



WORLD RUGBY™



**WOMEN'S
SEVENS SERIES**

Women's team stats and biographies – Langford

ALL-TIME HSBC WORLD RUGBY WOMEN'S SEVENS SERIES SCORING STATISTICS

2012-19

POINTS: 39,143

TRIES: 6,416

CONVERSIONS: 3,504

PENALTIES: 12

DROP GOALS: 0

TOP POINT SCORER: GHISLAINE LANDRY (CANADA) – 1,127

TOP TRY SCORER: PORTIA WOODMAN (NEW ZEALAND) – 195

HSBC WORLD RUGBY WOMEN'S SEVENS SERIES 2019 SCORING STATISTICS

POINTS: 4,875

TRIES: 794

CONVERSIONS: 451

PENALTIES: 1

DROP GOALS: 0

TOP POINT SCORER: GHISLAINE LANDRY (CANADA) – 143

TOP TRY SCORER: BIANCA FARELLA (CANADA) – 24

**NEW ZEALAND HAVE REACHED THE FINAL IN EACH OF THE FOUR PREVIOUS HSBC CANADA WOMEN'S SEVENS,
WINNING THE TITLE ON THREE OCCASIONS.**

HSBC CANADA WOMEN'S SEVENS FINALS

2015 – NEW ZEALAND 29-10 RUSSIA

2016 – ENGLAND 31-14 NEW ZEALAND

2017 – NEW ZEALAND 17-7 CANADA

2018 – NEW ZEALAND 46-0 AUSTRALIA

AUSTRALIA

Head coach: John Manenti

Co-captains: Sharni Williams and Charlotte Caslick

World Series record: 2012-13 – Fifth / 2013-14 – Runners-up / 2014-15 – Third / 2015-16 – Champions / 2016-17 – Runners-up / 2018 – Champions

2019 Series ranking: 4

Did you know...?

- Australia suffered their heaviest ever series defeat in the Langford Cup final in 2018, losing 46-0 to New Zealand
- Australia are the defending series champions, having won two of the last three overall titles
- Australia created world series history in Sydney in 2018 when they became the first team – men’s or women’s – not to concede a try (or point) in a tournament
- Sydney 2018 was the last Cup title won by Australia on the series

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	John Manenti		29/03/71 (48)			Head coach	- Took over in April after Commonwealth Games as interim coach - Officially handed role in June 2018 - Former Australia women’s 15s head coach and Australia U20 assistant coach
1	Samantha Treherne		05/12/93 (25)	170	68	QLD	- Signed full-time professional sevens contract in 2019 - Made her Australia debut on series in Glendale in 2018 - Played for Australia at Women’s Rugby World Cup 2014 and 2017 (15s) - Played twice v New Zealand in 2018 (15s)
2	Sharni Williams (co-captain)		02/03/88 (31)	165	79	ACT	- Named in HSBC Dream Team in R3 in Sydney - Led Australia to second HSBC World Rugby Sevens Series title in 2018 - Made Australia debut on series in Dubai in 2012 - Rio 2016 Olympic Games gold-medal winning co-captain - Bronze medallist at RWC Sevens 2018 - Silver medallist at Commonwealth Games 2018 - Signed with Australian Sevens programme until end of 2020 - Captained Australia at Women’s Rugby World Cup 2017 (15s) - Played 12 tests for Australia (15s) - Former car mechanic

3	Sariah Paki		12/10/01 (17)	172	65		<ul style="list-style-type: none"> - Made Australia debut on series in Dubai in 2018 - Played in Oceania Rugby Sevens Championship success in November 2018
4	Yasmin Meakes		25/03/94 (25)	169	65	NSW	<ul style="list-style-type: none"> - HSBC World Rugby Women's Sevens Series champions in 2018 - Made Australia debut on series in Kitakyushu in 2018 - Bronze medallist at RWC Sevens 2018
5	Emma Tonegato		20/03/95 (24)	165	66	NSW	<ul style="list-style-type: none"> - Needs four tries to become third Australian to score 100 series tries after Emilee Cherry and Ellia Green - Two-time HSBC World Rugby Women's Sevens Series champion - Named in HSBC Dream Team for 2018 world series - Joint third-highest try scorer on 2018 series with 26 - Made Australia debut on series in Dubai in 2013 - Won gold at Rio 2016 Olympic Games, scoring try in gold medal match - Bronze medallist at RWC Sevens 2018 - Silver medallist at Commonwealth Games 2018 - Signed with Australian Sevens programme until end of 2020
6	Evania Pelite		12/07/95 (23)	169	67	QLD	<ul style="list-style-type: none"> - DHL Impact Player for R2 in Dubai - Named in HSBC Dream Team for R2 in Dubai and R3 in Sydney - Two-time HSBC World Rugby Women's Sevens Series champion - Named in HSBC Dream Team for 2018 world series - Made Australia debut on series in Amsterdam in 2013 - Won gold at Rio 2016 Olympic Games, scoring try in the gold medal match - Bronze medallist at RWC Sevens 2018 - Silver medallist at Commonwealth Games 2018 - Signed with Australian Sevens programme until end of 2020 - Named Rugby Australia Women's Sevens Player of the Year 2018 in October - Ambassador for Wheelchair Rugby World Championship 2018 in Sydney in August
7	Charlotte Caslick (co-captain)		09/03/95 (24)	170	64	QLD	<ul style="list-style-type: none"> - Becomes Australia's most-capped player on series with her 30th event in Langford this weekend, moving clear of Emilee Cherry and Shannon Parry - Will become seventh player to play 30 events on series after Sarah Hirini, Kayla Moleschi, Bianca Farella, Ghislaine Landry and Patricia Garcia - Returned in Kitakyushu after missing Sydney through hand injury suffered in Dubai - Named DHL Impact Player in R4 in Kitakyushu - Two-time HSBC World Rugby Women's Sevens Series champion

							<ul style="list-style-type: none"> - World Rugby Women's Sevens Player of Year 2016 - Made Australia debut on series in Amsterdam in 2013 - Won gold at Rio 2016 Olympic Games - Silver medallist at Commonwealth Games 2018 - Bronze medallist at RWC Sevens 2018 - Signed with Australian Sevens programme until end of 2020 - Brother Sam played for Australia in two series events in 2016-17
8	Lily Dick		26/12/99 (19)	168	62	QLD	<ul style="list-style-type: none"> - Made Australia debut on series in Dubai in 2018 - Also played in Sydney - Played in Oceania Rugby Sevens Championship success in November 2018
9	Emma Sykes		26/06/98 (20)	165	61	QLD	<ul style="list-style-type: none"> - HSBC World Rugby Women's Sevens Series champions in 2018 - Made Australia debut on series in Dubai in 2016 - Silver medallist at Commonwealth Games 2018
10	Alicia Quirk		28/03/92 (27)	172	67	NSW	<ul style="list-style-type: none"> - Two-time HSBC World Rugby Women's Sevens Series champion - Missed Glendale with recovery from knee injury suffered at RWC Sevens - Last played on series in Kitakyushu in 2018 - Made Australia debut on series in Amsterdam in 2013 - Won gold at Rio 2016 Olympic Games, playing every minute of the campaign - Bronze medallist at RWC Sevens 2018 - Silver medallist at Commonwealth Games 2018 - Signed with Australian Sevens programme until end of 2020 - A qualified physiotherapist - Former touch footballer
11	Mahalia Murphy		19/01/94 (25)	170	70	NSW	<ul style="list-style-type: none"> - Made first appearance of 2019 series in Kitakyushu, her first event since Dubai in 2017 - HSBC World Rugby Women's Sevens Series champion in 2015-16 - Made Australia debut on series in Sao Paulo in 2016 - Played for Australia at Women's Rugby World Cup 2017 (15s), scoring three tries - Played two tests v New Zealand in 2018 (15s)
12	Ellia Green		20/02/93 (26)	171	73	VIC	<ul style="list-style-type: none"> - Became sixth player – and second Australian – to score 100 series tries in Kitakyushu - Named in HSBC Dream Team in R3 in Sydney - Two-time HSBC World Rugby Women's Sevens Series champion - Made Australia debut on series in Houston in 2013

							<ul style="list-style-type: none"> - Won gold at Rio 2016 Olympic Games - Bronze medallist at RWC Sevens 2018 - Silver medallist at Commonwealth Games 2018 - Signed with Australian Sevens programme until end of 2020 - Former sprinter who represented Australia at World School Games in Qatar in 2009 - Attended 'Pathway to Gold' talent ID camp in Melbourne with her cousin but was persuaded to try out herself
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Information correct at time of publication.

