Sevens - Uncapped player - Capped by South Africa at test level (15s) - Final year law student and part-time co-host at a community radio based in Khayelitsha - Started playing rugby at university in 2014
12	Marithy Pienaar		26/08/91 (26)	177	76	SA Sevens	<ul style="list-style-type: none"> - First RWC Sevens



											<ul style="list-style-type: none">- Played in Hong Kong series qualifier in April- Played at inaugural Commonwealth Games in April 2018- SA Rugby Women's Player of the Year 2017
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SPAIN

Head coach: Pedro de Matías

Captain: Bárbara Plà

Nickname: Las Leonas

RWC Sevens record: 2009 – Plate semi-finalists / 2013 – Fourth

2018 seeding: 10

Did you know...?

- Spain qualified for RWC Sevens as a semi-finalist at Moscow 2013
- Spain reached their first Cup semi-final on HSBC World Rugby Women’s Sevens Series since the inaugural tournament in Dubai in 2012 in 2018 (Kitakyushu)
- This was also their first semi-final in global tournament since RWC Sevens 2013
- Spain’s top point scorer in RWC Sevens history is Bárbara Plà (32). She is also joint top try-scorer for Spain with Berta García (six)

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Pedro de Matías					Head coach	- First season as head coach
1	María Losada Gifrá	María Losada	29/02/96 (22)	172	81	INEF Barcelona	- First RWC Sevens - Made Spain debut on series in Las Vegas in 2017
2	Uribarri Barrutieta Barrenetxea	Uri Barrutieta	30/04/97 (21)	168	68	Getxo RT	- First RWC Sevens - Made Spain debut on series in Sydney in 2017 - Played at Women’s Rugby World Cup 2017 (15s)
3	Amaia Erbina Araña	Amaia Erbina	13/03/97 (21)	171	68	CR Cisneros	- First RWC Sevens - Played at Rio 2016 Olympic Games - Played at Nanjing 2014 Youth Olympic Games - Made Spain debut on series in Atlanta in 2015 - Played at Women’s Rugby World Cup 2017 (15s)
4	Patricia García Rodríguez	Patricia García	02/12/89 (28)	163	64	FER	- Played at RWC Sevens 2013 - Played at Rio 2016 Olympic Games - Made Spain debut on series in Dubai in 2012 - Named in HSBC Dream Team for 2018 world series - Played at Women’s Rugby World Cup 2017 (15s)

5	Marina Bravo Bragado	Marina Bravo	02/07/89 (29)	173	68	CR Cisneros	<ul style="list-style-type: none"> - Celebrates her 29nd birthday on day one - Played at RWC Sevens 2009 and 2013 - Made Spain debut on series in Dubai in 2012 - Played at Rio 2016 Olympic Games - Played at Women's Rugby World Cup 2017 (15s)
6	Elisabet Martínez García	Elisabet Martínez	13/06/88 (30)	166	70	GEIEG	<ul style="list-style-type: none"> - Played at RWC Sevens 2013 - Captained Spain at Rio 2016 Olympic Games - Made Spain debut on series in Dubai in 2012
7	Bárbara Plà Vegue (captain)	Bárbara Plà	17/07/83 (35)	162	61	Gexto RT	<ul style="list-style-type: none"> - Played at RWC Sevens 2013 - Played at Rio 2016 Olympic Games - Made Spain debut on series in Dubai in 2013 - Brother Pol plays for Spain's men's team - Played at Women's Rugby World Cup 2017 (15s)
8	Olivia Fresneda Fernandez	Olivia Fresneda	04/01/99 (19)	168	58	Industriales RC	<ul style="list-style-type: none"> - First RWC Sevens - Made Spain debut on series in Dubai in 2016
9	María Casado González	María Casado	25/12/85 (32)	167	63	INEF Barcelona	<ul style="list-style-type: none"> - Played at RWC Sevens 2013 - Made Spain debut on series in Amsterdam in 2013 - Played at Rio 2016 Olympic Games - Played at Women's Rugby World Cup 2017 (15s)
10	Teresa Bueso Gomez	Teresa Bueso	29/07/97 (20)	170	65	Linden Wood University, USA	<ul style="list-style-type: none"> - First RWC Sevens - Made Spain debut on series in Dubai in 2014 - Played at Nanjing 2014 Youth Olympic Games
11	Iera Echebarria Fernández	Iera Echebarria	20/10/92 (25)	162	58	Olímpico Pozuelo RC	<ul style="list-style-type: none"> - First RWC Sevens - Played at Rio 2016 Olympic Games - Made Spain debut on series in Amsterdam in 2014 - Played at Women's Rugby World Cup 2017 (15s)
12	María Ribera García	María Ribera	08/07/86 (32)	175	72	INEF Barcelona	<ul style="list-style-type: none"> - Played at RWC Sevens 2013 - Played at Rio 2016 Olympic Games - Made Spain debut on series in Amsterdam in 2013 - Played at Women's Rugby World Cup 2017 (15s)

Information correct at time of publication.