BRAZIL (Invitational team in Round 5 in Langford)

Head coach: Reuben Samuel

Captain: Raquel Kochhann

World Series record: 2012-13 – 10th / 2013-14 – Ninth / 2014-15 – 10th / 2015-16 – 10th (non-core team) / 2016-17 – 11th / 2018 – 14th (non-core team)

Did you know...?

- Brazil will re-join the series as a core team in 2020 after winning the Hong Kong qualifier last month
- Brazil played as the invitational team at the HSBC Canada Women's Sevens in 2018, finishing 11th after beating Russia in their final match
- Brazil confirmed their invitational team status in Langford by winning the Sudamerica Rugby Women's Sevens 2018 – their 14th regional title in as many entries to event

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Reuben Samuel		26/03/81 (38)			Head coach	- Appointed Brazil coach following the Rio 2016 Olympic Games - Coached Brazil at RWC Sevens 2018 - Coached Brazil in series qualifier in Hong Kong in 2018 - Coached Brazil on series in 2016-17 and in Langford in 2018 - Nationality: New Zealand
1	Mariana Nicolau da Silva	Marina Silva	16/11/97 (21)	160	70	Sao Jose (Sao Jose dos Campos)	- Did not play in series qualifier victory in Hong Kong last month - Played at RWC Sevens 2018 - Made Brazil debut on series in 2016 in Langford, Canada - Last played on series in Langford in 2018 - Introduced to rugby in 2012 through social project at Sao Jose RC
2	Luiza Gonzalez da Costa Campos	Luiza Campos	30/07/90 (28)	165	68	Charrua (Porto Alegre)	- Played in series qualifier victory in Hong Kong last month - Made Brazil debut on series in Dubai in 2012 - Last played on series in Clermont-Ferrand in 2017 where Brazil ended season as lowest ranked core team to be relegated - Played at RWC Sevens 2013 and 2018 - Played at Rio 2016 Olympic Games - Started playing rugby in 2010 after girl in a skate park in Porto Alegre invited her to a practice
3	Marcelle da Cruz de Souza	Marcelle Souza	22/07/96 (22)	177	76	Guanabara (Rio)	- Will make Canada debut on series in Langford this weekend - Did not play in series qualifier victory in Hong Kong last month - Played at RWC Sevens 2018

							<ul style="list-style-type: none"> - Former athlete in modern heptathlon, becoming interested in rugby after Rio 2016 Olympic Games - Played her first rugby match in 2017
4	Aline Koeke Bednarski	Aline Bednarski	24/04/96 (23)	162	62	SPAC (Sao Paulo)	<ul style="list-style-type: none"> - Will make Canada debut on series in Langford this weekend
5	Thalia da Silva Costa	Thalia Costa	30/05/97 (21)	153	54	Delta (Teresina)	<ul style="list-style-type: none"> - Will make Canada debut on series in Langford this weekend - Played in series qualifier victory in Hong Kong last month - Scored a last-gasp try in the Sudamerica Rugby Sevens final against Argentina to secure a 14th regional title for Brazil
6	Milena Batista Mariano Silva	Milena Silva	28/01/2000 (19)	174	69	Sao Jose (Sao Jose dos Campos)	<ul style="list-style-type: none"> - Only two events played on series have been in Langford - Made World Series debut in Clermont in 2017 - Played at RWC Sevens 2018
7	Aline Ribeiro Furtado	Aline Furtado	02/10/95 (23)	162	59	USP (Sao Paulo)	<ul style="list-style-type: none"> - Played in series qualifier victory in Hong Kong last month - Made Brazil debut on series in Langford in 2017 - Played at RWC Sevens 2018 - Started playing rugby in 2013 at University in Sao Paulo - Made Brazil debut on series in Langford in 2017
8	Beatriz Futuro Mulhbauer	Beatriz Mulhbauer	26/02/86 (33)	172	66	Niteroi (Niteroi)	<ul style="list-style-type: none"> - Missed series qualifier in Hong Kong through injury - Played at RWC Sevens 2009 and 2013 - Played at Rio 2016 Olympic Games and was named the Brazilian Olympic Committee's Best Rugby Athlete - Made her Brazil sevens debut in 2004 in first ever Sudamérica Rugby Women's Sevens - Been part of all 14 of Brazil's Sudamérica Rugby Sevens titles
9	Haline Scatrut		09/08/92 (26)	169	66	CRC (Curitiba)	<ul style="list-style-type: none"> - Played in series qualifier victory in Hong Kong last month - Made Brazil debut on series in Amsterdam in 2014 - Played in 14 series tournaments, the last in Langford in 2018 - Played in series qualifier in Hong Kong in 2018 - Played at RWC Sevens 2018 - Played at Rio 2016 Olympic Games
10	Franciele Barros Martins	Franciele Martins	08/05/95 (24)	170	80	Melina (Cuiba)	<ul style="list-style-type: none"> - Celebrated her 24th birthday on Wednesday of Langford week - Will make Canada debut on series in Langford this weekend - Played in series qualifier victory in Hong Kong last month

11	Bianca dos Santos Silva	Bianca Silva	22/07/98 (20)	174	63	Leoas de Paraisopolis (Sao Paulo)	<ul style="list-style-type: none"> - Played in series qualifier victory in Hong Kong last month - Made Brazil debut on series in 2015 in Dubai - Played at RWC Sevens 2018 - Scored five tries in Langford in 2018 when Brazil played as invitational team - Played in series qualifier in Hong Kong in 2018 - Started playing rugby aged 11 through the Rugby Para Todos (Rugby for all) social project in Paraisopolis
12	Raquel Kochhann (captain)		06/10/92 (26)	172	72	Charrua (Porto Alegre)	<ul style="list-style-type: none"> - Captained Brazil to victory in series qualifier in Hong Kong last month - Most experienced member of Brazil squad with 19 series events - Made Brazil debut on series in Dubai in 2013 - Played in series qualifier in Hong Kong in 2018 - Played at RWC Sevens 2018 - Played at Rio 2016 Olympic Games - Started playing rugby in 2011 aged 19 - Made Brazil debut at University Games in Russia in 2013

Information correct at time of publication.

CANADA

Head coach: John Tait

Captain: Ghislaine Landry

World Series record: 2012-13 –Third / 2013-14 – Third / 2014-15 – Runners-up / 2015-16 – Third / 2016-17 – Third / 2018 – Fourth

2019 Series ranking: 2

Did you know...?

- Canada's victory in Kitakyushu was their first Cup title since Sydney in 2017
- Canada reached the Cup final on home soil in Langford in 2017, losing 17-7 to New Zealand
- Canada have the most experienced squad in Langford this weekend in terms of series tournaments with 214
- Coming into Langford, Canada will have three of the five players to have played 30 tournaments on the women's series
- Canada captain Ghislaine Landry is the all-time leading point scorer in series history on 1,127 – breaking through the 1,000-point barrier in Glendale
- Canada failed to reach a Cup quarter-final on the HSBC World Rugby Women's Sevens Series for the first and only time in Kitakyushu in 2018

Shirt #	Name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	John Tait		14/08/73 (44)			Head coach	<ul style="list-style-type: none"> - Appointed Canada women's sevens coach in 2011 - Eighth year as Canada women's sevens coach - Coached Canada to bronze medal at Rio 2016 Olympic Games - Coached Canada to silver medal at RWC Sevens 2013 - Played 15s for Canada - Played at Rugby World Cup 1999 (15s) among his 37 tests
1	Brittany Benn		23/04/89 (30)	170	71	Guelph Red Coats, ON	<ul style="list-style-type: none"> - Named in HSBC Dream Team for R2 in Dubai - Scored her 50th series try in Glendale in 2018 - Made Canada debut on series in Atlanta in 2015 - Bronze medallist at Rio 2016 Olympic Games - Played at RWC Sevens 2018 - Gold medallist at Pan American Games 2015 - Silver medallist at Women's Rugby World Cup 2014 (15s) - Training to be a firefighter
2	Kayla Moleschi		25/10/90 (28)	160	65.5	Williams Lake Rustlers, BC	<ul style="list-style-type: none"> - In Sydney, along with team-mate Bianca Farella, become second and third players to play in 30 tournaments (after Sarah Hirini, NZL)

							<ul style="list-style-type: none"> - Made Canada debut on series in Dubai in 2012 - Silver medallist at RWC Sevens 2013 - Bronze medallist at Rio 2016 Olympic Games - Gold medallist at Pan American Games 2015
3	Caroline Crossley		19/04/98 (21)	181	80.5	Castaway Wanderers, BC	<ul style="list-style-type: none"> - Made Canada debut on series in Dubai in 2015 - Played at RWC Sevens 2018 - Scorer of first ever Commonwealth Games women's sevens try in April 2018 - Silver medallist at Commonwealth Youth Games 2015
4	Breanne Nicholas		20/02/94 (25)	163	65	London St Georges, ON	<ul style="list-style-type: none"> - Made Canada debut on series in Sao Paulo in 2016 - Played at RWC Sevens 2018 - Gold medallist at Pan American Games 2015
5	Julia Greenshields		12/02/92 (27)	165	62	Sarnia Saints	<ul style="list-style-type: none"> - Made Canada debut on series in Houston in 2013 - Played at RWC Sevens 2018
6	Charity Williams		20/10/96 (22)	164	68	Markham Irish, ON	<ul style="list-style-type: none"> - Made Canada debut on world series in 2015 in Sao Paulo - Bronze medallist at Rio 2016 Olympic Games - Played at RWC Sevens 2018 - Silver medallist at Youth Olympic Games 2014
7	Karen Paquin		03/08/87 (31)	172	70	Club de Rugby Quebec	<ul style="list-style-type: none"> - Kitakyushu was her first series event since Clermont-Ferrand in 2016 - Named in HSBC Dream Team for R4 in Kitakyushu - Made Canada debut on series in Dubai in 2012 - Returned to Canada programme during development tour in March - Bronze medallist at Rio 2016 Olympic Games – her last sevens appearance for Canada - Silver medallist at RWC Sevens 2013 - Silver medallist at Women's Rugby World Cup 2014 (15s) - Also played at WRWC 2017 (15s)
8	Bianca Farella		10/04/92 (27)	173	74	Town of Mont Royal, QC	<ul style="list-style-type: none"> - Named in HSBC Dream Team for R2 in Dubai - Studying part-time for psychology major at University of Victoria - In Sydney, along with team-mate Kayla Moleschi, become second and third players to play in 30 tournaments (after Sarah Hirini, NZL) - Canada's top try-scorer on 2018 series with 17 - Top scorer in Langford in 2018 with eight tries - Made Canada debut on series in Dubai in 2012 - Bronze medallist at Rio 2016 Olympic Games

							<ul style="list-style-type: none"> - Silver medallist at RWC Sevens 2013 - Played at RWC Sevens 2018
9	Ghislaine Landry (captain)		27/04/88 (31)	163	64	Toronto Scottish	<ul style="list-style-type: none"> - Named in HSBC Dream Team for R4 in Kitakyushu after scoring winning try in the final - In Kitakyushu became the third Canadian to play 30 series tournaments (after Farella and Moleschi) - All-time leading point scorer in world series history (1,127) - Top points scorer on 2019 Series with 143 after four rounds - Made Canada debut on series in Dubai in 2012 - Nominated for World Rugby Women's Sevens Player of the Year 2017 - Bronze medallist at Rio 2016 Olympic Games - Silver medallist at RWC Sevens 2013 - Captained Canada at RWC Sevens 2018 - Gold medallist at Pan American Games 2015
10	Kaili Lukan		28/06/94 (24)	177	81	Unattached, ON	<ul style="list-style-type: none"> - Made Canada debut on series in Clermont-Ferrand in 2017 - Glendale was only her second tournament on the series
11	Emma Chown		17/12/95 (23)	173	73	Aurora Barbarians, ON	<ul style="list-style-type: none"> - Made Canada debut on series in Dubai in 2017 - Glendale was only her second tournament on the series
12	Keyara Wardley		27/01/00 (19)	167	67	Okotoks Lions, AB	<ul style="list-style-type: none"> - Made Canada debut on series in Kitakyushu in 2019 having been brought into squad after Olivia Apps was ruled out - Bronze medallist at Youth Olympic Games 2018 in Buenos Aires - 14 years of tap dancing before turning to rugby

Information correct at time of publication.

CHINA

Head coach: Sean Horan

Captain: Yan Meiling

World Series record: 2012-13 –14th / 2013-14 – 14th / 2014-15 –11th (core team) / 2015-16 – DNP / 2016-17 – DNP / 2018 – 12th

2019 Series ranking: 11

Did you know...?

- China return to the series in 2019 as a core team after winning the Hong Kong qualifier last April
- China reached their only HSBC World Rugby Women's Sevens Series Cup quarter-final when playing as the invitational team in Kitakyushu in April 2018

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Sean Horan	03/10/72 (46)			Head coach	- Kitakyushu was his first event as China head coach - Only with squad since March 2018 - Third different coach for China on 2019 series after Chad Shepherd (Glendale/Dubai) and Lu Zhuan (Sydney) - Former Black Ferns Sevens head coach from 2012-16 - Coached New Zealand to three series titles, RWC Sevens 2013 title and Olympic silver medal at Rio 2016 - Former Bay of Plenty coach (15s and sevens)
1	Peng Xin	27/12/94 (24)	165	75	Beijing	- Will make China debut on series in Langford this weekend - Played in Fast Four invitational tournament in Hamilton in January
2	Yang Min	04/11/94 (24)	180	70	Jiangsu	- Made China debut on series in Atlanta in 2014 - Played at RWC Sevens 2018 - Silver medallist at Asian Games 2018
3	Yu Liping	22/12/93 (25)	168	67	Shandong	- Made China debut on series in Dubai in 2012 - Played at RWC Sevens 2018 - Silver medallist at Asian Games 2018 - Won Hong Kong series qualifier in April 2018
4	Lyu Hewen	01/08/96 (22)	168	57		- Will make China debut on series in Langford this weekend - Played in Fast Four invitational tournament in Hamilton in January

5	Yan Meiling (captain)	14/01/97 (22)	163	70	Jiangsu	<ul style="list-style-type: none"> - Made China debut on series in Kitakyushu in 2018 - Played at RWC Sevens 2018 - Won Hong Kong series qualifier in April 2018 - Bronze medallist at Youth Olympic Games 2014 - Captained China to silver medal at Asian Games 2018
6	Gu Yaoyao	22/11/95 (23)	168	67	Shanghai	<ul style="list-style-type: none"> - Made China debut on series in Dubai in 2018 - Also played in Sydney in 2019
7	Chen Keyi	23/07/95 (23)	171	69	Sichuan	<ul style="list-style-type: none"> - Named in HSBC Dream Team for Kitakyushu round in 2018 - Most experienced member of China team in Kitakyushu with 12 tournaments - Made China debut on series in Guangzhou, China, in 2013 - Played at RWC Sevens 2013 and 2018 - Silver medallist at Asian Games 2018 - Won Hong Kong series qualifier in April 2018 – joint top try-scorer with six
8	Wang Yueyue	24/03/96 (23)	175	63	Shangdong	<ul style="list-style-type: none"> - Made China debut on series in Dubai in 2018 - Also played in Fast Four invitational tournament in Hamilton and on series in Sydney
9	Yang Xu	13/02/95 (24)	165	67	Beijing	<ul style="list-style-type: none"> - Made China debut on series in Sydney in 2019
10	Hu Yu	09/04/99 (20)	165	65	Jiangsu	<ul style="list-style-type: none"> - Called in as late injury replacement for Sun Caihong - Returns in Kitakyushu after missing Sydney round - Made China debut on series in Kitakyushu in 2018 - Played at RWC Sevens 2018 - Silver medallist at Asian Games 2018 - Won Hong Kong series qualifier in April 2018
11	Gao Yueying	04/08/97 (20)	172	69	Jiangsu	<ul style="list-style-type: none"> - Made China debut on series in Kitakyushu in 2018 - Played at RWC Sevens 2018 - Won Hong Kong series qualifier in April 2018 - Bronze medallist at Youth Olympic Games 2014 - Silver medallist at Asian Games 2018
12	Ruan Hongting	06/10/95 (23)	180	73	Shandong	<ul style="list-style-type: none"> - Made China debut on series in Glendale in 2018 - Played at RWC Sevens 2018

Information correct at time of publication.

ENGLAND

Head coach: James Bailey

Captain: Abbie Brown

World Series record: 2012-13 –Runners-up / 2013-14 – Fourth / 2014-15 – Fourth / 2015-16 – Fourth / 2016-17 – Eighth / 2018 – Eighth

2019 Series ranking: 7

Did you know...?