USA

Head coach: Richie Walker

Captain: Nicole Heavirland

Nickname: Women's Sevens Eagles

RWC Sevens record: 2009 – Semi-finalists / 2013 – Bronze medallists

2018 seeding: 5

Did you know...?

- USA qualified for RWC Sevens as a semi-finalist at Moscow 2013
- USA are hosts of the third RWC Sevens women's event
- USA's top point and try scorer in RWC Sevens history is Christy Ringgenberg (44 points, six tries)

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Richie Walker					Head coach	
1	Cheta Emba		16/07/93 (25)	182	80	USA Sevens	- First RWC Sevens - Made USA debut on series in Dubai in 2016 - Played at Women's Rugby World Cup 2017 (15s) - Was a travelling reserve for Rio 2016 Olympic Games
2	Ryan Carlyle		24/11/89 (28)	170	63	USA Sevens	- Bronze medallist at RWC Sevens 2013 - Played at Rio 2016 Olympic Games - Played sevens and 15s for USA - Made USA debut on series in Houston in 2013
3	Abby Gustaitis		09/05/91 (27)	180	79.5	USA Sevens	- First RWC Sevens - Made USA debut on series in Dubai in 2017 - Played at Women's Rugby World Cup 2017 (15s) - Started playing rugby in 2010 at university
4	Nicole Heavirland (captain)		25/02/95 (23)	165	65.7	USA Sevens	- First RWC Sevens - Made USA debut on series in Atlanta in 2016 - Appointed captain for final round of 2016-17 series



							<ul style="list-style-type: none"> - A travelling reserve for Rio 2016 Olympic Games - Played at Women's Rugby World Cup 2017 (15s) - Started playing rugby at age of 15
5	Kelsi Stockert		01/04/93 (25)	160	66	USA Sevens	<ul style="list-style-type: none"> - First RWC Sevens - Made USA debut on series in Las Vegas 2017 - Not played on series since Dubai in 2017
6	Lauren Doyle		23/02/91 (27)	170	65	USA Sevens	<ul style="list-style-type: none"> - First RWC Sevens - Played at Rio 2016 Olympic Games - Made USA debut on series in Dubai in 2012 - Silver medallist at Pan American Games in 2015
7	Naya Tapper		03/08/94 (23)	175	79	USA Sevens	<ul style="list-style-type: none"> - First RWC Sevens - Made USA debut on series in Sao Paulo in 2016 - Joint third-highest try scorer on 2018 series with 26 - Played at Women's Rugby World Cup 2017 (15s) - All-American athlete before switching to rugby
8	Ilona Delsing Rosa Maher	Ilona Maher	12/08/96 (21)	177	90	USA Sevens	<ul style="list-style-type: none"> - First RWC Sevens - Made USA debut on series in Paris in 2018
9	Joanne Fa'avesi		05/02/92 (26)			USA Sevens	<ul style="list-style-type: none"> - First RWC Sevens - Played at Rio 2016 Olympic Games - Made USA debut on series in Dubai in 2014 - Served her country as member of USA Army world-class athlete programme - Silver medallist at Pan American Games in 2015 - Youngest of seven children
10	Katherine Zackary		26/07/89 (28)	175	73	USA Sevens	<ul style="list-style-type: none"> - First RWC Sevens - Made USA debut on series in Atlanta in 2015 - Played at Women's Rugby World Cup 2017 (15s) - Former football (soccer) player
11	Kristen Thomas		01/07/93 (25)			USA Sevens	<ul style="list-style-type: none"> - First RWC Sevens - Made USA debut on series in Sao Paulo in 2015 - Played at Women's Rugby World Cup 2017 (15s) - Former track and basketball player in high school, started to play rugby in freshman year at University of Central Florida
12	Jordan Gray		02/07/93 (25)	180	82	USA Sevens	<ul style="list-style-type: none"> - First RWC Sevens - Made USA debut on series in Kitakyushu in 2017



								- Played at Women's Rugby World Cup 2017 (15s) - Born in Calgary in Canada
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Information correct at time of publication.