- In Kitakyushu, England reached their first Cup final since Langford in 2016, losing 7-5 to Canada after a last-gasp try from Ghislaine Landry
- This was the first time England had reached the semi-final stage since the opening round of the 2016-17 series in Dubai
- England are one of only four nations to have won titles on the world series (Houston 2012-13, Langford 2015-16)

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	James Bailey		05/08/83 (35)			Head coach	- Second season as England women's sevens head coach - Former England Sevens player - Played 2004-05 and 2005-6 on world series
1	Ellie Kildunne		08/09/99 (19)	176	69	England Sevens	- Returned in Kitakyushu after missing Sydney round through injury - Made England debut on series in Glendale in 2018 - Awarded England Sevens contract for 2018-19 - Played eight tests for England (15s), incl five starts in Women's Six Nations
2	Abbie Brown (captain)		10/04/96 (23)	176	71	England Sevens	- Made England debut on series in Sao Paulo in 2016 - Played at RWC Sevens 2018 - Bronze medallist at Commonwealth Games 2018 - Played for GB at Rio 2016 Olympic Games
3	Abigail Burton	Abi Burton	09/03/00 (19)	171	78	England Sevens	- Made England debut on series in Glendale in 2018 - Awarded an England Sevens contract for 2018-19
4	Heather Fisher		13/06/84 (34)	166	70	England Sevens	- Appeared in Celebrity SAS: Who Dares Wins TV show - First appearance of 2019 series, last played in Paris in 2018 - Made England debut on series in Houston in 2013 - Played for GB at Rio 2016 Olympic Games - Played at RWC Sevens 2009, 2013 and 2018

							<ul style="list-style-type: none"> - Bronze medallist at Commonwealth Games 2018 - Women's Rugby World Cup 2014 winner (15s) - Studying for Masters in S&C at University of Gloucestershire - Has represented Great Britain in bobsleigh
5	Helena Rowland		19/09/99 (19)	168	66	England Sevens	<ul style="list-style-type: none"> - Made England debut on series in Glendale in 2018 - Awarded an England Sevens contract for 2018-19
6	Deborah Fleming		10/06/91 (27)	172	73	England Sevens	<ul style="list-style-type: none"> - Returns after missing Kitakyushu round - Played at RWC Sevens 2018 - Made England debut on series in Dubai in 2016 - England's top try-scorer on 2018 series with 18 - Bronze medallist at Commonwealth Games 2018
7	Emma Uren		01/10/97 (21)	172	70	England Sevens	<ul style="list-style-type: none"> - Made England debut on series in Glendale in 2018 - Splitting final year of S&C Sciences degree to take up England Sevens contract for 2018-19
8	Celia Quansah		25/10/95 (23)	175	82	England Sevens	<ul style="list-style-type: none"> - Made England debut on series in Glendale in 2018, also played in Sydney - Represented England in heptathlon and won long jump at 2011 School Games - Only made switch to rugby aged 21 - Sister Jenny competed for Great Britain in gymnastics
9	Alex Matthews		03/08/93 (25)	173	81	N/A	<ul style="list-style-type: none"> - Recently named RPA (Rugby Players' Association) England Women's Rugby Sevens Player of the Year 2018-19 – second year running has won award - Named in HSBC Dream Team for R4 in Kitakyushu - Made England debut on series in Houston in 2013 - Played at RWC Sevens 2018 - Bronze medallist at Commonwealth Games 2018 - Women's Rugby World Cup 2014 winner (15s) - Women's Rugby World Cup 2017 runner-up (15s)
10	Megan Jones		23/10/96 (22)	165	67	England Sevens	<ul style="list-style-type: none"> - Made England debut on series in Kitakyushu in 2017 - Sydney was her first series event since the same round in 2018 - Played nine tests for England from 2015-17 (15s) - Women's Rugby World Cup 2017 runner-up (15s)
11	Holly Aitchison		13/09/97 (21)	175	69	England Sevens	<ul style="list-style-type: none"> - Named in HSBC Dream Team for R4 in Kitakyushu - Made England debut on series in Las Vegas in 2017 - Played at RWC Sevens 2018

12	Amy Wilson-Hardy		13/09/91 (27)	168	70	England Sevens	<ul style="list-style-type: none"> - Scored try in Kitakyushu final loss to Canada - Made England debut on series in Dubai in 2013 - Played for GB at Rio 2016 Olympic Games - Played at RWC Sevens 2018 - Bronze medallist at Commonwealth Games 2018 - Women's Rugby World Cup 2017 runner-up (15s) - Started playing rugby as prop at U15 level before moving to wing
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Information correct at time of publication.

FIJI

Head coach: Saiasi Fuli

Captain: Rusila Nagasau

Nickname: Fijiana

World Series record: 2012-13 –15th (non-core team) / 2013-14 – 10th (non-core team) / 2014-15 – Eighth / 2015-16 – Eighth / 2016-17 – Fourth / 2018 – Ninth

2019 Series ranking: 10

Did you know...?

- Fiji won the Challenge Trophy in Kitakyushu, matching their result from round three in Sydney
- Fiji have won the Challenge Trophy twice in Langford, in 2016 and 2017 and made the quarter-finals for the first time in 2018 to finish eighth

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Saiasi Fuli		16/03/78 (41)			Head coach	<ul style="list-style-type: none"> - Appointed in December, replacing Alifereti Doviverata who returns to Fiji 15s head coach role - Sydney was his first series event as Fijiana head coach - Assistant coach of Fiji Drua who won Australia's NRC title in 2018 (15s) - Played seven series events for Fiji across 2001-02 and 2004-05 seasons - Played at Commonwealth Games in 2002 - Played one test for Fiji in 2004 (15s) - Assistant coach of Fiji for World Rugby U20 Championship in 2013 (15s)
1	Sereana Dobe Nagatalevu	Sereana Nagatalevu	03/10/93 (25)	174	77	Nadi Aviators	<ul style="list-style-type: none"> - Made Fiji debut on series in Glendale in 2018 (only event) - Played three tests for Fiji in 2016 as part of WRWC 2017 qualifying process (15s)
2	Asinate Savu		15/04/93 (26)	168	75	Seahawks	<ul style="list-style-type: none"> - Celebrated her 26th birthday on Monday of Kitakyushu Sevens weeks - Became first Fijian to score 50 series tries in Kitakyushu - Made Fiji debut on series in China in 2013 - Played at RWC Sevens 2013 and 2018
3	Raijieli Daveua		30/05/92 (26)	175	69	Wardens	<ul style="list-style-type: none"> - Made first appearance of 2019 series in Sydney - Made Fiji debut on series in Dubai in 2016 - Named 2016-17 Series Rookie of the Year

							<ul style="list-style-type: none"> - Played at RWC Sevens 2018 - Dual international as also played netball for Fiji - Stepped away from rugby to try to make the Fiji netball team for 2018 Commonwealth Games but missed out on selection
4	Vasiti Kuma Solikoviti	Vasiti Solikoviti	02/08/93 (25)	170	76	Nadia Blazers	<ul style="list-style-type: none"> - Made Fiji debut on series in Dubai in 2017 - Played at Commonwealth Games 2018
5	Paulini Korowaqa		10/03/91 (28)	172	73	Central Chiefs	<ul style="list-style-type: none"> - Made Fiji debut on series in Dubai in 2018 (only event)
6	Merewalesi Rokouono		15/09/94 (24)	167	70	Nadi Aviators	<ul style="list-style-type: none"> - Made Fiji debut on series in Glendale in 2018 - Played three tests for Fiji in 2016 as part of WRWC 2017 qualifying process (15s)
7	Rusila Nagasau (captain)		04/08/87 (31)	175	84	Seahawks	<ul style="list-style-type: none"> - Will make first appearance of 2019 series in Sydney - Last played in Kitakyushu in 2018 - Made Fiji debut on series in Dubai in 2013 - Played at RWC Sevens 2013 - Played at Rio 2016 Olympic Games - Captained Fiji to Oceania Rugby Women's Championship title in 2018 (15s)
8	Lavenia Tinai		07/09/90 (28)	165	57		<ul style="list-style-type: none"> - Made first appearance of 2019 series in Sydney - Made Fiji debut on series in Dubai in 2013 - Oceania Rugby Women's Championship winner in 2018 (15s) - Made test debut and played three tests for Fiji in 2018 (15s)
9	Tokasa Seniyasi		10/07/99 (19)	160	60	Nadi Aviators	<ul style="list-style-type: none"> - Made Fiji debut on series in Sydney in 2019
10	Luisa Basei Tisolo		02/09/91 (27)	167	61	Striders	<ul style="list-style-type: none"> - Made first appearance of 2019 series in Sydney - Made Fiji debut on series in China in 2014 - Played at RWC Sevens 2013 and 2018 - Played at Rio 2016 Olympic Games
11	Ana Maria Naimasi		21/02/94 (25)	158	69	Striders	<ul style="list-style-type: none"> - Fiji's top try-scorer on 2018 series with 14 - Made Fiji debut on series in Dubai in 2016 - Played at RWC Sevens 2018
12	Akanisi Sokoivasa		01/09/99 (19)	164	65	Nadi Aviators	<ul style="list-style-type: none"> - Made Fiji debut on series in Sydney in 2019

Information correct at time of publication.

FRANCE

Head coach: David Courteix

Co-captains: Fanny Horta

Nickname: Les Bleues

World Series record: 2012-13 –12th (non-core team) / 2013-14 – Eighth (non-core team) / 2014-15 – Sixth / 2015-16 – Fifth / 2016-17 – Seventh / 2018 – Third

2019 Series ranking: 5

Did you know...?

- France reached their first Cup final in series history in Kitakyushu in 2018
- France enjoyed their most successful series in 2018, finishing third after that runners-up finish in Kitakyushu and two other semi-finals
- France's Camille Grassineau scored the first try in Olympic Games rugby sevens history at Rio 2016

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	David Courteix					Head coach	- Fourth year as France women's sevens coach - Coached France at Rio 2016 Olympic Games - Guided France to best finish on HSBC World Rugby Women's Sevens Series with third in 2018 - Named Coach of the Tournament at RWC Sevens 2018
1	Marjorie Mayans		17/11/90 (28)	171	68	Blagnac Rugby Feminin	- Made France debut on series in Dubai in 2012 - Played at RWC Sevens 2013 and 2018 - Played at Rio 2016 Olympic Games - Bronze medallist at Women's Rugby World Cup 2017 (15s) - Women's Six Nations Grand Slam winner in 2018 (15s)
2	Anne-Cécile Ciofani		14/12/93 (25)	180	72	AC Bobigny 93	- Named in HSBC Dream Team for R4 in Kitakyushu - Top scorer in Kitakyushu with nine tries - Made France debut on series in Dubai in 2017 - Played at RWC Sevens 2018
3	Chloé Pelle		14/11/89 (29)	162	70	Lille MRCV	- Named in HSBC Dream Team for R4 in Kitakyushu - Made France debut on series in Amsterdam in 2013 - Played at RWC Sevens 2013 and 2018 - Bronze medallist at Women's Rugby World Cup 2017 (15s)

							- Played in Women's Six Nations 2019 (15s)
4	Coralie Bertrand		10/04/94 (25)	173	66	Stade Toulousain Rugby	- Before Kitakyushu had last played on series in R1 in Dubai - Made France debut on series in Dubai in 2017 - Named 2018 Series Rookie of the Year - Played at RWC Sevens 2018
5	Jade Le Pesq		12/10/92 (26)	163	63	Stade Rennais	- Made France debut on series in Amsterdam in 2013 - Played at Rio 2016 Olympic Games - Played at RWC Sevens 2013 - Bronze medallist at Women's Rugby World Cup 2017 (15s) - Women's Six Nations Grand Slam winner in 2018 (15s)
6	Fanny Horta (captain)		22/01/86 (33)	166	63	FFR	- Needs three tries to reach 50 in series history (competing with Grassineau to be first French player to milestone) - Made France debut on series in Dubai in 2012 - Captained France in every tournament she has played until Glendale - Captained France at RWC Sevens 2009, 2013 and 2018
7	Grace Séraphine Okemba	Séraphine Okemba	03/12/95 (23)	177	78	Saracens, ENG	- Made France debut on series in Kitakyushu in 2017
8	Camille Grassineau		10/09/90 (28)	165	58	Stade Francais Paris	- Returns to 2019 series for first time since R2 in Dubai - Needs one try to become first French player to score 50 tries on series (competing with Horta for this milestone) - Made France debut on series in Amsterdam in 2013 - DHL Impact Player in Langford in 2018 - Played at RWC Sevens 2013 and 2018 - Played at Rio 2016 Olympic Games – scoring first ever sevens Olympic try - Bronze medallist at Women's Rugby World Cup 2017 (15s)
9	Caroline Drouin		07/07/96 (22)	172	71	Stade Rennais Rugby	- Made France debut on series in Kitakyushu in 2017 - Played at RWC Sevens 2018 - Played for France in first-ever win over New Zealand on 17 November, 2018 scoring 15 points in 30-27 victory (15s) - Also played in first test loss to New Zealand in November (15s) - Bronze medallist at Women's Rugby World Cup 2017 (15s) - Women's Six Nations Grand Slam winner in 2018 (15s)
10	Carla Neisen		08/03/96 (23)	164	67	Blagnac Rugby Feminin	- Made France debut on series in Dubai in 2016 - Played at RWC Sevens 2018

							<ul style="list-style-type: none"> - Played for France in first-ever win over New Zealand on 17 November, 2018 (15s) - Also played in first test loss to New Zealand in November (15s) - Bronze medallist at Women's Rugby World Cup 2017 (15s) - Women's Six Nations Grand Slam winner in 2018 (15s)
11	Shannon Izar		08/05/93 (26)	172	68	Lille MRCV	<ul style="list-style-type: none"> - Celebrated her 26th birthday on Wednesday of Langford week - Made France debut on series in Dubai in 2012 - Played at RWC Sevens 2013 and 2018 - Bronze medallist at Women's Rugby World Cup 2017 (15s)
12	Nassira Konde		30/07/99 (19)	173	67	AC Bobigny 93	<ul style="list-style-type: none"> - Last played on series in R1 in Dubai - Made France debut on series in Sydney in 2018

Information correct at time of publication.

IRELAND

Head coach: Stan McDowell

Captain: Ameer-Leigh Murphy Crowe

World Series record: 2012-13 –11th (non-core team) / 2013-14 – 13th / 2014-15 – DNP / 2015-16 – 12th (non-core team) / 2016-17 – Ninth / 2018 – 10th

2019 Series ranking: 6

Did you know...?

- Ireland's best finish in Langford is sixth place in 2018, one place higher than the previous year
- Ireland have been a core team on the HSBC World Rugby Women's Sevens Series for last two seasons

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Stan McDowell					Head coach	- Been professional sevens coach with IRFU for seven years – identifying and attracting players for men's and women's programmes - Coached Ireland men's team to bronze medal in London in 2018 - European Cup winner as a player with Ulster in 1999 (15s)
1	Claire Boles		28/05/98 (20)	169	70	Railway Union	- Made Ireland debut on series in Clermont-Ferrand in 2017 - Last played in 2019 series opener in Glendale - Played three matches as replacement in the Women's Six Nations 2019 (15s)
2	Hannah Tyrrell		10/08/90 (28)	180	66	Old Belvedere	- Made Ireland debut on series in Amsterdam in 2014 - Played at RWC Sevens 2018 - Played at Women's Rugby World Cup 2017 (15s) - Former goalkeeper in Gaelic football (GAA) with Dublin - Women's Six Nations winner in 2015 (15s)
3	Emily Lane		10/01/99 (20)	164	60	Mallow RFC / Ballincollig RFC	- Made Ireland debut on series in Sydney in 2019 - Captained Ireland U18 sevens team in 2017
4	Brittany Hogan		19/09/98 (20)	169	71	Railway Union RFC	- Made Ireland debut on series in Dubai in 2018

5	Amee-Leigh Murphy Crowe (captain)		26/04/95 (24)	168	64	Railway Union	<ul style="list-style-type: none"> - Takes over the captaincy with Lucy Mulhall ruled out with a leg injury - Made Ireland debut on series in Guangzhou in 2014 - Ireland's top try-scorer on 2018 series with 18 - Played at RWC Sevens 2018
6	Deirbhile Nic a Bhaird		22/09/95 (23)	162	70	Old Belvedere	<ul style="list-style-type: none"> - Made Ireland debut on series in Dubai 2017 - Played at RWC Sevens 2018 - Competed in Ju-Jitsu and Mixed Martial Arts - Played in the Women's Six Nations 2019 (15s)
7	Anna McGann		04/06/98 (20)	180	75	UCD / Old Belvedere	<ul style="list-style-type: none"> - Made Ireland debut on series in Clermont-Ferrand in 2017 - Also played in Dubai and Sydney on 2019 series - Played hockey for Connacht at U16, U18 and U21 level
8	Aoife Doyle		02/06/95 (23)	168	62	Shannon	<ul style="list-style-type: none"> - Made Ireland debut on series in Atlanta in 2014 - Played at RWC Sevens 2018 - Played test rugby for Ireland (15s) - Women's Six Nations winner in 2015 (15s)
9	Megan Burns		09/04/00 (19)	168	61	Tullamore	<ul style="list-style-type: none"> - Made Ireland debut on series in Kitakyushu in 2018
10	Eve Higgins		23/06/99 (19)	173	70	Railway Union	<ul style="list-style-type: none"> - Named in HSBC Dream Team in R3 in Sydney - Made Ireland debut on series in Dubai in 2017 - Played at RWC Sevens 2018 - Played in Aon University Sevens 2018 for Bond University as part of development placement
11	Louise Galvin		03/04/87 (32)	172	66	UL Bohemians	<ul style="list-style-type: none"> - Made Ireland debut on series in Dubai in 2015 - Played at RWC Sevens 2018 - Played at Women's Rugby World Cup 2017 (15s) - Former Gaelic footballer with Kerry - Played age-grade basketball for Ireland, captaining at U18 level
12	Katie Heffernan		08/09/98 (20)	165	67	Mullingar / Railway Union	<ul style="list-style-type: none"> - First appearance on 2019 series since R1 in Glendale - Made Ireland debut on series in Langford in 2017 - Played three rounds in 2018 series - Won All-Ireland U16 Camogie medal in 2012 with Westmeath

Information correct at time of publication.

NEW ZEALAND

Coach: Cory Sweeney

Captain: Sarah Hirini

Nickname: Black Ferns Sevens

World Series record: 2012-13 – Champions / 2013-14 – Champions / 2014-15 – Champions / 2015-16 – Runners-up / 2016-17 – Champions / 2018 – Runners-up

2019 Series ranking: 1

Did you know...?

- New Zealand are the defending champions in Langford after beating Australia 46-0 in the Cup final. They also won the title in 2015 and 2017 and have never failed to reach the Cup final in Langford
- New Zealand's 37-match winning run on the world series was ended by Russia with a 17-17 draw in Kitakyushu – this also ended their winning run in global competitions (including Commonwealth Games, RWC Sevens and Fast Four invitational) at 50 matches
- This run equalled their series record set between April 2014 and May 2015
- In Kitakyushu, France became the first side to beat New Zealand since Australia in the HSBC Sydney Sevens 2018 Cup final
- New Zealand successfully defended the Rugby World Cup Sevens title in San Francisco
- The Black Ferns Sevens won the Team of the Year accolade at the Halberg Awards
- New Zealand's Portia Woodman, Kelly Brazier, Sarah Goss, Stacey Waaka and Theresa Fitzpatrick are five of nine players (men's and women's) to have won Rugby World Cups in sevens and 15s

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Cory Sweeney					Head coach	- Stepped up from assistant coach in Kitakyushu with Allan Bunting granted leave for health reasons
1	Ruby Tui		13/12/91 (26)	177	71	Canterbury	- Named HSBC Player of the Final in R1 in Glendale - Three-time HSBC World Rugby Sevens Series title winner - Nominated for World Rugby Women's Sevens Player of the Year 2017 - Named Black Ferns Sevens Player of the Year 2017 - Made New Zealand debut on series in China in 2013 - Gold medallist at RWC Sevens 2018 - Silver medallist at Rio 2016 Olympic Games - Commentates for SKY NZ

2	Shakira Baker		04/01/92 (27)	170	87	Waikato	<ul style="list-style-type: none"> - Made New Zealand debut on series in Houston in 2013 - Three-time HSBC World Rugby Sevens Series title winner - Gold medallist at RWC Sevens 2018 - Gold medallist at Commonwealth Games 2018
3	Terina Te Tamaki		01/05/97 (21)	165	69	Waikato	<ul style="list-style-type: none"> - Won one HSBC World Rugby Women's Sevens Series title - Made New Zealand debut on series in Atlanta in 2016 - Silver medallist at Rio 2016 Olympic Games – New Zealand's youngest ever female medallist at 19 - Younger sister of All Blacks Sevens player Isaac Te Tamaki and cousin of former Black Ferns Sevens and 15s player Teresa Te Tamaki
4	Niall Williams		21/04/88 (31)	174	76	Auckland	<ul style="list-style-type: none"> - Returned in Sydney missing R2 in Dubai through injury - Made New Zealand debut on series in Dubai in 2015 - Won one HSBC World Rugby Women's Sevens Series title - Gold medallist at RWC Sevens 2018 - Gold medallist at Commonwealth Games 2018 - Sister of All Black Sonny Bill Williams
5	Sarah Hirini (nee Goss) (captain)		09/12/92 (26)	177	76	Manawatu	<ul style="list-style-type: none"> - Named in HSBC Dream Team for R1 in Glendale, R2 in Dubai and R3 in Sydney - Leads the DHL Performance Tracker with 174 points after four rounds - Nominated for World Rugby Women's Sevens Player of the Year 2018 - Nominated for High Performance Sport New Zealand Sportswoman of Year at Halberg Awards alongside team-mate Michaela Blyde - Became fifth NZL player to reach 50 tries with first score in Dubai - Made New Zealand debut on series in Dubai in 2012 - Appointed captain for start of 2014-15 series - Four-time HSBC World Rugby Women's Sevens Series title winner - Has played in 33 of 35 tournaments on world series (highest) - Played first 24 tournaments in series history before missing final two rounds of 2016-17 season to prepare for WRWC 2017 - Gold medallist at RWC Sevens 2013 and 2018 - Silver medallist at Rio 2016 Olympic Games - Gold medallist at Commonwealth Games 2018 - Women's Rugby World Cup 2017 winner (15s)
6	Michaela Blyde		29/12/95 (23)	165	65	Bay of Plenty	<ul style="list-style-type: none"> - Returns after missing Kitakyushu round - Named World Rugby Women's Sevens Player of the Year 2018 at World Rugby Awards in Monaco

							<ul style="list-style-type: none"> - World Rugby Women's Sevens Player of the Year 2017 - Nominated for High Performance Sport New Zealand Sportswoman of Year at Halberg Awards alongside team-mate Sarah Hirini - Named in HSBC Dream Team for R1 in Glendale - DHL Impact Player in R3 in Sydney - Top try scorer on 2019 Series with 20 tries after three rounds - Three-time HSBC World Rugby Women's Sevens Series title winner - Second highest try-scorer on 2018 series with 37 - DHL Impact Player for 2016-17 and 2018 series - Named in HSBC Dream Team for 2018 world series - Made New Zealand debut on series in Atlanta in 2014 - Gold medallist at RWC Sevens 2018 - Top try-scorer at RWC Sevens 2018 with nine - Gold medallist at Commonwealth Games 2018
7	Tyla Nathan-Wong (vice-captain)		01/07/94 (24)	165	59	Auckland	<ul style="list-style-type: none"> - Becomes second New Zealand player – and sixth overall – to play in 30 tournaments after Sarah Hirini in Langford this weekend - Made New Zealand debut on series in Dubai in 2012 - Four-time HSBC World Rugby Women's Sevens Series title winner - Gold medallist at RWC Sevens 2013 and 2018 - Silver medallist at Rio 2016 Olympic Games - Gold medallist at Commonwealth Games 2018
8	Kelly Brazier		28/10/89 (29)	173	68	Bay of Plenty	<ul style="list-style-type: none"> - Returns after missing Sydney and Kitakyushu rounds through injury - Named in HSBC Dream Team for R1 in Glendale - Made New Zealand debut on series in Houston in 2013 - Four-time HSBC World Rugby Women's Sevens Series title winner - Gold medallist at RWC Sevens 2013 and 2018 - Silver medallist at Rio 2016 Olympic Games - Gold medallist at Commonwealth Games 2018 – scored winning try in extra-time in final v Australia - Women's Rugby World Cup 2010 and 2017 winner (15s)
9	Risaleaana Pouri-Lane	Risi Pouri-Lane	28/05/00 (18)	164	63	Tasman	<ul style="list-style-type: none"> - Captained gold medal-winning side at Youth Olympic Games 2018 - Made New Zealand debut on series in Dubai in 2018 (only event) - Unused injury replacement for Commonwealth Games 2018 final
10	Chey Robins-Reti		09/03/97 (22)	177	70	Waikato	<ul style="list-style-type: none"> - Made New Zealand debut on series in Las Vegas in 2017 - Before Kitakyushu had last appeared on series in Langford, Canada, in 2017

							<ul style="list-style-type: none"> - Was a contracted member of sevens squad in 2017 - Rewarded for strong performances with development squad with selection for Kitakyushu
11	Dhys Faleafaga		17/12/00 (18)	176	85	Wellington	<ul style="list-style-type: none"> - Made New Zealand debut on series in Kitakyushu in 2018 - Recently became a contracted member of the Black Ferns Sevens squad for rest of 2019. - Also contracted to Black Ferns Xvs programme - Older sister Lyric was part of squad in 2017-18 but never played on series - Led St Mary's College to first ever national 1st XV title - Played for Wellington Pride in Farah Palmer Cup
12	Alena Faalogoifo Saili	Alena Saili	13/12/98 (19)	180	70	Southland	<ul style="list-style-type: none"> - Won one HSBC World Rugby Women's Sevens Series title - Made series debut for New Zealand in Sydney in 2017 - Gold medallist at Commonwealth Games 2018 - Played two tests against Australia on wing in August 2018 (15s)

Information correct at time of publication.

RUSSIA

Head coach: Andrey Kuzin

Captain: Alena Mikhaltsova

World Series record: 2012-13 –Sixth / 2013-14 – Fifth / 2014-15 – Seventh / 2015-16 – Seventh / 2016-17 – Fifth / 2018 – Sixth

2019 Series ranking: 8

Did you know...?

- Russia ended New Zealand's 37-match winning run on series with a 17-17 draw in Kitakyushu
- Twelve months ago they finished 12th with a squad featuring virtually none of their regular players
- Russia reached the Cup final in the first HSBC Canada Women's Sevens in 2015, losing to New Zealand 29-10
- Alena Mikhaltsova was the DHL Impact Player in R1 in Glendale
- Russian players claimed the DHL Impact Player award three times in the 2018 series (Alena Mikhaltsova – Dubai, Kitakyushu) and Baizat Khamidova (Sydney)

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Andrey Kuzin		29/10/78 (40)			Head coach	- Second year as Russia women's sevens coach - Former Russia sevens player, playing on series 2001-08 - Played RWC Sevens 2001 and 2005 - Former Russia captain in 15s, captaining eight of his 78 tests from 1997-2011 - Played at RWC 2011 (15s)
1	Daria Noritsina		20/07/96 (22)	166	65	Rgustis-Podmoskovie	- Made Russia debut on series in Clermont-Ferrand in 2016 - Played at RWC Sevens 2018
2	Daria Lushina		01/11/96 (22)	170	68	Rgustis-Podmoskovie	- Made Russia debut on series in Langford, Canada, in 2015 - Played at RWC Sevens 2018
3	Daria Shestakova		06/02/96 (23)	165	60	Rgustis-Podmoskovie	- Previously played under maiden name Daria Bobkova - Twin sister of Arina Bystrova - Made Russia debut on series in Sao Paulo in 2016 - Played at RWC Sevens 2018

4	Alena Mikhaltsova (captain)		08/12/93 (25)	172	72	Enisei-STM	<ul style="list-style-type: none"> - DHL Impact Player in R1 in Glendale - Made Russia debut on series in Atlanta in 2014 - DHL Impact Player in Dubai and Kitakyushu in 2018 - Scored 11 tries in Kitakyushu, including series record-equalling five in one match (v England) - Russia's top try-scorer on 2018 series with 24 - One of five players to score five tries in single match on series - Captained Russia at RWC Sevens 2018 - Captained Russia to third successive Rugby Europe Women's Grand Prix Sevens Series title in 2018
5	Baizat Khamidova		31/08/90 (28)	184	70	Krasniy Yar	<ul style="list-style-type: none"> - Needs five tries to become first Russian to score 100 series tries - Named in HSBC Dream Team for 2018 world series - DHL Impact Player for Sydney 2018 - Made Russia debut on series in Dubai in 2012 - Russia's top point (415) and try (83) scorer in women's series history - Played at RWC Sevens 2013 and 2018
6	Anna Gavrilyuk		02/03/91 (28)	170	70	Rgustis-Podmoskovie	<ul style="list-style-type: none"> - Made Russia debut on series in Amsterdam in 2015 - Played at RWC Sevens 2018
7	Kristina Seredina		24/12/94 (24)	170	70	CSP Krilatskoe	<ul style="list-style-type: none"> - Named in HSBC Dream Team for R1 in Glendale - Made Russia debut on series in Sao Paulo in 2014 - Played at RWC Sevens 2018
8	Marina Kukina		22/08/93 (25)	172	68	Rgustis-Podmoskovie	<ul style="list-style-type: none"> - Made Russia debut on series in China in 2014 - Played at RWC Sevens 2018
9	Diana Glushenko		27/08/98 (20)	166	66	Enisei-STM	<ul style="list-style-type: none"> - Made Russia debut on series in Langford in 2018 - Sydney in 2019 was only her second tournament on series
10	Elena Zdrokova		26/12/96 (22)	175	75	Enisei-STM	<ul style="list-style-type: none"> - Made Russia debut on series in Sao Paulo in 2016
11	Iana Danilova		07/05/96 (22)	170	70	Rgustis-Podmoskovie	<ul style="list-style-type: none"> - Made Russia debut on series in Langford in 2018
12	Anna Baranchuk		18/12/93 (25)	169	69	RCSP Krasnodarskiy region	<ul style="list-style-type: none"> - Made Russia debut on series in Kitakyushu in 2018 - Played at RWC Sevens 2018

Information correct at time of publication.

SPAIN

Head coach: Pedro de Matías

Captain: Anne Fernández de Corres

Nickname: Las Leonas

World Series record: 2012-13 – Ninth (non-core team) / 2013-14 – Sixth / 2014-15 – Ninth / 2015-16 – Ninth / 2016-17 – 10th / 2018 – Seventh

2019 Series ranking: 9

Did you know...?

- Spain reached their first Cup semi-final on HSBC World Rugby Women's Sevens Series since the inaugural tournament in Dubai in 2012 in Kitakyushu last year
- This was also their first semi-final in global tournament since RWC Sevens 2013
- Spain reached four Cup quarter-finals in 2018, compared to none in the 2016-17 series
- Spain won the Challenge Trophy in R1 in Glendale and were runners-up in R2 in Dubai

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Pedro de Matías					Head coach	- Second season as Spain head coach
1	María Losada Gifrá	María Losada	29/02/96 (23)	172	81	INEF Barcelona	- Made Spain debut on series in Las Vegas in 2017 - Played at RWC Sevens 2018 - Scored try in Spain's 29-24 win over Scotland on 20 January (15s) - Played 10 tests for Spain in 2016, 2018 and 2019 (15s) - Played in Rugby Europe Women's Championship 2019 final v Netherlands (won 54-0) on 30 March (15s)
2	Eva Aguirre Diaz	Eva Aguirre	22/01/95 (24)	173	65	Olímpico Pozuelo RC	- Made Spain debut on series in Sydney in 2018 (only event) - Played one test for Spain in 2018 (15s)
3	Paula Requena Zamora	Paula Requena	05/02/97 (22)	170	75	CR Cisneros	- Made Spain debut on series in Kitakyushu in 2019 - Played in Rugby Europe Women's Championship 2019 final v Netherlands (won 54-0) on 30 March (15s)
4	Patricia García Rodríguez	Patricia García	02/12/89 (29)	163	64	FER	- Holds Spanish record for tournaments played on series (30 events) - Joined elite club of Sarah Hirini, Kayla Moleschi, Bianca Farella and Ghislaine Landry by playing her 30th tournament in Kitakyushu

							<ul style="list-style-type: none"> - Needs two tries to become first Spaniard to score 50 series tries - Scored hat-trick of tries in 22-point haul as Spain won Rugby Europe Women's Championship title on 30 March with 54-0 defeat of the Netherlands in final (15s) - Missed opening round as playing professionally in Japan with Tokyo Phoenix - Made Spain debut on series in Dubai in 2012 - Player of Match and double try scorer in Spain's win over Scotland on 20 January (15s) - Named in HSBC Dream Team for 2018 world series - Played at RWC Sevens 2013 and 2018 - Played at Rio 2016 Olympic Games - Played at Women's Rugby World Cup 2014 and 2017 (15s) - Played test rugby for Spain from 2011-19 (15s)
5	Marina Bravo Bragado	Marina Bravo	02/07/89 (29)	173	68	CR Cisneros	<ul style="list-style-type: none"> - Made Spain debut on series in Dubai in 2012 - Played at RWC Sevens 2009, 2013 and 2018 - Played at Rio 2016 Olympic Games - Played at Women's Rugby World Cup 2014 and 2017 (15s) - Played test rugby for Spain from 2009-19 (15s) - Played in win over Scotland on 20 January (15s)
6	Elisabet Martínez García	Elisabet Martínez	13/06/88 (30)	166	70	GEiEG	<ul style="list-style-type: none"> - Returned in Sydney after missing R2 in Dubai - Made Spain debut on series in Dubai in 2012 - Played at RWC Sevens 2013 and 2018 - Captained Spain at Rio 2016 Olympic Games
7	Bárbara Plà Vegue (captain)	Bárbara Plà	17/07/83 (35)	162	61	Gexto RT	<ul style="list-style-type: none"> - Made Spain debut on series in Dubai in 2013 - Brother Pol plays for Spain's men's team - Played at RWC Sevens 2013 and 2018 - Played at Rio 2016 Olympic Games - Played at Women's Rugby World Cup 2017 (15s)
8	Olivia Fresneda Fernandez	Olivia Fresneda	04/01/99 (20)	168	58	Industriales RC	<ul style="list-style-type: none"> - Last played on series in Dubai in 2018 - Made Spain debut on series in Dubai in 2016 - Played at RWC Sevens 2018 - Played in Rugby Europe Women's Championship 2019 final v Netherlands (won 54-0) on 30 March , scoring one try (15s)

9	Maria Casado Gonzalez	Maria Casado	25/12/85 (33)	167	63	INEF Barcelona	<ul style="list-style-type: none"> - Becomes second Spaniard – and eighth overall – to play in 30 tournaments after Patricia Garcia in Langford this weekend - Made Spain debut on series in Amsterdam in 2013 - Played at RWC Sevens 2013 and 2018 - Played at Rio 2016 Olympic Games - Played at Women's Rugby World Cup 2017 (15s)
10	Ingrid Algar González	Ingrid Algar	18/02/98 (21)	167	67	XV Sanse Scrum	<ul style="list-style-type: none"> - Made Spain debut on series in Sydney in 2018 - Played one test for Spain at centre in 2017, one at full-back in 2018 and came off bench in win over Scotland on 20 January (15s) - Played in Rugby Europe Women's Championship 2019 final v Netherlands (won 54-0) on 30 March (15s)
11	Maria Garcia Gala	Maria Garcia	15/04/00 (19)	168	57	CR Majadahonda	<ul style="list-style-type: none"> - Returns after missing Kitakyushu round - Made Spain debut on series in Glendale in 2018 - Played three tests for Spain in 2018 and also in wins over Scotland and Russia in 2019 (15s)
12	Anne Fernández de Corres del Rio	Anne Fernández de Corres (captain)	30/05/98 (20)	158	60	CR Cisneros	<ul style="list-style-type: none"> - Captains Spain for first time at the age of 20 - Last played on series in Sydney in 2018 - Made Spain debut on series in Dubai in 2016 - Played at Women's Rugby World Cup 2017 (15s) - Played test rugby for Spain as scrum-half from 2016-19, including win over Scotland in January (15s)

Information correct at time of publication.

USA

Head coach: Chris Brown

Co-captains: Nicole Heavirland and Lauren Doyle

Nickname: Women's Sevens Eagles

World Series record: 2012-13 –Fourth / 2013-14 – Seventh / 2014-15 – Fifth / 2015-16 – Sixth / 2016-17 – Sixth / 2018 – Fifth

2019 Series ranking: 3

Did you know...?

- Three of USA's five appearances in a Cup final have been on home soil – in Houston in 2013, Atlanta in 2015 and Glendale in 2018
- USA were one of only two sides to beat New Zealand on the 2018 series – in quarter-finals of the season opener in Dubai last November

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Chris Brown		26/09/85 (33)			Head coach	- Appointed interim head coach in August after Richie Walker resignation - Named permanent head coach on Monday 15 October - Reached Cup final in his first event as head coach in Glendale - Has worked with USA men's and women's sevens programmes
1	Amelia Bizer	Meya Bizer	10/05/93 (26)	175	64	USA Sevens	- Celebrated her 26th birthday on eve of tournament in Langford - Made USA debut on series in Guangzhou in 2013 - Before Sydney had last played on series in Atlanta in 2016 - Played 12 tests for USA from 2012-14 and then v New Zealand and Ireland in November 2018 (15s) - Played at Women's Rugby World Cup 2014 (15s)
2	Ilona Delsing Rosa Maher	Ilona Maher	12/08/96 (22)	177	90	USA Sevens	- Named in HSBC Dream Team for R1 in Glendale - Made USA debut on series in Paris in 2018 - Played at RWC Sevens 2018
3	Abby Gustaitis		09/05/91 (28)	180	79	USA Sevens	- Celebrated her 28th birthday on Thursday of Langford week - Returns after missing Sydney and Kitakyushu rounds - Made USA debut on series in Dubai in 2017 - Played at RWC Sevens 2018

							<ul style="list-style-type: none"> - Played at Women's Rugby World Cup 2017 (15s) - Started playing rugby in 2010 at university
4	Nicole Heavirland (co-captain)		25/02/95 (24)	165	65.7	USA Sevens	<ul style="list-style-type: none"> - Made USA debut on series in Atlanta in 2016 - Appointed captain for final round of 2016-17 series - Captained USA at RWC Sevens 2018 - A travelling reserve for Rio 2016 Olympic Games - Played at Women's Rugby World Cup 2017 (15s) - Started playing rugby at age of 15
5	Leyla Alev Kelter	Alev Kelter	21/03/91 (28)	170	76	USA Sevens	<ul style="list-style-type: none"> - Returned in Kitakyushu after missing Sydney round - Named in HSBC Dream Team for R1 in Glendale and R4 in Kitakyushu - Became first USA player to score 500 points in series history in Glendale (503) - Made USA debut on series in China in 2014 and has not missed a tournament since, playing 25 consecutive series rounds - Played at Rio 2016 Olympic Games - Missed RWC Sevens 2018 through injury - Played at Women's Rugby World Cup 2017 (15s) - Captained USA U18 women's ice hockey team to gold medal at world championship in 2009 - Missed out on Winter Olympic selection and invited to join rugby programme by former USA coach Ric Suggitt
6	Lauren Doyle (co-captain)		23/02/91 (28)	170	65	USA Sevens	<ul style="list-style-type: none"> - Needs one try to reach 50 in series history - Named in HSBC Dream Team for R2 in Dubai - Made USA debut on series in Dubai in 2012 - Played at RWC Sevens 2018 - Played at Rio 2016 Olympic Games - Silver medallist at Pan American Games in 2015
7	Naya Tapper		03/08/94 (24)	175	79	USA Sevens	<ul style="list-style-type: none"> - Made USA debut on series in Sao Paulo in 2016 - Overtook Victoria Folayan (64) as USA's top try scorer on series in Sydney - Joint third-highest try scorer on 2018 series with 26 - Played at RWC Sevens 2018 - Played at Women's Rugby World Cup 2017 (15s) - All-American athlete before switching to rugby

8	Jordan Gray-Matyas		02/07/93 (25)	180	82	USA Sevens	<ul style="list-style-type: none"> - Returned In Sydney after missing R2 in Dubai - Made USA debut on series in Kitakyushu in 2017 - Played at RWC Sevens 2018 - Played at Women's Rugby World Cup 2017 (15s) - Born in Calgary in Canada
9	Joanne Fa'avesi		05/02/92 (27)			USA Sevens	<ul style="list-style-type: none"> - Made USA debut on series in Dubai in 2014 - Played at RWC Sevens 2018 - Played at Rio 2016 Olympic Games - Served her country as member of USA Army world-class athlete programme - Silver medallist at Pan American Games in 2015 - Youngest of seven children
10	Kayla Canett-Oca		29/04/98 (21)	160	63	USA Sevens	<ul style="list-style-type: none"> - Last played on series in Dubai in 2018 - Made USA debut on series in Paris in 2016 - Played at Women's Rugby World Cup 2017 (15s)
11	Kristen Thomas	Kris	01/07/93 (25)	173	70	USA Sevens	<ul style="list-style-type: none"> - Made USA debut on series in Sao Paulo in 2015 - Played at RWC Sevens 2018 - Played at Women's Rugby World Cup 2017 (15s) - Former track and basketball player in high school, started to play rugby in freshman year at University of Central Florida
12	Kristi Kirshe		14/10/94 (24)	160	65	USA Sevens	<ul style="list-style-type: none"> - Made USA debut on series in Sydney in 2019, scoring five tries - Only been playing rugby for a year

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